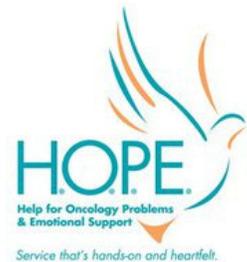




March 2016

# H.O.P.E. LIFELINE



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If you know someone who might enjoy or benefit from receiving the Lifeline, please submit the person's name and address to:

H.O.P.E.  
P.O. Box 175  
Shrewsbury, PA 17361

H.O.P.E.'s Office Hours are Monday through Friday, 9:30–3. Please call in advance to set up an appointment for:

- Intake
- Wigs/hats/scarves
- Pantry

Please direct all calls to the H.O.P.E. office at 717-227-2824.

H.O.P.E. (Help for Oncology Problems & Emotional Support) is an all volunteer cancer support network that provides free assistance to cancer patients and their families facing the challenges of cancer. H.O.P.E. is a 501 (C)(3) non-profit funded through donations with offices on the second floor of the New Freedom Community Center at 150 East Main Street, New Freedom, PA 17349

The official registration and financial information of Help for Oncology Problems and Emotional Support may be obtained from the Pennsylvania Department of State by calling toll free, within Pennsylvania, 1 (800) 732-0999. Registration does not imply endorsement.

H.O.P.E. does not receive funding and is not affiliated with the American Cancer Society. Funding comes from donations made by private individuals and the civic/business community.

Phone: (717) 227-2824

Fax: (717) 227-2963

E-mail: [barb@hopeforcancerfamilies.org](mailto:barb@hopeforcancerfamilies.org)

[www.hopeforcancerfamilies.org](http://www.hopeforcancerfamilies.org)

## H.O.P.E. Basket Bingo & Non-Perishable Food Drive



**Sunday, April 10**

Doors Open at 12:30

Bingo Starts at 2:00

New Freedom Community Bldg.  
New Freedom, PA

Tickets \$15 in advance  
\$18 at the door

Contact the H.O.P.E. office at  
717-227-2824

717-227-2824

for tickets and details

## 11th Annual Voices for Hope Benefit Banquet

**Thursday, May 5, 2016**

**5:30–9:30 p.m.**

**Wyndridge Farm**

**Tickets \$50.00 per person**

**Features a Reception, Silent Auction,  
Dinner, and Presentation**



**For tickets,  
call 717-993-3778**

**Or email [mcauliff@comcast.net](mailto:mcauliff@comcast.net)**

## Support Group Meeting

Date: Wednesday March 9, 2016

Time: 6:30 p.m.

Location: H.O.P.E. Serenity Room

Speaker: TBA

Topic: TBA

## INSIDE THIS ISSUE...

From the Editor's Desk	Pg. 2
On A Positive Note	Pg. 2
Angel Corner	Pg. 2
Marousek Family Scholars	Pg. 3
Seeds of Hope Winners	Pg. 4
Administrative Assistant Sought	Pg. 5
Assistance for Young Adults	Pg. 5

## FROM THE EDITOR'S DESK

Who is ready for spring? As I write this Southern York County is covered in a blanket of snow. Later this week the temperature is supposed to be in the mid-50s. Our weather this winter has been anything but predictable. One thing you can be sure of, H.O.P.E. is always there if you need them. Even when the roads are impassable, Barb and her team constantly monitor the telephones, responding to the needs of those battling cancer.

This month I am pleased to announce that Stan and Nona Brown will receive the Scott Brown Memorial Seeds of Hope Award. In this issue of the H.O.P.E. Lifeline we have a feature article on the Browns. This was one of the hardest writing assignments I've had in a very long time. Trying to fit their accomplishments within one page was a difficult task. Trying to choose the right words to describe this incredible couple was even harder. Somehow I managed and I hope you'll enjoy the results.

Scholarship Reminder: High school seniors, don't forget to apply for our **Jeanette Cartwright Memorial Scholarship**. If you have someone within your immediate household with cancer and are planning to attend a college or trade school after you graduate, go to our website to download an application at [www.hopeforcancerfamilies.org](http://www.hopeforcancerfamilies.org). The award is based on financial need. The deadline for submission is March 15, so act fast.

The H.O.P.E. scholarship is just one of many that are available to students affected by cancer. The website **Stupid Cancer** lists major organizations that offer financial assistance. Go to <http://stupidcancer.org/directories/money.shtml> to see what is available.

### On A Positive Note...

Say what you will about "Obamacare" (the Affordable Care Act), it has improved the prospect for survival from cervical cancer among young women under the age of 26. Researchers from the American Cancer Society found that because young adults are permitted to remain on their parents' health insurance policy until age 26, more young women are now being screened and thus receiving early-stage diagnoses. This improves the prospect for survival because treatment is more effective and the chance of remission is higher. It also bolsters women's chances for preserving their fertility during treatment.

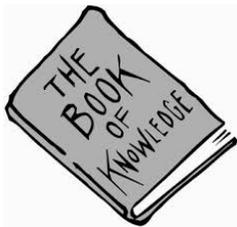
In general, since the ACA has been fully implemented, the U.S. has seen a 35 percent drop in the uninsured rate. An estimated 17 to 23 million uninsured people have gained coverage under the health law and today more than 90 percent of Americans have health insurance—the highest rate in the country's history.

## H.O.P.E.'S ANGEL CORNER

BY BARB TITANISH, EXECUTIVE DIRECTOR & CO-FOUNDER H.O.P.E.



This month I would like to recognize a very special lady who just turned 90. Dorothy Glackin sat on H.O.P.E.'s Board of Directors 22 years ago. Dorothy organized and maintained our first library by creating a card catalog and writing a synopsis about each book on a notecard. From this library grew the two thousand plus volumes we now house. (No more synopses, alas.) Besides volunteering for H.O.P.E. Dorothy also volunteered for Upper Chesapeake Hospice, and she still volunteers two days a week in Bel Air where she lives. To celebrate her 90 years Dorothy's family threw a surprise party and in lieu of gifts asked guests to donate to H.O.P.E. Twenty two years later we're still an important part of Dorothy's life. You can see why this lady has earned her Angel Wings.



*“What sculpture is to a block of marble education is to the human soul.”*

- Joseph Addison

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## March is Amazing Marousek Month

*What are the odds that all three children from one family win the same college scholarship? Lacey, Brandon, and Leah Marousek are three exceptional young adults who lost their mother to breast cancer while they were in high school, yet they still graduated with honors and won scholarship recognition.*

First-born **Lacey Marousek Sheppard** was also the first of her three siblings to win a H.O.P.E. scholarship. Lacey received her award in 2006 when she was a senior at Kennard-Dale High School. That fall she enrolled in Towson University where she earned a Bachelor of Fine Arts degree in Dance Performance with a K-12 certification.

Lacey was a freshman in high school when her mother Cindy was first diagnosed with breast cancer. Lacey remembers that after her mom told her children about her diagnosis she got them a kitten to “cheer us up from the bad news.” Lacey is pleased to report that the cat is still living with her 14 years later. She said her mom was extremely strong during the whole ordeal and never let cancer stop her from taking her and her siblings to their various activities. Her mom’s battle lasted four years; Lacey lost her when she was a freshman in college.

Today, Lacey’s life is full and then some. She married her high school sweetheart, Mitchel Sheppard, and they recently purchased a home in Catonsville, Maryland. Lacey teaches dance at Brooklyn Park Middle School, a magnet middle school for the performing and visual arts in Anne Arundel County. And best of all, they’re new parents to their son Clark, who was born in December, and about whom she says, “We could not be more in love!”

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Middle child **Brandon Marousek** followed in older sister Lacey’s footsteps. Brandon won his H.O.P.E. scholarship in 2007 when he was a senior at Kennard-Dale. The following fall Brandon entered Catholic University of America, from which he graduated in 2011.

With his BS degree in Mechanical Engineering Brandon is now a field engineer for Illumina, a bio-tech company based out of San Diego, California. According to Brandon, “Illumina is a leading developer, manufacturer, and marketer of life science tools and integrated systems for large-scale analysis of genetic variation and function. These systems are enabling studies that were not even imaginable just a few years ago, and moving us closer to the realization of personalized medicine.” Brandon said that his mother’s cancer had an influence on his choosing to work for Illumina. Although it isn’t a field a mechanical engineer usually goes into, Brandon is proud that he can help scientists further their studies in personalized medicine and genomics.

Brandon was a senior in high school when his mother passed away. He said she loved coming to watch him play football, even during her worst days of cancer. One of his favorite memories occurred during a home game against York Catholic. Brandon’s coach was pretty certain Brandon was going to surpass his 3000 career rushing yards in that game, so he made sure Brandon’s mom would be there. When Brandon topped the 3000 mark his coach stopped the game, invited Brandon’s mom onto the field, and presented her with the ball. Brandon recalls, “She had one of the biggest smiles on her face that day. This is one of those days a person never forgets.”

Life is good these days for the middle Marousek. Soon to move into his newly purchased, first home in Shrewsbury, he enjoys spending his non-working time with his girlfriend and other friends, riding four-wheelers, or fixing or tinkering with something.

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**Leah Marousek** is the youngest of this scholarly family. Leah was awarded her H.O.P.E. scholarship in 2011, her senior year at Kennard Dale High School. Her first college was Old Dominion, in Virginia, but she transferred after her freshman year to West Chester in Pennsylvania, where she earned a bachelor’s in psychology in 2015.

Early in her college years Leah was trying to figure out what career she wanted to pursue, and to that end she sought out the career counseling office at West Chester. After shadowing one of the counselors Leah became so interested in the job that she sought and landed an internship in the office, and a career was born. Leah is now attending Widener University where she is pursuing a Master’s in higher education counseling, and with that degree she will be able to provide the assistance she found so helpful several years earlier.

*(cont’d on page 5)*

## 2016 Scott Brown Seeds of Hope Recipients Stan & Nona Brown

Life can sometimes take many twists and turns, and lead us along a path we might have never intended. For a young man named Stan Brown, life on a farm in rural Loganville may have seemed like a most improbable likelihood during his early years growing up in South York.

In 1946, the post-war economy caught up with the York Safe & Lock Company where Earl Brown, Stan's father, was a foreman for many years. The plant closed, but that one event placed into motion a change that would last a lifetime for Stan. His parents purchased a small farm and orchard from a relative in Loganville, moving early in 1948. Stan was first exposed to farm life the year before, when during the summer at 14 years of age, he rode a bus to Loganville and worked in the orchard until evening when he returned home with his father. Stan would learn not only an incredibly strong work ethic from his father, but he would learn how to grow fruit. It is a vocation that has spanned almost 70 years. In 1954, he married his wife, Nona, an elementary teacher. Together they would grow their business while also growing a family. They were blessed with three children, Scott, Linda and David.

Running a successful orchard can be a challenge, even in the best of times. Severe storms which can include hail and extreme cold winter temperatures are among those challenges. But all of that would pale in comparison to the challenges they faced when they lost their son, Scott, to an aggressive brain tumor in 2005. It was one of those life-changing events that would impact the entire family.

Both Stan and Nona Brown epitomize the American Dream. An examination of their lives is a glimpse at the very definition of "American farm family". They both have a deep faith in God; and despite the unimaginable loss of a child, they still maintain that faith. They also have a great love for their country. Stan served in the U.S. Army, and his love and respect for our servicemen and women both past and present is always evident throughout the farm market. They also have an unwavering love for their community. Whether it was Stan serving on the school board, working with the Loganville Volunteer Fire Company or Jacobus Lions Ambulance Club, or Nona working as an organizational leader for the Loganville 4-H Club and local Cub Scouts and Girls Scouts, the Browns have demonstrated time after time that service to humanity can be life's greatest reward.

That belief has been shown again and again to H.O.P.E. Their support of the H.O.P.E. mission is a labor of love. They have sponsored, donated, publicly praised and quietly prayed for the patients and volunteers that make up the H.O.P.E. family.

Recently Nona Brown said, "We first learned about HOPE back in the late 90's. I believe it began when a volunteer asked for a donation. We were impressed with the compassion and dedication driving this group and the extraordinary vision and devotion of its founder, Barb Titanish. We've been in awe ever since! The vast amount of all-volunteer hours given for cancer patients and their families has been nothing short of incredible."

After Scott Brown lost his battle with brain cancer, the H.O.P.E. Board of Directors voted unanimously to create the Scott Brown Memorial Seeds of Hope Award in recognition of the outstanding support given to the community by the Brown family. The award is presented annually to an individual, business or organization that has emerged as a devoted, compassionate supporter of cancer patients and their families.

This May, we are honored to present the award to Stan and Nona Brown. We hope you'll plan to be there for this very special event on May 5th at Wyndridge Farm.



*“That God once  
loved a garden  
we learn in Holy  
writ.  
And seeing  
gardens in the  
Spring I well can  
credit it.”*

- Winifred Mary Letts

## Marousek Family Scholars

(Cont'd from page 3)

Cancer is no stranger to Leah's family. Her mother was diagnosed with breast cancer when Leah was in middle school and lost her battle with it two years later. Leah also lost her aunt to breast cancer, and one of her cousins survived the disease. Leah was tested for the BRAC2 gene and when the result was overwhelmingly positive she underwent a double mastectomy and reconstruction during her junior year in college.

Life is also busy for Leah. She became engaged this past August and the tentative wedding date is June of 2017, after she graduates from Widener. Although she and her fiancé are living in different places they manage to get together on weekends, and during the week her days are packed with classes and work at Widener as a graduate assistant, where among other jobs she hires college students to tutor public school elementary children in reading and math. Although Leah and her fiancé have been together since high school, she isn't quite sure what he does, only that he works for the government in computer security. And that's probably all she needs to know.

### Wanted: Administrative Office Assistant

H.O.P.E. has a position available for an office assistant, 25-30 hours a week. *Responsibilities* will include but are not limited to the following:

- Greeting guests and clients in person or on the telephone.
- Drafting letters and documents, collecting and analyzing information for President's review and approval.
- Producing information by formatting, inputting, editing, retrieving, copying, and transmitting texts, data, and graphics.
- Providing supervision of volunteers at direction of President.
- Overseeing operation of all office equipment.
- Attending meetings when the President is not available; some evening hours; compensation would be applied.

#### Skills/Qualifications:

- Customer service
- Administrative writing
- Reporting
- Supply management; time management
- Proficiency in Microsoft Office and other office computer programs and applications
- Research grant acquisitions for non-profit agencies

Resume may be emailed to  
barb@hopeforcancerfamilies.org

Hard copies may be mailed to

H.O.P.E.  
Box 175  
Shrewsbury, PA 17361

### Young Adult Patients: These Are For You

Having cancer is tough on anyone, but when it comes to resources and assistance, both financial and otherwise, young adults with cancer really seem to be left out. There are organizations that specialize in this age group: following are three of those.

#### 3 Little Birds 4 Life ([3littlebirds4life.org](http://3littlebirds4life.org))

The mission of this organization is to enhance the lives of young adult cancer patients, ages 18-40, with any type of cancer at any stage.

This foundation grants wishes for current young adult cancer patients ages 18-40. For more information and to apply, go to the site [3littlebirds4life.org](http://3littlebirds4life.org). Those eligible are patients between the ages of 18 and 40 who are currently managing cancer (diagnosis to six months post-active treatment or remission).

The organization has granted such wishes as a new laptop computer, plane tickets to Paris, spa day and Beyonce tickets, a new stove, honeymoon to Mexico, and house-cleaning service.

#### My Hometown Heroes ([myhometownheroes.org](http://myhometownheroes.org))

This is a scholarship fund dedicated to help young adult cancer survivors pursue their life dreams through grants, scholarships, community outreach, and memorable lifestyle experiences. If you're a young adult cancer survivor between the ages of 17 and 39, a resident of the United States, and attending a community college or university, you are eligible to apply for a scholarship for the Fall 2016 semester.

For more information, go to [myhometownheroes.org](http://myhometownheroes.org) or email at [info@myhometownheroes.org](mailto:info@myhometownheroes.org).

#### The Ulman Cancer Fund For Young Adults

Committed to help young adults continue their education after being affected by cancer through their diagnosis or the diagnosis of a loved one. Applicants must have been between the ages of 15 and 39 during their diagnosis/treatment or that of a parent or sibling.

Over a dozen different scholarships are offered, some with restrictions. Application deadline is March 1. Go to <http://ulmanfund.org/scholarships/> for more details.

Visit Us on the Web  
<http://www.hopeforcancerfamilies.org>  
"Like" Us on Facebook:  
H.O.P.E. (Help for Oncology Problems and Emotional Support)

## Upcoming Events

H.O.P.E.'s Support Group Meeting  
2<sup>nd</sup> Wednesday of every month at 7pm  
H.O.P.E.'s Serenity Room in the New Freedom Community Center  
150 East Main Street, 2<sup>nd</sup> Floor (Elevator Available)

Everyone is Welcome!  
(Cancer patients, care givers, families and friends)  
Need transportation to the Support Group Meeting?  
Call 717-227-2824



*"Of all the forces that make for a better world, none is so powerful as hope. With hope, one can think, one can work, one can dream. If you have hope, you have everything."*

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