



2020 York County and Surrounding Areas Resource Guide

As organized & researched by:
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Disclaimer: Although reasonable efforts have been made to assure the accuracy of this document the author is not responsible for nor can the information provided be guaranteed. It is the users responsibility to research and confirm the resources and programs listed in this guide

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The purpose of this guide is to share community resources with people in need so that they have the resources necessary to assist them in being self-determined and as self-sufficient as possible. Dr. Eichelberger requests that those organizations who wish to utilize and share the guide commit to sharing the guide in its entirety. Commitment form is located at the end of this guide.

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ABUSE & NEGLECT

| Organization | Contact Information | Services/Eligibility |
|---|---|--|
| <p>Access-Victim Assistance Center (VAC)</p> | <p>Web Site: http://www.ywcaYork.org 634 S. George St. York, PA 17401 DV: 717-846-5400 Hotline: 800-262-8444 Fax: 717-846-6321</p> <p>Hanover: 717-637-2235</p> <p>24/7 Hotline & Support: 717-854-3131 800-422-3204</p> <p>Legal Advocacy: 717-846-5400</p> | <p><u>Emergency Shelter</u>: Housing on an emergency basis for victims of domestic violence & their children. Available 24/7.</p> <p><u>Individual and Group Counseling</u>: Counseling available to victims of all ages to assist in healing from violence.</p> <p><u>Transitional Housing</u>: Survivors of abuse can live for one or two years in affordable housing as they work towards their goals.</p> <p><u>Hospital Response/Medial Advocacy</u>: Volunteers or staff meets with victims at the hospital any time of the day or night to offer support & services. Staff also collaborates with the health care community to ensure quality services to victims.</p> <p><u>24-Hour Confidential Hotline</u>: Quick information on what to do & where to go during a physically violent or an emotionally abuse situation. Information on support groups.</p> <p><u>Legal Advocacy</u>: Staff offer options for victims (and their significant others) of domestic violence, sexual violence, or other violent crimes. Staff will assist with securing a Protection from Abuse Order and will accompany victims to court.</p> |
| <p>Adams County Office of Aging</p> | <p>717-334-9296</p> | <p><u>Elderly Abuse & Neglect</u>: Report elderly abuse & neglect. Case management services & community referral assistance.</p> |
| <p>Bikers Against Child Abuse of PA, Inc., South Central Chapter (B.A.C.A.)</p> | <p>Web Site: www.bacausa.com 717-802-0368 866-712-2873</p> | <p><u>Biker Buddy</u>: Program to empower children who have been victims of physical, sexual or emotional abuse not to feel afraid of the world. Abuse must be reported to authorities.</p> <p><u>Level 1 Intervention</u>: Bikers are gathered to ride to the child's house. With parents or guardians present child will be presented with a patch, stickers & a photograph with their new biker family. The support is to convey the message that the child is not alone and that they have protection. Children are provided with the names and contact information of 2 bikers.</p> <p><u>Level 2 Intervention</u>: To deter further abuse and provide protection bikers create a presence at the home and are visible when the child and family feel the most vulnerable.</p> <p><u>Level 3 Intervention</u>: A letter will be drafted with substance of the letter explaining to the alleged perpetrator that the bikers will take whatever action is necessary to stop further abuse.</p> <p><u>Level 4 Intervention</u>: Bikers will convene for a "Neighborhood Awareness Ride" near the location of the alleged perpetrator to educate area residents.</p> <p><u>Court Appearances</u>: The child's attorney may petition for a biker buddy to attend court hearings so that the child is less intimidated & less frightened.</p> |
| <p>Childline</p> | <p>Website: www.compass.state.pa.us/cwis Hillcrest Building #53 2nd Floor PO Box 2675 Harrisburg, PA 17105 800-932-0313</p> | <p>State wide reporting of child abuse and neglect issues. Mandated reporters (persons who through the course of their employment regularly work with children) are required by law to report suspected child abuse.</p> |
| <p>Children's Aide Society: Lehman Center</p> | <p>Web Site: www.cassd.org 400 West Market St. York, PA 17401-3804 717- 845-5771 Hotline: 800-635-6619 Fax: 717-852-7605</p> | <p><u>Crisis nursery</u>: Emergency care to prevent child abuse. Child-centered counseling and family support programs.</p> <p><u>HotLine</u>: Immediate support and help to work through a parenting crisis. Referrals to othe community resources.</p> |

ABUSE & NEGLECT

| Organization | Contact Information | Services/Eligibility |
|--|---|---|
| Defense Distribution Center, Susquehanna | Web Site: www.dla.mil/ Family Advocacy Building 400 A Ave. New Cumberland, PA 17070 717-770-7066 Emergency Services: 717-770-6270 Victim Advocate: 717-770-3130 Chaplain: 717-245-3318 | Identify, report, treat & prevent child abuse, domestic violence & sexual assault in the military community. |
| Office of Victim Advocate (OVA) | Website: https://www.ova.pa.gov 1101 South Front Street Suite 5200 Harrisburg, PA 17104 800-563-6399 Fax: 717-787-0867 TTY: 877-349-1064 Email: ra-ovainfo@pa.gov | Established to provide victims of crime with notifications, support and advocacy services. OVA works with local advocates at community based victim service programs and also with advocates in County District Attorneys Offices to ensure that all victims of crime who have requested post-sentencing services, receive the compassionate and individual attention and advocacy that they require. Services include: Address Confidentiality, Inmate Apology Bank, Dialogue Program, Impact of Crime Classes (inmates), Restitution, Victim Awareness Classes, Sex Offender Notification and Resilient Voices. Programs require registration with OVA. |
| Pinnacle Health Children's Resource Center | Community Health Center 2645 N. 3 rd St Harrisburg, PA 717-782-6800 877-543-5018 | One stop center to provide children who have been the victim of sexual or serious physical abuse with medical evaluations, interviews & treatment. Serves Dauphin, Cumberland, Perry & Lebanon Counties. |
| Safe Haven | 877-767-2229 | Parents of newborn may take the baby (up to 28 days) old to any PA hospital with no criminal prosecution. Child Protective Services will find a home for the child. |
| S.P.C.A. of York County | 3159 N. Susquehanna Trail York, PA 17406 717-764-6109 | <u>Animal Abuse</u> : Report animal abuse and neglect issues. |
| SpiriTrust Lutheran Services | Website: www.SpiriTrustLutheran.org 750 Kelly Drive York, PA 17404 717-852-4357 888-629-4096 Fax: 717-854-0806 | <u>Domestic Abuse Solutions for Men</u> : For men who have used abuse in interpersonal relationships and want to change. Based on <i>Creating a Process of Change for Men Who Batter</i> . Sliding fee schedule. Open group, generally 8-12 clients, 26 group sessions. |
| | | <u>Domestic Abuse Solutions for Women Choosing Non-Violence</u> : For women who have used abuse in interpersonal relationships and want to change. Sliding fee schedule. 16-week program seeking to provide healthy empowerment and accountability for women |
| | | <u>Domestic Abuse Solutions Fatherhood</u> : For men who are actively parenting their or their partner's children. Focuses on the intimate partnership relationship and the father role in parenting, based on <i>Becoming a Love and Logic Parent</i> . Sliding fee schedule. 26-week program incorporating parenting material and child development |
| | | <u>Domestic Abuse Solutions for Anger Management</u> : Program centered around coping methods and accountability for those who have used violence outside of intimate relationships. Sliding fee schedule. |
| Survivors, Inc. | PO Box 3572 Gettysburg, PA 17325 717-334-0589 Hotline: 717-334-9777 800-787-8106 | <u>Domestic Violence Hotline</u> : 24 hour hotline for Adams County residents who are victims of domestic or sexual violence providing referral information to emergency shelters, legal advocacy, counseling, support & transitional housing. |
| York County Child Advocacy Center (CAC) | 28 S. Queen St York, PA 17403 717-718-4253 | <u>Child Abuse Interviews</u> : Multidisciplinary team approach to providing a one stop center for the medical evaluations, interviews & treatment of children who have been the victim of sexual or serious physical abuse. |

| ABUSE & NEGLECT | | |
|---|---|---|
| Organization | Contact Information | Services/Eligibility |
| York County Area Agency on Aging (YCAAA) | Web Site: http://yorkcountypa.gov/health-human-services/agency-on-aging.html 100 W. Market St. Suite 102 York, PA 17401 717-771-9610 800- 632-9073 Fax: 717-771-9044 | <u>Elderly Abuse & Neglect</u> : Report elderly abuse & neglect issues. Case management services & community referral assistance. |
| York County Office of Children, Youth & Families (YCOCYF) | Web Site: http://yorkcountypa.gov/health-human-services/children-youth-and-families.html 100 W. Market St. York, PA 17401 717-846-8496 800-729-9227 Fax: 717-771-9884 | <u>Child Abuse & Neglect</u> : Report child abuse & neglect issues, case management services and assistance with community referral assistance. |
| York County Prison | Web Site: http://yorkcountypa.gov/courts-criminal-justice/prison.html 3400 Concord Rd York, PA 17402 717-840-7580 | <u>Batterer's Intervention</u> : Program targeted at inmates who have engaged in assault on an intimate partner (past or present), relationship problems, were convicted of a crime against an intimate partner or a parole violation involving the abuse of an intimate partner, etc. Program is to assist batterers to understand the dynamics of their offense and provide positive alternatives to battering behavior. Topics will cover issues pertaining to past assaultive behavior towards others, address issues relating to abuse, victims, suicidal or homicidal ideation, denial, etc. Access is by court order, referral or offender application. <u>Violence Prevention</u> : Six to eight week program based on Integrated Cognitive Behavioral Change model. Designed to teach inmates to recognize how thoughts, feelings, beliefs, and attitudes lead to patterns of violent behaviors and conflict and how to utilize cognitive restructuring and social skill interventions to develop constructive solutions to problems. This is a prevention program and is a 22 sessions, 2 hours per session. Access is by court order, referral or inmate application. |
| York County Protection from Abuse Center (PFA) | Web Site: http://yorkcountypa.gov/courts-criminal-justice/court-related-offices/prothonotary/protection-from-abuse-orders.html York County Judicial Center 45 North George St. 1 st Floor York, PA 17401 717-771-9662 Hours: M-F, 8:30AM-4:30PM | <u>Protection from Abuse Order</u> : A court order provided to victims of domestic violence to protect them from further abuse. The abuser may be court ordered to: <ul style="list-style-type: none"> • Stop abusing you and/or your children. • Stay away from where you, where you live, work and/or attend school. • Refrain from harassing you and /or stalking you. • Turn over any weapons to the sheriff. • Pay you for financial losses resulting from the abuse. (These losses could include medical, dental, relocation, attorney fees, as well as loss of earnings). |
| Young Women's Christian Assoc. (YWCA) | Web Site: www.ywcaCarlisle.org Cumberland County/Carlisle Business: 717-258-4324 YWCA: 717-243-3818 Hotline: 888-727-2877 Web Site: www.ywcaHbg.org Dauphin County Business: 717-234-7931 Hotline: 717-238-7273 800-654-1211 | <u>Sexual Assault/Rape Crisis</u> : <u>Violence Intervention/Prevention Program</u> : <u>Safe Home Program</u> : <ul style="list-style-type: none"> • 24 hour Confidential Hotline • Temporary or Emergency Safe Shelter • Legal Advocacy, including assistance with filing a Protection From Abuse Order • Referral and Support |

ABUSE & NEGLECT

| Organization | Contact Information | Services/Eligibility |
|---------------------------------------|--|---|
| Young Women's Christian Assoc. (YWCA) | Hanover 23 W. Chestnut St. PO Box 824 Hanover, PA 17331 717-637-2125 24 hour Hotline: 717-632-0007 Fax: 717-637-9516 | <ul style="list-style-type: none"> • Child Therapy • W.E.A.V.E. (Women's Empowerment Against Violent Environments) support group with free child care • Community Education for all groups, includes educational Speakers and/or age-appropriate Outreach Materials • Accompaniment and/or Transportation to appointments/hearings, including civil and criminal hearings • Options Counseling and Crisis Response • Servicios en español |
| | Web Site: www.ywcalancaster.org Lancaster County Business: 717393-1735 Hotline: 717392-7273 | |
| | Web Site: www.ywcayork.org York County Business: 717-848-3535 Hotline: 717-854-3131 800-422-3204 | |

CASE MANAGEMENT & DEBT MANAGEMENT

| Organization | Contact Information | Services/Eligibility |
|---|--|--|
| AIDS Community Alliance of South Central PA | 717-334-8344 Hours: Monday-Friday 9 AM-5 PM | Provides care and supportive services and innovative prevention and education services to anyone affected by or who has contracted HIV. |
| American Red Cross | 529 Carlisle St. Hanover, PA 717-637-3768 Fax: 637-3294 | V.A. representative assists veterans at the Family Center from 9:00 AM-12:00 PM the 1st & 3rd Friday of each month. |
| | | A representative from York County Assistance Office assists families & individuals to access service every Thursday from 8:30AM-3PM. |
| | | <u>Family Center:</u> Wed-Friday, 8:30 AM-4:30 PM |
| Arc of York County | Web Site: http://www.thearcofyorkcountypa.org/ 497 Hill St. York, PA 17403 Phone: 717- 846-6589 Fax: 717-852-8842 | <u>Advocacy Services:</u> <ul style="list-style-type: none"> • Advocate for disabled members of the community. • Educate the community about intellectual disabilities. • Work to improve the quality and accessibility of the full range of services and supports. • Provide information & support to parents so that they may better advocate for their children with intellectual disabilities educational needs. |
| Children's Aide Society | Web Site: www.cassd.org Lehman Center 400 West Market St. , York, PA 17401-3804 717- 845-5771 Hotline: 800-635-6619 Fax: 717-852-7605 | <u>Family Support & Advocacy:</u> Offers case management, child centered counseling, art therapy, community education, hot line and referral service. Services are free. |
| | 343 Lincoln Way West New Oxford, PA 17350 717-624-4461 | |
| Community Progress Council, Inc. (CPC) | Web Site: http://www.yorkcpc.org/ Main Office 605 S. George St. Suite 100 York, PA 17401 717-845-7176 or 800-892-5441 Fax: 717-846-9892 Hours: M-F,8:30AM-5PM | <u>Case Management:</u> Provides direct social and welfare services to those in need. All services require an appointment. Services include casemanagement, foodbanks, clothing banks, LIHEAP, fuel assistance, scholarships for summer camps, GED applications or classes and back packs and school supplies. |

CASE MANAGEMENT & DEBT MANAGEMENT

| Organization | Contact Information | Services/Eligibility |
|--|---|--|
| Community Progress Council, Inc. (CPC) | Delta Community Center 5 Pendyrus St. Delta PA 17314 717-456-5559 | |
| | Hanover Community Center 135 Baltimore St. Suite 201 Hanover PA 17331 717-632-9191 | |
| | Lewisberry Community Center 308 Market St. Lewisberry PA 17339 717-938-4621 | |
| | Red Lion Community Center 20 Gotham Place Red Lion PA 17356 717-417-3354 | |
| Consumer Credit Counseling Services | 970-D S. George St. York, PA 1-888-511-2227 Hours: M-Th, 8AM-8PM; F, 8AM-5PM; Sat, 8AM-2PM | <u>Case Management:</u> Debt management/budgeting |
| Covenant House | Website: www.covenanthousepa.org 307 E. King St. York, PA 17403 Hours: M, W & TH, 8AM-8PM; T & F, 12PM-8PM 717-430-8573 Outreach cell: 267-666-9547 | <u>Sanctuary Drop-in Crisis Center:</u> Serves homeless youths ages 21 years and under. Provides basic needs (food, showers, clothing), basic educational/vocational services, and case management. Referrals to other medical, mental health, drug and alcohol and legal services. Daily groups on empowerment, goal achievement, motivation, health and support. |
| Family First Health - Social Services | 116 South George St. 3rd Floor York, PA 17401 717- 846-6776 Hours: M-F, 8AM-5PM | <u>Caring Together:</u> Social services for people who are HIV positive. Services are provided regardless of the client's ability to pay. Case managers screen clients for eligibility for a variety of assistance programs. Call Nurse Care Managers at 846-4774. Nurses will assess the client's needs, schedule a medical appointment and contact other team members who will provide other services as needed. |
| Jewish Family Services of York | 2000 Hollywood Dr. York, PA 717-843-0918 | <u>Case management & activities:</u> Services provided to Jewish individual or couples or inter-faith couple |
| New Hope Ministries | 6 N. Second St. Dillsburg, PA 717-432-3053 | <u>Case Management:</u> Provides direct social and welfare services to those in need. All services require an appointment. Services include casemanagement, foodbanks, clothing banks, LIHEAP, fuel assistance, scholarships for summer camps, GED applications or classes and back packs and school supplies. |
| | 1836 Industrial Court Dover, PA 717-292-3441 Hours: M-F, 9AM-4 PM | |
| Red Land Community Action Program | 308 Market St. Lewisberry, PA 717-938-4621 Hours: M-Th, 8:30AM-5PM; F, 8:30AM-12PM | <u>Debt management:</u> |
| Service Access Management (SAM) | Web Site: http://sam-inc.org/ 1305 E. Market St. Suite B York PA 17403 717-848-8744 888-245-8744 Fax: 717-848-8799 | <u>Case management:</u> Serving children & adults with mental health issues. Must have a mental health diagnosis from a medical doctor, psychologist or a psychiatrist. |

| CASE MANAGEMENT & DEBT MANAGEMENT | | |
|--|---|--|
| Organization | Contact Information | Services/Eligibility |
| Service Access Management (SAM) | 25 Charles St. Suite 9 Hanover, PA 17331 717-848-8744 Hours: M-F, 8AM-4:30PM | |
| Spanish American Center | 225 East Princess St. York, PA 17403 717- 846-9434 Hours: M-Th, 8AM-5 PM; F, 8AM-3PM | <u>Case management</u> : Case management; life skills training; English as a second language; computer training; GED instruction and vocational rehabilitation. |
| Spiritrust Lutheran Services | Website: www.SpiritTrustLutheran.org 750 Kelly Dr. York, PA 17404 717-854-2244 717-633-6870 888-629-4096 | <u>Individualized Financial Coaching</u> : Free, confidential, one-on-one financial coaching. |
| | | <u>Financial Education Workshops</u> : Structured workshops designed to inform and equip families to achieve financial wellness. Topics include budgeting, insurance, investments, employability, credit, identity theft, estate planning, and student loans. |
| | | <u>Information & Resources</u> : Access to online and printed financial resources |
| | | <u>Volunteer Income Tax Assistance</u> : IRS certified volunteers provide free federal, state and local income tax return preparation to qualified individuals. <ul style="list-style-type: none"> • In-Person Tax Preparation and Filing: In-person tax preparation services for households with income of \$54,000 or less. • Scheduled Drop-Off Service: Drop off tax documents. Taxes will be review with preparer prior to filing. • Online Tax Preparation and Filing: Visit www.myfreetaxes.com/VITAYork during tax season to complete and file your tax return for free any time of the day or night. This option is available to all taxpayers; however, filing is free for those with a household income of \$60,000 or less. For those whose income exceeds this amount, electronic filing of your state and federal tax returns is available for a cost less than other well-known tax preparation providers. |
| Young Men’s Christian Assoc. of York County (YMCA) | Website: www.yorkcoymca.org 90 N. Newberry St. York, PA 17401 717-843-7884 ext. 242 Fax: 717-854-1857 | <u>Case management</u> : <ul style="list-style-type: none"> • Referral information for basic needs • Services for Latino citizens of York County • English as a 2nd language • Spanish GED classes • Interpreting & translation services |
| York/Adams County Mental Health-Intellectual & Developmental Disabilities Program (MH-IDD) | Web Site: http://yorkcountypa.gov/health-human-services/mental-health-mental-retardation-program.html 100 W. Market St. York, PA 17401 717-771-9618 | <u>Case management</u> : Adults & children with mental health issues. Must have a diagnosis from a medical doctor, psychologist or a psychiatrist. |
| | 11 Carlisle St. Hanover, PA 17331 Hours: M-F, 8AM-4:30PM | |
| York County Council of Churches: Ordinary People Extraordinary Need (OPEN) | PO Box 1865 York, PA 17405 717-843-5295 Hours: (Call for appt) M-Th, 8AM- 4:30 PM; F, 8AM-1:30 PM | <u>Case management services</u> : York County residents affected or infected with HIV/AIDS. No fees for services. <ul style="list-style-type: none"> • Pastoral Care-Spiritual group therapy Support Groups • Infected and affected Transportation Warehouse-supplies assistance with household items |

CASE MANAGEMENT & DEBT MANAGEMENT

| Organization | Contact Information | Services/Eligibility |
|---|---|--|
| York County Area Agency on Aging (YCAAA) | <p>Web Site: http://yorkcountypa.gov/health-human-services/agency-on-aging.html 100 West Market St. Suite 102 York, PA 17401 717- 771-9610 800- 632-9073 Spanish: 717-771-9572. Fax: 717- 771-9044</p> | <p>Case management: Services and community referral assistance for people 60 and older. Some of the services provided are In-home services, home delivered meals, caregiver support, ombudsman, transportation, legal services, recreation & leisure activities and intergenerational programs such as Rent A Kid-low cost help with chores.. Information regarding adult day cares, long term care, senior dental care program for qualifying residents. Reporting elderly abuse and neglect issues.</p> |
| York's Helping Hand for the Homeless | <p>412 W. King St. York, PA 17401 717-846-9275</p> | <p>Case Management & Emergency Shelter: Services for the homeless, primarily York City but will assist anyone in York County. Counseling is available. Shelter referrals and motel stays on a case to case basis.</p> |
| Young Men's Christian Assoc. of York County, Southern Branch (YMCA) | <p>Website: www.yorkcoymca.org 100 Constitution Ave PO Box 263 Shrewsbury, PA 17362 717-235-0446</p> | <p>Case Management: Provides direct social and welfare services to those in need. All services require an appointment. Services include casemanagement, foodbanks, clothing banks, LIHEAP, fuel assistance, scholarships for summer camps, GED applications or classes and back packs and school supplies. Additional programs are car programs and phone minutes.</p> |

CHILD & ELDERLY SUPERVISION SERVICES

| Organization | Contact Information | Services/Eligibility |
|------------------------------|--|--|
| Arc of York County | <p>Web Site: http://www.thearcofyorkcounty.org/ 497 Hill St. York, PA 17403 Phone: 717- 846-6589 Fax: 717-852-8842</p> | <p>After School Program: Families that require after-school care for their teenaged children with intellectual disabilities benefit from having a safe, fun place for their kids to enjoy fellowship each afternoon.</p> |
| | | <p>Camp Pennwood: Provides children ages 6-21 yoa with intellectual disabilities the opportunity to enjoy a traditional day camp. Campers enjoy age-appropriate activities such as arts and crafts, archery, swimming, horseback riding and musical activities during camp's 6-week summer run.</p> |
| Bethany Christian Services | <p>Web Site: https://safe-families.org/about/ 2101 N. Front St Bldg 1, Ste 201 Harrisburg, PA 17110 717-238-3549</p> | <p>Safe Families for Children (SFFC): Crisis care for children. Parents experiencing temporaay crisis can ask to have a Christian host home identified to care for their children while the parents address the issues that led to their situation. There is no charge while the children are in the care of the host home. SFFC is not foster care or adoption. Parents maintain full custody of their children and are encouraged to continue to remain involved with the children. . No children and youth agency involvement necessary.</p> |
| | <p>1681 Crown Ave Ste 201 Lancaster, PA 17601 717-399-3213</p> | |
| Central Region Day Care Unit | 800-222-2117 | Provides daycare lists and referral information on state licensed daycare providers. |
| Child Care Consultants, Inc. | <p>Web Site: http://www.childcareconsultants.org/ 13 West Market St. York, PA 17401 717- 854-2273 or 800- 864-4925 Fax: 717- 843-4158 Hours: M-F, 8:30AM-5PM</p> | <p>Non-profit child care resource and referrals: Assist in finding and evaluating child care options. Financial assistance for child care. Caregivers must financially qualify and work at least 25 hours a week to qualify.</p> |
| Children's Aide Society | <p>Lehman Center 400 West Market St. , York, PA 17401-3804 717- 845-5771 800-635-6619</p> | <p>Crisis Nursery: Children birth-6 years of age. 0-72 hours of respite child care. Please call to schedule. Support groups and case management offered.</p> |

CHILD & ELDERLY SUPERVISION SERVICES

| Organization | Contact Information | Services/Eligibility |
|--|--|--|
| Children's Aide Society | 343 Lincoln Way West New Oxford, PA 17350 717-624-4461 | |
| Crispus Attucks Early Learning Center | Web Site: http://crispusattucks.org/ 50 East Boundary Ave York PA 717-718-9620 ext. 2 Hours: M-F, 6:30AM-5:30PM | <u>Child Care:</u> Children from 3 mos-12 yoa. 4-STAR rating in the Keystone STARS Program. Building with a rooftop playground, dedicated art and music rooms, multi-purpose room, and 2 infant, 2 toddler, 4 preschool, and 3 after school classrooms. Actively involved in the school readiness initiative with Focus on Our Future and the York City School District to prepare children for kindergarten and a lifetime of learning. Accepts payments from Child Care Consultants, TANF, and/or private pay. Completes developmental assessments three times per year using the Ounce Scale for Infants and Toddlers and Work Sampling for preschool students. Offers a Pre-K Counts classroom from 8:30 to 11:30 a.m. for 19 students |
| Defense Distribution Center Susquehanna | Web Site: www.dla.mil/ Building 400 A Ave New Cumberland, PA 17070 717-770-7066 | <u>Respite Child Care:</u> Brief, temporary child care for military families due to illness, medical appointments, temporary duty, deployment or family stress. Limited to 20 hours per month per child. <u>Day Care:</u> Onsite day care for enlisted personnel. Payment based on a sliding scale. |
| Easter Seals Central PA | Web Site: http://www.easterseals.com/wcpenna/ 2550 Kingston Rd. Suite 219 York, PA 17402 Phone: 717-741-3891 Fax: 717-741-5359 | <u>Child Development Center/Preschool:</u> Children ages 6 months to 5 years of all abilities. |
| Lifepath Christian Ministries (formerly York Rescue Mission) | 55 West Philadelphia Street York, PA 17403 717-843-5799 Fax: 717-852-9508 | <u>After School Club:</u> Serves children, grades 1-5, every school day from 3PM-5PM. Gives the kids a safe environment to do their homework and be tutored four days a week (programs five days a week), have Bible study, do crafts and play recreational games every week. Pick-ups from designated York City elementary schools and transportation home to designated stops will be provided. <u>Teen Evening Program:</u> Program runs M-F, 6PM-9PM and offers young people, grades 6-12, a haven to have fun, Bible studies, tutoring, Boys/Girls basketball teams and much more. No cost to register, however, some activities may require a minimal cost. Transportation home provided to designated stops. <u>Lighthouse Youth Center Camps:</u> Summer Day Camp: Every day from 9:00 a.m. to 3:00 p.m., for five weeks, approximately 150 kids meet at the Lighthouse Youth Center to take day trips to parks, museums, swimming areas and much more. There is a one-time registration fee of \$5.00 and an admission fee of \$20.00 per week per child. Transportation is provided from/to designated stops throughout the city. <u>Residential Day Camp:</u> Up to 90 children are registered for one week during the summer at Camp Andrews. Here, they are able to be "kids" by participating in activities such as swimming, boating, archery and Bible studies. Many lives are changed at Camp Andrews. There is a \$5.00 registration fee per child. |
| M&S Services Group | 2040 E. Market St. York, PA 17402 717-814-5899 Fax: 717-885-2803 | <u>Custody Services:</u> For fee services providing court ordered or by agreement monitored drug testing, supervised custody visitation and/or supervision of custody exchanges. Call for fee schedule. |
| PA Department of Welfare: Child Care Informational Services (CCIS) | York County 13 West Market St. York, PA 17401 717-854-2273 800-864-4925 Fax: 717-843-4158 | <u>Child Care Works Subsidized Child Care Program:</u> Subsidized child care program helps low-income families pay their child care fees. The caregiver is responsible to help pay for child care. The co-payment may be as little as \$5.00 per week and varies according to your income and the number of people in your family. Caregivers must complete an application & qualify for assistance in paying child care costs. |

CHILD & ELDERLY SUPERVISION SERVICES

| Organization | Contact Information | Services/Eligibility |
|---|--|--|
| PA Department of Welfare: Child Care Informational Services (CCIS) | Adams County 153 North Stratton St. Gettysburg, PA 17325 717-334-7634 Ext. 128 800-232-6562 Fax: 717-334-6077 | <ul style="list-style-type: none"> • Caregiver must be a PA resident. Child in care must be a citizen of the United States or an alien lawfully admitted for permanent residency • Have a child or children who need child care while caregiver works or attend an education program. Children are eligible for care from birth until the day prior to the date of the child's 13th birthday. Children with disabilities may be eligible through age 18 • Caregiver(s) & all adult household members must work 20 or more hours a week or work 10 hours and go to school/train for 10 hours a week • The hours that a child may receive subsidized child care must coincide with hours of work, education, or training • Have a promise of a job that will start within 30 days of your application for subsidized child care • Teen parents must attend an education program • Have proof of identification for each parent or caretaker in the home • Meet income guidelines |
| | Cumberland County 230 S. Spring Garden St Carlisle, PA 17013 717-243-4014 800-358-8725 Fax: 717-243-0309 | |
| | Dauphin County 110 North 26th St. Harrisburg, PA 17103 717-233-8454 800-952-7419 Fax: 717-233-8189 | |
| | Lancaster County 601 South Queen St. Lancaster, PA 17603 717-393-4004 800-937-4546 Fax: 717-399-3841 | |
| Salvation Army Web Site: http://migration.salvationarmy.org/york/BA2E388AC1FF6E858525773D006FD328 50 E. King St. York, PA 17401 717-848-2364 Hours: 8:30AM-4PM | | <p><u>After School Program:</u> Open to children between the ages of 6-12 and Teens (13-17). Follows the York City School District Calander and open from 3PM-8:15PM. Multiple rooms and activities available for children including gymnasium, arts-n-crafts, computer lab, tutoring program and evening meal. Cost is \$35 per semester/\$70 for the entire school year (special discounts for additional children from the same household). Some scholarships available.</p> |
| | | <p><u>Day Camp:</u> Program provides exciting fun and learning opportunities for boys and girls ages 6 to 12 for a six week period during summer vacation time. Applications will be available at the main office or by downloading the document from the web site. Children enjoy field trips, swimming, and other fun activities. Cost is \$140 for 6 weeks per child, breakfast and lunch and activities included. Special rates available for families with more than one child in the program.</p> |
| | | <p><u>Camp Ladore:</u> Boys and girls ages seven to twelve (7-12) have the opportunity to enjoy a fun-filled stay at The Salvation Army Camp Ladore located in Waymart, PA in the Poconos. The 1000 acre camp includes beautiful Lake Ladore, great for canoeing and fishing. The children usually travel from York on a Wednesday and return home the following Monday. Transportation is provided. There is a \$40 application fee per child. The full cost of the camping session is provided by generous contributions from the community.</p> |
| Susquehanna Conference Camp & Retreat Ministry | Web Site: http://susumcamps.org/files/brochures/2018/2018%20Camp%20Book%20final.pdf 3003 Mulberry Dr. Mechanicsburg PA 17050 717-766-7395 Fax: 717-766-5976 | <p><u>Christian Camps:</u> List of summer camps for children. mited number of partial camperships ranging from 10 to 50 % of the fee. There are many other resources available for financial assistance also. Check with your local church and district office for available camper funds. Each of these options has their own deadlines and eligibility requirements. It is best to inquire as early as possible if you know of a camper who will need financial assistance to attend camp.</p> |
| Wellspan Health | Web Site: http://www.wellspan.org/body.cfm?id=113 717-851-4485 | <p><u>Camp Green Zone:</u> 5 day camp designed to teach children ages 6-12 yoa who have completed 1st grade, how to prevent and control their asthma through fun activities. Camp is held in June & located on York College of PA campus. Staffed by health professionals with experience in the care of children with asthma. A camp fee of \$110 per camper must be enclosed along with the registration form. Camp scholarship funding is available to qualified individuals</p> |

CHILD & ELDERLY SUPERVISION SERVICES

| Organization | Contact Information | Services/Eligibility |
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| Wellspring Health | Web Site: http://www.wellspring.org/programs-services/behavioral-health/services/bereavement-services/other-resources/ 540 South George St. York, PA 17401 717-812-5333 717-812-4433 877-862-6006 | <u>Camp Mend-A-Heart:</u> Held annually in June, at Camp Cann-Edi-On in York Haven, this 1 day camp is designed to support grieving children who have experienced a death of a loved one within the last two years. The goal of the camp is to help children understand the death experience, learn about grief and have fun. There is a minimal registration fee to attend the event. Scholarships are available. |
| York County Area Agency on Aging | Web Site: http://yorkcountypa.gov/health-human-services/agency-on-aging.html Call for a list of Adult Day Care Centers: 100 West Market St. Suite 102 York, PA 17401 717- 771-9610 800- 632-9073 Spanish 717-771-9572. Protective Service Intake: 717-771-9610 Fax: (717) 771-9044 | <u>Adult Care:</u> Complete assessment of the individual’s medical, physical, and emotional needs to authorize service. For 60 years of age or older who require more support than can be provided at a Senior Community Center. Provide respite for caregivers enabling them to work outside of the home or just take a break. Sliding scale fee based on income. |
| Young Men’s Christian Assoc. of York County (YMCA) | 1705 Palomino Rd. Dover, PA 717-292-5622 Hours: M-F, 6:30AM-6 PM | <u>Child Care:</u> All day care for 2 -5 yoa and before & after school care (Kid’s Club) for K-5 th grades. Kid’s Club available at Dover Elem, Leib, Weigelstown, North Salem, Roundtown and Hayshire Elementary Schools. |
| | 4075 E. Market St Suite 2 York, PA 17406 717- 755-7144 | <u>Child Care:</u> Before- and after-school care to school-aged children. Child care hours begin on September 3 rd , from school dismissal through 6:00pm, Monday through Friday. |
| | 100 Constitution Ave PO Box 263 Shrewsbury, PA 17361 717-235-0446 Fax: 717-227-9005 | <u>Child Care:</u> K-13 yoa, before & after school care during school. Full time care when school is not in session. Summer camp opportunities. Kid’s Club is available at the following schools: Southern (Friendship, Southern and Shrewsbury Elementary Schools), South Eastern (Fawn Grove and Stewartstown Elementary Schools), Dallastown (Loganville Springfield Elementary School). Kindergarten Care is also available the Southern Branch location. |
| | 90 N. Newberry St. York, PA 717-854-7884 Hours: M-F, 6AM- 6PM | <u>Child Care:</u> 6 weeks-12 yoa, full time care, before and after school care. |
| | 500 George St. Hanover, PA 17331 717-632-8211 Hours: M-F, 6:15AM-6 PM | <u>Child Care:</u> Full daycare for 13 months—5 yoa, before & after school care onsite in local schools. |
| | West Shore 410 Fallowfield Rd. Camp Hill, PA 17011 717-737-0511 717-737-9622 Fax 717-975-1897 Hours: M-F, 5:30AM-10PM; Sat 6:30AM-9 PM; Sun 12AM-9PM | <u>Child Care:</u> <u>Summer Camp:</u> Children 6-13 yoa <ul style="list-style-type: none"> • Camp Friendship Hampden, located at Hampden Elementary School • Camp Friendship Shaull, located at Shaull Elementary School • Camp Friendship Green Ridge, located at Green Ridge Elementary School • Camp Harmony and Teen Camp-Harmony summer day camps, available at the Wyndamere Heights Church, located at 736 Wyndamere Rd. , Lewisberry, available June 13th through August 19th, 7am-6pm, Monday through Friday, • Teen Camp-Green Ridge, located at 1 Green Ridge Rd. , Mechanicsburg, |

CHILD & ELDERLY SUPERVISION SERVICES

| Organization | Contact Information | Services/Eligibility |
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| Young Men’s Christian Assoc. of York County (YMCA) | | available June 13th through August 12th, 7am-6pm, Monday-Friday. <ul style="list-style-type: none"> • Camp Glacier, located at Northern Elementary School, in the Northern York County School District, which is available for children entering grades 1-7 • Camp Shine, located at Shippensburg Area Intermediate School, in the Shippensburg Area School District, available for children entering grades 1-7 |
| | Carlisle 311 S. West St. Carlisle, PA 17013 717-243-2525 | <u>Child Care:</u> |
| Young Women’s Christian Assoc. of York County (YWCA) | YWCA & Early Learning 23 W. Chestnut St. PO Box 824 Hanover, PA 17331 717-637-2125 Fax:717-637-9516 Hotline: 717-632-0007 | <u>Child Care:</u> 6 weeks old to 5 yoa, scholarships approved based on financial need and available funds. |
| | YWCA & Early Learning 320 E. Market St. York, PA 17403 717-845-2631 Fax: 717-846-9181 Hours: M-F, 6:30AM-5:30 PM | <u>Pre-K Counts Classrooms:</u> York location, ages 3-5. Part-time and full-time classes. Available. Meals and snacks provided |
| | Early Learning Center 4304 N. George St. Ext. Manchester, PA 717-266-1073 Hours: M-F,6:30AM-6PM | <u>School-Age Child Care:</u> Breakfast & snacks provided. Fees: Registration is \$50; Before & After-School program is \$100/week. <ul style="list-style-type: none"> • S. Queen St location serves Dallastown Schools (Dallastown Elementary, Dallastown Intermediate, York Township Elementary, and Leader Heights Elementary). • Manchester location serves Northeastern Schools (Conewago Elementary (on-site for K-3rd grade), Orendorf Elementary, Shallow Brook Elementary, and Spring Forge Elementary). • York location serves (Davis Elementary, Devers Elementary, Goode Elementary, Jackson Elementary, and McKinley Elementary). |
| | Early Learning Center 2179 S. Queen St. York, PA 717-747-9254 Hours: M-F, 6:30AM-5:30PM | <u>Quantum Opportunities Program:</u> York location, after-school program for male and female students in grades 9 – 12. Development in three areas: Education, Community Service, and Life-Skill. Students earn money for continuing education while participating in programs. Tutoring, homework help, and software programs to improve skills and computer labs for school projects. <u>Temple Guard Drill Team:</u> York location. Mentoring program based on discipline and focus. Youths in grades K-12. Military-style boot-camp marching and dance. Drill team members perform twice a month across the mid-state. <u>Camp Cann-Edi:</u> Overnight camp. Summer camp near Conewago Creek for children ages 7-14. <u>Explorer Camp:</u> Day camp for children ages 5, 6 & 7 years old. York & Manchester locations. |

COMMUNITY CENTERS

| Organization | Contact Information | Services/Eligibility |
|----------------------------------|---|---|
| Atkins House | 307 East King St. York, PA 17403 717-848-5454 | <u>HIV/AIDS Education & Prevention:</u> Individual risk assessments and risk reduction counseling. |
| Centro Hispano Jose E. Hernandez | Web Site: http://chjh-york.org/ 225 E. Princess St. York, PA 17403 717-846-9434 Fax: 717-843-5722 | <u>G.E.D. Instruction:</u> Assistance in preparing clients to take the GED (high school diploma) exam. |
| | | <u>English as a Second Language:</u> Class teach the fundamentals of the English Language for people that primarily speak Spanish |
| | | <u>Computer Literacy Classes:</u> Education for people who have little/no computer skills. |
| | | <u>Assist in Job Placement:</u> Career Link Services of PA are available at the center |

| COMMUNITY CENTERS | | |
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| Organization | Contact Information | Services/Eligibility |
| Centro Hispano Jose E. Hernandez | | Thursdays. <u>Translation Services:</u> Assistance to communicate through writing or speech, to another who speaks a different language. |
| Community Progress Council (CPC) | <p>Web Site: http://www.yorkcpc.org/ Delta Community Center 5 Pendyrus St. Delta PA 17314 717-456-5559</p> <p>219 York St. Hanover, PA 17331 717-632-9191</p> <p>Lewisberry Community Center 308 Market St. Lewisberry, PA 17339 717-938-4621</p> <p>213 Lancaster St. Red Lion, PA 17356 717-417-3354</p> <p>226 E. College Ave. York, PA 17404 717-846-4600 Hours: M-F, 8:30AM-5PM</p> | <u>Case Management:</u> Provides direct social and welfare services to those in need. All services require an appointment. Services include casemanagement, foodbanks, clothing banks, LIHEAP, fuel assistance, scholarships for summer camps, GED applications or classes and back packs and school supplies. |
| Covenant House | <p>Website: www.covenanthousepa.org 307 E. King St. York, PA 17403 Hours: M & Th, 8AM-4PM; T, W&F, 12PM-4PM 717-430-8573</p> | <u>Sanctuary Drop-in Center:</u> Serves homeless youths ages 21 years and under. Provides basic needs (food, showers, clothing), basic educational/vocational services, case management and referrals to other medical, mental healthy, drug and alcohol and legal services. |
| Latino Hispanic American Community Center | <p>Web Site: http://www.lhacc.org/ P.O Box 61943 1319 Derry St. Harrisburg, PA 17106 717- 232-8302 Fax: 717- 232-8200 Hours: 8:30AM-4:30PM</p> | <u>Informational & Referral Services:</u> Bilingual case managers & consumer specialists to assist Spanish speaking clients with accessing social opportunities, addressing legal issues, educational, housing, financial, and healthcare issues. Provide free resume preparation & job readiness training. Assist with transportation |
| Mason-Dixon Community Services | <p>Web Site: http://www.mason-dixon.org/ 5 Pendyrus St. Delta, PA 17314 717-456-5559</p> | Serve urban and rural residents who are low- to moderate-income. Emergency services are provided including food, clothing, heat and other basic needs. |
| Red Land Community Action Program | <p>308 Main St. Lewisberry, PA 17339 717-938-4621</p> | Serve urban and rural residents who are low- to moderate-income. Emergency services are provided including food, clothing, heat and other basic needs. |
| Salvation Army | <p>Web Site: http://www.use.salvationarmy.org/use/www_use_pendel.nsf/ 50 E. King St. York, PA 17401 717-848-2364</p> <p>257 E. South St. York, PA 17403 717-846-0167</p> <p>1080 Haines Rd York, PA 17402</p> | <u>Services:</u> Adult Community Recreation & Education Programs, Emergency Assistance: financial, food, utilities & heating, Older Adult Services - Visitation Services, Worship Center: Music & arts, women, men's and children services. Youth Services - Boys' & Girls' Club |

| COMMUNITY CENTERS | | |
|---------------------------------------|---|--|
| Organization | Contact Information | Services/Eligibility |
| Salvation Army | 717-840-1300 | |
| Windy Hill on the Campus Seior Center | 1472 Roths Church Road, Suite 103 Spring Grove, PA 17362 717-225-0733 Fax: 717-225-0825 Hours: M-F 8:30AM-2:30PM | <u>Recreational facility:</u> Programs and activities Monday through Friday, 8:30 a.m. – 2:30 p.m., for independent individuals 60 years of age and over. Facility is handicapped accessible. Currently door-to-door transportation to and from the Center is “free” via Rabbit Transit. YCAAA provides the funding for this service. Riders must be age 65 or older and sign-up in advance for the service. Call the Center for more information. |

| COUNSELING & MENTAL HEALTH SERVICES | | |
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| Organization | Contact Information | Services/Eligibility |
| Allegany Boys Camp | Web Site: http://www.alleganyboyscamp.org/ 20700 Wagner Cutoff Rd. Oldtown, MD 21551 301-478-5721 | <u>Boys Camp:</u> A non-profit, year-round residential wilderness camp (14-20 month program) for boys ages 9-16 from all states and walks of life, who are struggling in their homes and at school. Boys receive a 4-day home pass every 6 weeks. Program provides for 6 months of After Care upon returning home. No structure classrooms but is accredited by the MD. School board. Boys are tested prior to re-enrollment into public school. Members of the Wilderness Road Therapeutic Camping Assoc. No agency (Children & Youth, or Juvenile Probation) involvement necessary. Parents and child must agree to placement in the program. Sliding income scale-No boy is turned away due to parent’s inability to pay. |
| Alternative Behavior Consultants | 224 S. Hanover St. Carlisle, PA 17013 717-241-6870 866-470-8477 Fax 717-241-6794 | <u>Individual Therapy:</u> Families & children |
| | | <u>Parenting Skills Center:</u> Parenting assessments, skills & coaching. Supervised visitation |
| | | <u>Group Counseling:</u> Shoplifting prevention, anger management, and parenting education. |
| ARC of York County | Website: www.thearcofyorkcounty.org 497 Hill St. York, PA 17403 717-846-6589 | Dedicated to improving the lives of people with intellectual disabilities. |
| Bell Socialization Services | Website: www.bellsocialization.com 160 South George St. York, PA 17401-1408 717 848-5767 Fax: 717-854-2433 | <u>New Beginnings:</u> Assist the mental health clients and opportunity to build academic, social, recreation/leisure and daily living skills. Groups include money management, health and hygiene, crafts, exercise and physical activity. |
| | | <u>Liberty Bell Drop-In Center:</u> Provides an atmosphere for mental health consumers to socialize and enjoy recreation and leisure time with friends. No daytime activities are planned; however, table games, pool, ping-pong and movies are available. |
| | | <u>Recreation Program:</u> Allows mental health consumers to get out of their house for some recreation. Offers activities three nights per week and on weekends. |
| | | <u>Sendero:</u> Specifically for Latino mental health consumers whose primary language is Spanish. Skill building and recreational activities in Spanish but encourage the consumers to learn and utilize English in groups. Educational groups include money management, cooking, art, movie club and community awareness. |
| | | <u>York Day Program/York Evenings/Dallastown Evening:</u> Structured activities are planned and offered five days and two evenings every week for consumers living with intellectual disabilities. These programs offer opportunities for participants to develop relationship skills while participating in group and community activities. |
| | | <u>Options:</u> A social club for consumers living with intellectual disabilities. Members meet monthly to plan their own social calendar of events with minimal assistance from staff. Participating in a variety of activities, they begin to make educated choices regarding social activities. |
| | | <u>Supported Recreation:</u> Working directly with residents of Margaret E. Moul Home, York, Bell provides one-on-one support in various community activities for persons with mental retardation and physical disabilities, two to three days each week. |
| | | <u>Support-Empower-Living Fundamentals (SELF):</u> Consumers with intellectual |

COUNSELING & MENTAL HEALTH SERVICES

| Organization | Contact Information | Services/Eligibility |
|--|---|--|
| Bell Socialization Services | | <p>disabilities either living on their own or with their family. Staff provides one-on-one service to meet the individual needs of each person. Goals may include learning basic hygiene, developing and improving writing skills, creating grocery lists, planning nutritious meals, and outings to discover their community.</p> <p><u>Bell At The Village:</u> Offers a structured Day Program of diverse individualized activities designed to enhance the quality of socialization and daily living skills of intellectually disabled individuals from various living situations. Individuals are provided with the opportunity to experience community events through trips, movies and shopping on a regular basis.</p> <p><u>Adult Developmental Training:</u> Offers a structured day training program including needs-based activities recreation in a licensed environment for consumers with intellectual disabilities</p> <p><u>Peer Support Services:</u> Certified Peer Specialists (CPS-people who have lived with mental illness in their own lives) serve as role models and advocates for other mental health consumers. CPS listen to an individual’s current concerns and hopes for the future, help develop recovery goals and plans, offer support by ensuring they have the necessary skills to connect to natural supports and other social and vocational rehabilitation programs.</p> |
| Catholic Charities | 253 E. Market St. York, PA 717-845-8686 | <u>Counseling:</u> Individual, marital & relationship counseling. Wraparound services for children & adolescents who have existing mental health diagnosis. Covered by Medical Assistance. |
| Center for Autism and Neurodevelopmental Disorders (CANDO) | Web Site: www.typical-life.org/mental-health 707 Loucks Road York, PA 17404 717-819-4762 Fax: 717-819-4677 | <u>CANDO:</u> Specialized mental health services for adults and children in South-Central PA providing diagnostic and therapeutic treatment. Services include: individual therapy, family/group therapy, psychiatric evaluation, psychiatric follow up and Applied Behavioral Analysis. . |
| Center for Childhood Enhancement | 33 Fredrick St. Hanover, PA 17331 717-632-4900 ext. 2119 | <u>Amazing Kids Club:</u> Specialized treatment program for children ages 2-18 or 21 yoa if still in school with autism focusing on play, socialization, communication & safety/self-help skills. Accepts Medical Assistance. |
| Center for Creative Arts & Play Therapy | Web Site: http://thecenteryork.com/Index.html 1508 E. Market St. York, PA 17404 717-741-0000 Fax: 717-659-5094 | <u>Therapy Services:</u> Expressive therapies for children, teenagers, adults & families. Individual, group or family therapy. Art, play, sand & music therapies |
| Child and Family Support Services, Inc. | Website: https://www.cfss-pa.com/Home_Page.php 18 S George St. Suite 703 York, PA 17401 717-900-4273 Fax: 717-900-8178 Hours: M-F, 8AM-4PM | <u>Mental Health Treatment:</u> Family and individual therapy and psychiatric assessment and medication management for children, adolescents and adults. |
| Children’s Aide Society | Web Site: www.cassd.org Lehman Center 400 West Market St. , York, PA 17401-3804 717- 845-5771 Hotline:800-635-6619 Fax: 717-852-7605 343 Lincoln Way West New Oxford, PA 17350 717-624-4461 | <u>Therapy:</u> Child-centered counseling, art therapy & family support programs. |

COUNSELING & MENTAL HEALTH SERVICES

| Organization | Contact Information | Services/Eligibility |
|---|---|--|
| Children's Home of York (CHOY) | Web Site: http://www.choyork.org/ Main Campus 77 Shoe House Rd York, PA 17406 717-755-1033 | All programs require a referring agency. Referrals are accepted from Children and Youth, the Community Care Behavioral Health Organization (CCBHO), MH/MR/D&A, PA Medical Assistance (MA), Juvenile Probation, and other insurance sources as appropriate |
| | 717-718-1890 ext. 1118 Hours: M-F, 8:15AM-2:15PM | <u>Bridges:</u> Psychiatric partial hospitalization unit providing stabilization and treatment for children and adolescents (males and females aged 11 to 19) who are experiencing severe psychiatric symptoms and emotional disturbance. Provides intensive, year round community-based treatment in conjunction with educational programming. Children must be in 6 th grade & poses the cognitive and behavioral ability to benefit from the intensive treatment and therapy |
| | 717-755-1033 ext. 1281 | <u>28-Day Diagnostic Evaluation Program:</u> Review, observation, and assessment process for children (over the age of five), adolescents, and adults. Program provides clinical recommendations for the most effective plan of care, appropriate level of treatment, and appropriate living arrangements. |
| | 717-755-1033 ext. 1307 | <u>Girls' Center Program:</u> Trauma-focused Residential Treatment Facility (RTF) specializing in the treatment of adolescent females between the ages of 13& 18, who have serious emotional issues. Treatment may include individual, group & family therapy and independent living skill training. |
| | 717-846-8226 | <u>Independent Living Program at George St. :</u> Community-based Independent Living (IL) Program for dependent & delinquent males, ages 15 to 18 yoa. Program assists the residents with the skills necessary to function as a positive, productive citizen. Each resident receives individualized independent living instruction which is designed to develop pro-social, anger management, and conflict resolution skills. |
| | 717-852-8169 | <u>Strive:</u> Community-based treatment for young men aged 14 to 18 who are struggling with addiction issues. Residential 14-bed program has an on-site classroom facility & includes the client's family in the treatment process. Services for the client and family include counseling, support, and education to achieve successful family reunification whenever possible. Residents participate in AA/NA meetings and work with staff to create an after-care plan to incorporate on-going community support. |
| | 717-846-1135 | <u>Tindall House:</u> Community-based Residential Treatment Facility (RTF) specializing in the trauma-informed treatment and care of boys ages 8-14 yoa who have severe emotional and behavioral issues. Residents receive therapy and learn more effective coping skills through a variety of therapeutic exercises including expressive arts, and play therapy. |
| Cornerstone Counseling & Education Services | 11 York St. Suite 201 Hanover, PA 17331 717-632-6555 Hours: M-Th, 8AM-7PM; F, 8:30AM-4:30PM | <u>Counseling:</u> Drug & Alcohol |
| Counseling Association of York. | 800 S. Albemarle St. York, PA 717-848-8313 | <u>Christian Counseling:</u> Drug & alcohol, individual, group & family counseling. Sliding fee available |
| Crisis Intervention | York/Adams County: Hotline for all crisis locations: 800- 673-2496 or 717-851-5320 | Emergency mental health crisis services by telephone, walk-in and mobile services. |
| | On-Site: York Hospital Emergency Department 1001 S. George St. York, PA 17403 Hours: 24 hours/7 days | |
| | York Hospital Community | |

| COUNSELING & MENTAL HEALTH SERVICES | | |
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| Organization | Contact Information | Services/Eligibility |
| Crisis Intervention | Based Site 1101 Edgar Square Suite C York, PA 17403 717-851-1500 Hours: M-Th, 8AM-8PM F, 8AM-6PM | |
| | Gettysburg Hospital Emergency Department 147 Gettys St. Gettysburg, PA Hours: 24 hours/7 days | |
| | On-Site & Mobile: TrueNorth Wellness Services 33 Fredrick St. Hanover, PA 17331 717-637-7633 717-334-0468 866-325-0339 717-632-4900 Hours: 24 hours/7 days | |
| | Dauphin County : 100 Chestnut St., Harrisburg, PA. 717-232-7511 888-596-4447 Fax 717-255-2960 | |
| Cross Roads Counseling & Educational Services | Central Intake 800-315-0951 | Counseling and evaluations for mental health, drug & alcohol. |
| Dauphin County Mental Health & Mental Retardation | 100 Chestnut St. Harrisburg, PA 17101 717-780-7050 | <u>Case management</u> : Children & adults with mental health issues. Must have a diagnosis from medical doctor, psychologist or psychiatrist. |
| Diakon Family Life Services | Web Site: http://www.diakon.org/ 960 Century Drive Mechanicsburg, PA 17055 717-795-0330 Fax 717-795-0407 | <u>Counseling</u> : Therapy to address but not limited to relationship issues, parenting, addictions, loss & grief, anger & stress. DUI assessments. Psychiatric services |
| | 717-795-0300 | |
| East Side Health Center | 850 E. Princess St. York, PA 717-801-0971 | <u>Community Health Center</u> : Primary care and behavioral health services to all who come, including those who are uninsured and underinsured. The health center's staff is committed to providing quality, compassionate health care to people of all ages, treating illness and promoting long-term health regardless of ability to pay. |
| Equiteam Support Services | 1200 Pleasant Ave Dallastown, PA 717-309-2873 | <u>Equine Assisted Psychotherapy (EAP)</u> : Horses are used as a tool for emotional growth and learning. EAP is a collaborative effort between a mental health therapist and a horse professional working with the clients and horses to address treatment goals. EAP is experiential in nature. This means that participants learn about themselves and others by participating in activities with the horses, and then processing (or discussing) feelings, behaviors, and patterns. The therapy is used to address such issues as anxiety, Asperger's Disorder, ADHD, behavioral issues, communication problems, depression, grief, poor social skills, etc. 50 minute session is \$120.00. Some scholarship funding. |
| Family Behavioral Health Program | 160 Roosevelt Ave. Suite 300 York, PA | <u>Mental Health Services</u> : Adults, adolescents, children and families. Psychiatric & psychological evaluations. Accepts Medical Assistance. |

COUNSELING & MENTAL HEALTH SERVICES

| Organization | Contact Information | Services/Eligibility |
|---|--|---|
| Family Beh. Health | 717-846-3909 | |
| Family-Child Resources (F-CR)/Holcomb Behavioral Health Systems | Web Site: http://f-cr.com/ 3995 East Market St. York, PA 17402 717-757-1227 Fax: 717-757-1353 Hours: Mon-Thurs 8:30 AM-8:30 PM Fri 8:30 AM-4:30 PM | <u>Counseling</u> : Individual, couples & family counseling by licensed professionals. Experienced in child, parenting & family issues. Private pay, most insurances accepted. Do not accept Medical Assistance. |
| | | <u>Drug and Alcohol Services</u> |
| | | <u>Employee Assistance Programs (EAP)</u> |
| | | <u>The Heart of FCR</u> : Assist families participating in our services with emergency and/or temporary assistance. <u>Social Skills Anger Reduction Group (SSARG)</u> : Group program designed to learn and develop anger reduction skills as well as to emphasize and enhance social skill development. Referred are accepted from government agencies, therapists, physicians, teachers, caregivers. Self referrals are also accepted. Participants are required to attend 8 out of 10 sessions to receive a certificate of completion. |
| Highmark Caring Place | Web Site: http://www.highmarkcaringplace.com/cp2/index.shtml 3 Walnut St. Suite 200 Lemoyne, PA 17043 717-302-8404 866-613-4673 Fax: 717-302-8420 | <u>Grief Supportive Services</u> : To make a difference and provide support to children & families that has experienced the death of a loved one. Peer support to children and families who are grieving the death of a loved one. Assist children (and adults) to understand they're not alone in their grief. A safe place & people for children & families to share their grief, their feelings and their memories. Services provided at no cost to the family and no referral needed |
| Holy Spirit Behavioral Health Children's Center | 3 Flowers Drive Mechanicsburg, PA 17050 717-612-1830 Fax: 717-612-1850 | <u>Mental Health Services</u> : Counseling and psychological & psychiatric evaluations for children. |
| | Cross Roads Middle School 535 Fishing Creek Rd. Lewisberry, PA 17339 717-763-3033 | <u>Mental Health Outpatient Counseling</u> : Counseling provide on school site for children. |
| | Red Land High School 560 Fishing Creek Rd. Lewisberry, PA 17339 717-763-3033 | |
| | 717-763-2345 800-722-5385 | <u>Teenline</u> : 24-Hour Helpline for adolescents |
| Holy Spirit Hospital Behavioral Health | Web Site: http://www.hsh.org/practice/behavioral-health-services-0 503 North 21 st St. Camp Hill, PA 17011 717-763-2219 717-763-2228 717-763-2222 | <u>Mental Health Services</u> : Counseling and psychological & psychiatric evaluations for adults. |
| | | <u>Crisis/Mobile Crisis Intervention Services</u> : |
| Laurel Life | Website: www.LaurelLife.com Adams County 235 Table Rock Road Gettysburg, PA 17325-8552 717-398-2025 Fax: 717-398-2728 Hours: Mon-Fri 8:00 AM-5:00 PM, evening hours as available | Individual and family therapy services, specializing in trauma informed care. Psychiatric services available for children and adolescents. Medicaid, Community Care MCO, Medicare and most commercial insurances accepted. |
| | Cumberland County 5006 East Trindle Road Suite 101 | Individual and family therapy services, specializing in trauma informed care. Psychiatric services available for children and adolescents. Medicaid, Performcare MCO, Medicare and most commercial insurances accepted. |

COUNSELING & MENTAL HEALTH SERVICES

| Organization | Contact Information | Services/Eligibility |
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| Laurel Life | Mechanicsburg, PA 17050 717-243-1326 Fax: 717-243-0174 Hours: Mon-Fri 8:00 AM-5:00 PM, evening hours as available | Behavioral Health Rehabilitation Services (TSS, BSC, MT) provided through Medicaid/Performcare MCO for children adolescents, ages 3-21, identified as needing intensive therapeutic support within the natural environment. ABA specialized services provided when required. In-home respite services available, contracted through Youth Advocate Programs for Performcare members. |
| | Franklin County 426 Phoenix Drive Chambersburg, PA 17201 717-261-9833 Fax: 717-261-9832 Hours: Mon-Fri 8:00 AM-5:00 PM, evening hours as available | Individual and family therapy services, specializing in trauma informed care. Psychiatric services available for children and adolescents. Medicaid, Performcare MCO, Medicare and most commercial insurances accepted. |
| | Franklin County 7564 Brown’s Mill Road Chambersburg, PA 17202 717-375-4834 Fax: 717-375-4067 Hours: Mon-Fri 8:00 AM-5:00 PM, evening hours as available | Behavioral Health Rehabilitation Services (TSS, BSC, MT) provided through Medicaid/Performcare MCO for children adolescents, ages 3-21, identified as needing intensive therapeutic support within the natural environment. ABA specialized services provided when required. Family Based Mental Health Services provided through Performcare MCO for children and families requiring brief crisis stabilization, intensive treatment, education and skill building. |
| | Perry County 217 South Carlisle Street PO Box 718 New Bloomfield, PA 17068 717-582-9922 Fax: 717-582-9924 Hours: Mon-Fri 8:00 AM-5:00 PM, evening hours as available | Individual and family therapy services, specializing in trauma informed care. Psychiatric services available for children and adolescents. Medicaid, Performcare MCO, Medicare and most commercial insurances accepted. Behavioral Health Rehabilitation Services (TSS, BSC, MT) provided through Medicaid/Performcare MCO for children adolescents, ages 3-21, identified as needing intensive therapeutic support within the natural environment. ABA specialized services provided when required. In-home respite services available, contracted through Youth Advocate Programs for Performcare members. |
| | York County 2020 South Queen Street York, PA 17403 717-845-7652 Fax: 717-718-4229 Hours: Mon-Fri 8:00 AM-5:00 PM, evening hours as available | Individual and family therapy services, specializing in trauma informed care. Medicaid, Community Care, Medicare and most commercial insurances accepted. Family Based Mental Health Services provided through Community Care MCO for children and families requiring brief crisis stabilization, intensive treatment, education and skill building. Brief Treatment is available as a short-term, quick-start solution of intensive individual and family therapy for children and adolescents through Community Care MCO. |
| | Leg Up Farm | Web Site: http://www.legupfarm.org/ 4880 N. Sherman St. Mt. Wolf, PA 17347 717-266-9294 |

COUNSELING & MENTAL HEALTH SERVICES

| Organization | Contact Information | Services/Eligibility |
|--|---|---|
| Leg Up Farm | | Occupational therapy will also assess a client’s needs for adaptive technology to fully integrate into their community setting. |
| | | <u>Speech-Language Therapy:</u> Speech-language pathologists focus not only production of speech and language, but more importantly, pre-linguistic skills such as affect gesturing, reciprocity and engagement, and communication that serve as the foundation for human interaction. The speech and language center is designed to provide our clients with endless opportunities for communication, language, and speech production through play. Therapists can also address myofunctional and swallow difficulties, phonological/articulation deficits, auditory processing deficits and assistive technology needs for communication. |
| | | <u>Equine Assisted Activities:</u> A variety of equine assisted activities to meet the range of needs of all our clients. Hippo therapy and Equine Assisted Therapy consist of individual treatment with a therapist as part of their specific treatment plan. Therapeutic Riding classes will be offered in a group setting to allow our clients to advance their horsemanship skills as the child strives to achieve the goals of their therapeutic program. |
| | | <u>Therapeutic Recreation:</u> An adaptive sports, leisure, and recreation programs under the direction of a certified TR specialist who can address the needs of the clients having difficulties accessing and participating in these types of activities. |
| | | <u>Creative Arts Therapy:</u> Arts such as dance, music, art, and drama explore forms of expression to enhance the child’s well-being and achieve a better sense of self. Each of these programs will integrate the child’s individual therapeutic goals through fun, sensory-rich activities to allow each child to explore their creative side! |
| | | <u>PAWS:</u> Educational opportunity to clients, their families, and members of the community. A program is specifically designed to enable children with reading difficulties to become confident and proficient readers through companionship of therapeutic animals. |
| | | <u>Summer camps:</u> An opportunity for special needs children to attend a safe, fun, and challenging summer camp with their peers with highly trained staff to oversee the program. |
| Meadows | Meadows of York 2451 Kingston Court York, PA 17402 717-757-4229 Fax: 717-757-6511 | <u>Partial Hospitalization Program for Children & Adolescents:</u> |
| | Meadows Psychiatric Center 132 Meadow Dr. Centre Hall, PA 16828 800-641-7529 | <u>Psychiatric Hospital:</u> |
| Mental Health America of York & Adams Counties | Web Site: http://mhay.org/ 36 S. Queen St. York, PA 17403 717-843-6973 Fax 717-843-0185 304 York St. Suite F Gettysburg, PA 17325 717-843-6973 Fax 717-843-0185 | <u>Advocacy:</u> Dedicated to promoting mental health, preventing mental and substance use conditions and achieving victory over mental illnesses and addictions through advocacy, education, research and service. |

COUNSELING & MENTAL HEALTH SERVICES

| Organization | Contact Information | Services/Eligibility |
|--|---|--|
| National Alliance on Mental Illness (NAMI) | Web Site: http://www.namiyork.org/AboutUs%5CAboutNAMI.html or Web Site: http://nami-pa.org/ State: 2149 N. 2 nd St. Harrisburg, PA 17110 717-238-1514 800-223-0500 Fax 717-238-4390 | <u>Advocacy</u> : Sharing of information, education and advocacy for people with mental illness, their families, friends, mental health professionals, and the general public. |
| | NAMI York County Office 140 Roosevelt Ave. Suite 200 York, PA 17401 717-848-3784 Fax 717-848-3785 Hours: M-F, 8AM-PM | <u>Family to Family</u> : 12 week course for family members & caregivers taught by other family members to educate about mental illness, teach coping skills and offer support. <u>In Our Own Voice</u> : Interactive presentation by persons in recovery who tells their stories & facilitate discussion about mental illness & recovery. <u>Peer-to-Peer</u> : 9 week course for persons with mental illness, taught by peers in recovery to educate about mental illness & teach skills to enhance recovery. |
| | Adams Hanover Counseling Services 33 Fredrick St Hanover, PA 17331 717-632-4900 | <u>Provider Education</u> : 10 week course for mental health service providers taught by a team of consumers & family members affected by mental illness. |
| | Northwest (NHS) Human Services 651 Albright Ave York, PA 717-843-0064 | <u>NAMI Connection</u> : Weekly support group for individuals in recovery. <ul style="list-style-type: none"> • Hanover meetings-Adams Hanover Counseling on Fridays at 12-1:30 PM • York meetings-NHS on Wednesdays at 6:30-8 PM • NAMI on Thursdays at 10-11:30 AM <u>Support Groups</u> : Weekly support groups for caregivers or family members of persons with mental illness <ul style="list-style-type: none"> • York meetings-1st Tuesday of each month, 7:30-9:30 PM at Luther Memorial Evangelical Lutheran Church, 1907 Hollywood Drive, York, PA • Hanover meetings-1st Wednesday of each month, 7:00-9:00 PM at St. Mark's Church, 123 N. Charles St., Hanover, PA • New Freedom meetings-3rd Monday of each month, 7:30-9:00 PM at St. John's Evangelical Lutheran Church, 175 E. Main St., New Freedom, PA |
| Northwest Human Services (NHS) | Web Site: http://www.nhsonline.org/ 651 Albright Ave York, PA 717-846-4655 | <u>Counseling services</u> : Autism services. Individual, behavioral specialists. Drug & alcohol counseling. Must have a mental health diagnosis to receive services. Covered by Medical Assistance. |
| | 717-846-4490 Fax: 717-843-4625 | <u>Crisis Diversionary Residence</u> : Short term, non-hospital based program for adults in crisis situations & experiencing acute psychiatric symptoms. Staffed 24/7. Referral & medical clearance required |
| Nuestra Clinica Behavioral Health Services | Website: http://www.sacapa.org/ 545 Pershing Ave. , Lancaster, PA, 17602 717-397-6267 Fax: 717-295-7762 Hours: M-F, 8:30AM-5PM | Mix of outpatient mental health and substance abuse services for Spanish speaking individuals. Medicaid, Medicare, military and other insurances. Payment assistance and sliding fee scale available. |
| Olivia's House | Web Site: http://www.oliviashouse.org/ 830 S. George St. York, PA 17403 717- 699-1133 | <u>Counseling services</u> : Children experiencing grief & loss. Services are free. |

COUNSELING & MENTAL HEALTH SERVICES

| Organization | Contact Information | Services/Eligibility |
|---|--|---|
| Partnering with Equine To Assist in the Counseling Experience (PEACE) | Web Site: www.peacellc.org 160 Bahns Mill Rd. Red Lion, PA 17356 717-873-1836 | <u>Equine Assisted Psychotherapy (EAP)</u> : Individual, family & group therapy through the use of horses. Specializing in grief, loss, depression, anxiety, anger management & communication problems. No riding involved, no horse experience necessary. 60 minute sessions. Self-pay \$125.00 per session; sliding scale available to those that qualify |
| PA Counseling | Web Site: http://www.pacounseling.com/ 128 N. George St. York, PA 717-848-6116 26 Mt. Zion Rd. York, PA 717-840-0984 33 Muddy Creek Rd. Broque, PA 17309 717-848-6116 | <u>Mental Health Treatment</u> : No age limits. Individual, group, marriage & family therapy. Psychological and psychiatric evaluations & medication management. Specialized treatments in eating disorders, co-dependency, trauma and abuse issues, addictions, anger management, cutting and self-injurious behavior, etc. Bi-lingual (Spanish) therapy. Accepts Medical Assistance. • Counseling for students provided on designated York City school sites: William Penn High School, Alternative Education School, Hannah Penn Middle School, Edgar Fahs Smith Middle School, Jackson Elementary, Goode Elementary, Davis Elementary, Ferguson Elementary, McKinley Elementary & Devers Elementary |
| Penn State Hershey Children's Hospital | Web Site: http://www.pennstatehershey.org/web/hummingbird/familyresources/bereavementcamps Department of Pediatrics, H085 500 University Drive, P.O. Box 850 Hershey, PA 17003-0850 717-531-3558 Fax: 717-531-0668 | <u>Hummingbird Program</u> : List of beaverment camps and contact information offering fun and support for children and teens who have experienced the death of a loved one. |
| Pinnacle Health Hospice-Camp Dragonfly | 301 One Norwegian Plaza Pottsville, PA 17901 800-222-5236 570-628-2290 Call for camp weekend. 2645 North 3 rd St. Suite 300 Harrisburg, PA 17110 800-889-1098 717-782-2300 Call for camp weekends. | <u>Camp Swatara</u> : Unique weekend camp offered free to children (6-12 yoa) who are experiencing or coping with the death of a loved one. Located in western Berks County. Usually held in early June. An adult buddy is paired with the child for the weekend to provide companionship, support & supervision. Professional counselors conduct informal sessions on grief, loss & recovery. Registered nurse is on site & available 24 hours a day. <u>Camp Hebron</u> : Unique weekend camp offered free to children (6-12 & 13-15 yoa) who are experiencing or coping with the death of a loved one. Located 30 minutes north of Harrisburg in Halifax. Usually held in June. An adult buddy is paired with the child for the weekend to provide companionship, support & supervision. Professional counselors conduct informal sessions on grief, loss & recovery. Registered nurse is on site & available 24 hours a day. |
| Pressley Ridge | 141 E. Market St. York, PA 17401 717-845-6624 Fax: 717-845-6626 | <u>Mental Health Services</u> : Individual, couple and family therapy, art & play therapy. Psychiatric evaluations as recommended by therapist-Wed & Thurs. Medical Assistance and other insurance plans accepted. • Counseling for students provided on designated school sites: Northeastern High School, Northeastern Middle School, Shallow Brook Intermediate, Lincoln Elementary, York Haven Elementary, Conewago Elementary, Mount Wolf Elementary & New Hope Academy Charter School |
| Pyramid Health Care | Web Site: http://www.pyramidhealthcare.pa.com/ 104 Davies Drive York, PA 17402 717-840-2300 Fax: 717-840-2303 | <u>York Adolescent Outpatient Services</u> : Intensive outpatient program for adults & adolescents (ages 13-18 yoa or still in a formalized educational setting). Services offered are comprehensive assessments, individual & group therapy, drug & alcohol education, family counseling, on-going assessments and Methadone Clinic. Accepts payment from York County Office of Drug & Alcohol, YCOCYF, and Medical Assistance or self-pay. |
| Safe Harbor Christian Counseling | Web Site: www.safeharbor1.com 222 N. Main St. Shrewsbury, PA 17361 717-235-3410 | <u>Christian Based Counseling</u> : Outpatient mental health services for children, adolescents, adults, individuals, couple & families. Most major health insurances accepted, including Medical Assistance. |

COUNSELING & MENTAL HEALTH SERVICES

| Organization | Contact Information | Services/Eligibility |
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| Service Access Management (SAM) | Web Site: http://www.sam-inc.org/ 1305 East Market St. , York PA 717-848-8744 Fax: 848-8799 Hours: M-F, 8AM-4:30PM | <u>Case management services:</u> Adults & children with mental health issues. Must have a diagnosis from a medical doctor, licensed psychologist or a psychiatrist. |
| | | <u>Joint Planning Team:</u> A joint planning and coordination of services by parents, service providers and other involved persons to assure that the child (birth to 21 yoa) is receiving appropriate services that are individualized and family focused. Diagnosis of a serious emotional disturbance/mental health and substance abuse. |
| | | <u>Peer Support:</u> A mentoring relationship to provide support to adult client. Must have a diagnosis from a medical doctor, licensed psychologist or a psychiatrist. |
| | | <u>Transitional Age Youth Peer Support:</u> Service for young people transitioning to adulthood between the ages of 14-26 who have Medical Assistance and have been involved with the mental health system. Youths who could benefit from the program are: youths who have had multiple placements, teen parents, youth who need independent living skills, youth who need a positive role model. Services must be recommended by a licensed psychiatrist, psychologist or a certified registered nurse practitioner. |
| SpiriTrust Lutheran Services | Website: www.SpiriTrustLutheran.org Adams County 717-334-6204 ext. 20308 | <u>Stephen Ministry:</u> Lay volunteers provide on-going Christian care to people who are experiencing a wide range of needs or crises. Volunteers do not take the place of one's pastor but instead expand the pastor's ministry. |
| | Franklin & Fulton County 717-264-5400 | |
| | York County 750 Kelly Dr. York, PA 17404 717-854-4313 | |
| Suquehanna Valley Community Mental Health | 18 S. George St. Suite 704 York PA 17401 717-739-6576 Fax: 717-848-6219 | <u>Therapy:</u> Provide trauma and grief counseling for families, individuals and/or groups. Specialties in trauma and addictions. Bilingual therapists available. Accepts MA and other insurances. Sliding scale fees for those with no insurance coverage. Walk-ins welcome on Wednesdays between 10AM-2PM for therapy. |
| | 546 Broadway Hanover PA 17331 | <u>Evaluations:</u> Forensic, psychological evaluations and psychoeducational evaluations |
| Triad Treatment Specialists, Inc. | York 717- 718-8158 Fax: 717- 751-1755 | <u>Therapy:</u> Individual, couples or family therapy |
| | Harrisburg 717- 901-7380 Fax: 717- 901-7383 | <u>Mental Health Evaluation:</u> Mental health evaluation will provide an account of background information and history and will include diagnostic impressions and recommendations. Does not take the place of a psychiatric evaluation by a medical doctor. |
| | | <u>Alternatives to Violence Treatment Program:</u> 16-week program is designed to assist individuals with domestic violence issues to address attitudes, emotional responses, interpersonal conflicts, cycle of violence, family conflicts and the development of a plan of prevention to help ensure family and community safety. |
| | | <u>Non-offending Parent Groups:</u> Focuses on coping with emotional, psychological and physical effects of sexual abuse, identification of safety and prevention methods, meeting the needs of the victim, understanding the cycle of sexual abuse, confrontation of co-dependence, development of healthy relationships and identification of the process of reunification. |
| TrueNorth Wellness Services | Web Site: http://truenorthwellness.org/ Emergency: 866-325-0339 44 S. Franklin St. Gettysburg, PA 17325 717- 334-9111 Fax: 717-334-9114 | <u>Crisis:</u> Brief emergency counseling and assessment. Intervention, information, referral, and problem solving. Arrangement for psychiatric hospitalization or chemical detoxification as needed. Consultation and community education. Outreach to schools, hospitals, prisons, police departments, etc. |
| | | <u>Counseling:</u> Family, individual, children/youth, individual, drug & alcohol, and trauma based therapy. |
| | 5351C Jaycee Ave. Suite 1 | <u>Amazing Kids Club:</u> Services for children with Autism focusing on maintaining attention and concentration, rigid behaviors/inflexibility, |

COUNSELING & MENTAL HEALTH SERVICES

| Organization | Contact Information | Services/Eligibility |
|---|---|---|
| TrueNorth Wellness Services | Harrisburg, PA 17112 717- 657-2080 <hr/> 625 W. Elm Ave Hanover, PA 17331 717-632-4900 Fax: 717-637-2611 <hr/> 73 E. Forrest Ave. Suite 312, Box 12 Shrewsbury, PA 17361 717-235-0199 <hr/> 1195 Roosevelt Ave. York, PA 17404 717-843-0800 | planning and prioritizing, applying past experience to future decisions, creative problem solving, trying to postpone immediate needs, predicting others' behaviors, lack of empathy, transitions, following multi-step directions, generalizing skills and knowledge, appropriate conflict resolution, pragmatic language, explaining their own behavior, making and keeping friends, and other perception problems. |
| Turning Point: Women's Counseling & Advocacy Center | Web Site: http://turningpointyork.com/ 2100 E. Market St York, PA 17402 717-755-8876 Fax: 717-755-0555 | <u>Counseling:</u> Counseling and advocacy for women survivors of child sexual abuse to include individual & group therapy, art therapy, sand tray therapy, support and advocacy for survivors's legal rights. |
| T.W. Ponessa & Associates | Web Site: http://www.twponessa.com/ 2845 Eastern Blvd. York, PA 17402 717- 840-6444 Fax: 717- 757-2555 or 2451 N. Third St. Harrisburg, PA 17110 717- 233-4027 Fax: 717- 233-4047 | <p>Drug & Alcohol Services: Services focus on early middle, and late recovery issues , co-occurring issues, abstinence issues , relapse prevention, family co-addiction, codependency and adult children of alcoholics/addicts.</p> <p>Behavioral Health Rehabilitation Services (BHRS): Medically prescribed, in-home, intensive, and individualized mental health services prescribed by a psychiatrist, a psychologist or a medical doctor. Services are time-limited, goal directed interventions focused on children and adolescents who have been diagnosed with a serious emotional disturbance. Treatment teams work both one-on-one with the child as well as with their families, to assist them in developing the skills to manage problematic behaviors more effectively. The goal is to assist the child in becoming more functional in the child's natural settings. Focus is on conflict resolution techniques, positive social skills, emotion management, develop & implement behavior modification plan, providing structure and setting limits, time management/organization strategies, enhancing family relationships and support, expanding resources & supports, and transferring skills to caregivers.</p> <p>Mental Health Outpatient Services: Serves children & adults. Intake assessments, psychiatric evaluation and medication management, individual, family and couples counseling, play therapy and counseling for sexual abuse survivors. Funding sources varies according to services provided. Possible sources are: County Drug and Alcohol Commission, Medical Assistance (Any child with a mental health diagnosis may be eligible for MA. Contact your local Welfare office to inquire about your child's eligibility), Community Behavioral Healthcare Network of PA (CBHNP), Community Care Behavioral Health (CCBH), Dauphin County Mental Health/Mental Retardation, Lebanon County Mental Health/Mental Retardation, York County Mental Health/Mental Retardation, Private insurance & client self-pay</p> |
| Wellspan Behavioral Health Services | Hannah Penn Middle School Family First Health Clinic 415 E. Boundary St. York, PA 17403 717-854-6647 <hr/> Meadowlands 3550 Concord Rd. York, PA 17402 717-851-6340 <hr/> York Guidance Center 1575 Bannister St. Suite 4 | <p><u>Outpatient Counseling:</u> Serving clients of all ages. Therapy to address but not limited to trauma, addictions, at-risk youths & families, ADHD, anxiety, mood disorders, teen pregnancy & couple counseling. Please have client demographic & insurance information when calling. Medical Assistance accepted</p> <p><u>Counseling:</u> Child and adolescents. Counseling, psychiatry and psychological evaluations.</p> <p><u>Mental Health Treatment:</u> Play & art therapy. Psychological testing. Accepts Medical Assistance.</p> |

| COUNSELING & MENTAL HEALTH SERVICES | | |
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| Organization | Contact Information | Services/Eligibility |
| Wellspan Behavioral Health Services | York, PA 17403 717-845-6641 | |
| | Edgar Square 1101 S. Edgar Square York, PA 717-851-1500 | <u>Mental Health Treatment:</u> Serving adults. Medication monitoring, drug & alcohol evaluations. Outpatient counseling. Accepts Medical Assistance, private insurance & full payment. |
| | 195 Stock St. Hanover, PA 717-632-8926 | <u>Mental Health Treatment:</u> |
| | 1600 S. George St. York, PA 17403 717-848-3615 | <u>Mental Health Treatment:</u> Serves adults. Accepts Medical Assistance. |
| York/Adams County Mental Health-Intellectual & Developmental Disabilities Program (MH-IDD) | Web Site: http://yorkcountypa.gov/health-human-services/mental-health-mental-retardation-program.html 100 W. Market St. 3 rd Floor York, PA 17401 717-771-9618 Fax: 717-771-9826 Hours: M-F, 8AM-4:30PM | <u>Case management:</u> Children & adults with mental health issues. Must have a diagnosis from a medical doctor, psychologist or a psychiatrist. |
| | 11 Carlisle St. Hanover, PA 17331 717-771-9618 | <u>Liability Assessment:</u> Financial assistance for counseling and mental health services to those who qualify. Call for an appointment. <u>MH-IDD Transportation:</u> Clients of the York/Adams MH-IDD clients traveling to employment at Shadowfax or the Hart Center. Clients pay \$3.00 each way. |
| York/Adams Health Choices | 100 W. Market St. Suite B-01 York, PA 17401 717-771-9900 Fax: 717-771-9590 | <u>Behavioral & Physical Health Benefits:</u> Most individuals that qualify for Medical Assistance will be enrolled. To enroll or see if you qualify contact your local assistance office. |
| | | <u>Children:</u> Services include inpatient psychiatric hospital, psychiatric outpatient, partial hospitalization. outpatient drug & alcohol services, Family-Based Mental Health Services, targeted (Intensive Case Management and Resource Coordination), Behavioral Health Rehabilitation for Children and Adolescents (BHRS), residential treatment facility, Crisis Intervention Services, Multisystemic (MST), Multidimensional Treatment Foster Care (MTFC), IFS-Intensive Family Services |
| | | <u>Adults:</u> Inpatient Psychiatric (Hospitalization), Community Treatment Team, Crisis Diversionary Program, Partial Hospitalization, Psychiatric Rehabilitation, Outpatient Services, Targeted Case management, Peer Support, Crisis Intervention |
| York's Helping Hand to the Homeless | Web Site: http://www.yorkhelpinghands.org/ 412 W. King St. York, PA 17401 717-846-9275 Open 7 days a week and Holidays | <u>Behavior Health Drop-In-Center:</u> Serving the homeless, primarily York City but will assist anyone in York County. Provides referrals, confidential case management. Peer to peer support, counseling, & support groups. Quiet room, social activities & children's station. Laundry facilities, mail box center, computer training & mail box center. Access to a mobile medical van. |
| | | <u>Minority Health Coalition:</u> Health professional, consumers, and citizens who meet on a monthly basis with the goal to reduce health disparities in the York County. The coalition has subgroups that meet on the following topics: Mental health, heart health, & cancer. |
| York Hospital Crisis | 1001 S. George St. York, PA 717-851-5920 | <u>Emergency mental health assessment:</u> People experiencing a mental health emergency. 24-hour, 7 days a week crisis hotline. |

COUNSELING & MENTAL HEALTH SERVICES

| Organization | Contact Information | Services/Eligibility |
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| Young Women's Christian Assoc. (YWCA)-Victim's Assistance Center (VAC) | <p>Web Site: http://www.ywcayork.org/site/c.7oIIJOPrGgIUf/b.8384921/k.A670/Victim_Services.htm 320 E. Market St. York, PA 17403 717-845-2631 Fax: 717-846-9181 Domestic Violence 24-Hour Hotline: 717.846.5400 - York 717.637.2235 - Hanover 800.262.8444 - Toll Free Sexual Violence 24-Hour Hotline: 717.854.3131 800.422.3204 Hours: M - F: 5:30AM-9PM; Sat 8AM – 2PM</p> | <p><u>Counseling & Assistance:</u> Counseling for victims (adult & children) of sexual & physical violence, families who have lost a loved one through suicide or homicide. Crisis Intervention. 24 hour hotline. Advocacy Information & referrals.</p> |

EDUCATION & SELF-IMPROVEMENT

| Organization | Contact Information | Services/Eligibility |
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| Adult Learning Center | <p>St. John's Episcopal Church 140 N. Beaver St. York, PA 717-843-9489 Hours: M-F, 8:30 AM-4PM M-W, 6:30 PM-8:30 PM</p> | <p><u>Educational Services:</u> Adult Basic Education, G.E.D, English as a Second language.</p> |
| Atkins House | <p>307 East King St. York, PA 17403 717-848-5454</p> | <p><u>HIV/AIDS Education & Prevention:</u> Individual risk assessments. Risk reduction counseling.</p> |
| Children's Home of York (CHOY) | <p>Web Site: http://www.yorkcountystrengtheningfamilies.com/index.php 77 Shoe House Rd York, PA 17406 717-755-1033</p> | <p><u>Strengthening Families Program (SFP):</u> Program to enhance family functioning, improve communications, promote bonding and joint problem solving. Free to York & Adams County residents with a child between 10-14 yoa.</p> |
| Communities In Schools (CIS) | <p>Web Site: https://ciscp.org/programs/ 31 N. Pershing St 2nd Floor York, PA 17405</p> <p>Mail: P.O. Box 555, York, PA 17405 717-845-3571 ext. 4049</p> <p>Central Pennsylvania 2101 N. Front Street Building 1 Suite 100 Harrisburg, PA 17110 717-233-4330 Fax 717-233-4331 Email: info@cisofpa.org</p> | <p><u>Dropout Prevention:</u> Prevention program focused on empowering students to stay in school and achieve in life. Program collaborates with community partners to connect resources and services to at-risk students. Barriers to academic success could be needing tutoring, a mentor, a health check-up, additional food supplies, employment training, or other non-traditional assistance. Currently CIS is in the following York City Schools, K-8: William Penn High School (717-849-1218 ext. 1465), Hannah Penn (717-849-1256 ext. 1134), Jackson (717-849-1223 ext. 3516), Goode (717-849-1314), McKinley (717-849-1312 ext. 2546) and Davis (717-849-1416 ext. 2431). See web site for list of programs.</p> |

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| Community Progress Council, Inc. (CPC) | Web Site: http://www.yorkcpc.org/ School District of the City of York 200 N. Albemarle St. York, Pa 17404 717-849-1353 | <p>Pre-K Counts: Free (portion of the day that is funded through Pre-K Counts) for York City residents, 4 years old by 8/31 & not enrolled in Head Start. Applications may be obtained at the child's home elementary school. Return the completed application the elementary school. You will be contacted to set up a registration visit. Necessary items to have with you for the registration visit include: Child's birth certificate, proof of residency, up-to-date immunization records, current physical or appointment for physical, and family income information.</p> |
| Crispus Attucks | Web Site: http://crispusattucks.org/category/programs 605 S. Duke St. York, PA 17401 717-718-3620 Fax 717-843-3914 | <p>Early Learning Center: Children, ages 3 months – 12 years. Rooftop playground, dedicated art and music rooms, multi-purpose room, and two infant, two toddler, four preschool, and three after school classrooms. Pre-K Counts classroom from 8:30 AM-11:30 AM. Developmental assessments completed three times per year. Accepts Child Care Consultants, TANF, and/or private pay.</p> <p>Striving To Achieve Remarkable Success (STAR): After-school and summer educational, recreational, and social responsibility opportunities for youth 5 to 18 years old. Weekly Life Skills classes. 25 hours of community service per year. Maintain honor roll or participate in tutoring. Optional after-school & summer activities.</p> <p>Transitional Center Program: 12 week minimum reentry & rehabilitation program for non-violent offenders leaving state correctional facilities. Have 30 days to set-up a restitution payment plan, complete drug and alcohol evaluations, and secure employment.</p> <p>Building Youth through Education: Designed to give youth the opportunity to earn their high school diploma. Mental Toughness training. Academic classes. Seniors participate in construction training every other week.</p> |
| Disability Rights Network (DRN) of PA | Web Site: http://www.drnpa.org/ Harrisburg Office 1414 N. Cameron St., 2nd Floor Harrisburg, PA 17103 1-800-692-7443 [Voice] TDD: 877-375-7139, 717-236-8110 TDD 717- 346-0293 Fax: 717- 236-0192 | <p>Advocacy: Advocacy for adults and children with disabilities to ensure their right to live in the community, receive necessary services, receive a full and inclusive education, to live free of discrimination, abuse and neglect, and to have control and self-determination. Provide advice about disability rights, access to services, abuse and neglect, and other issues. Matters that require further assistance will to be forwarded to an advocate or an agency attorney.</p> |
| Education Law Center-PA | Web Site: www.elc-pa.org 1315 Walnut St. 4 th Floor Philadelphia, PA 19107 215-238-6970 | <p>Traditional legal work, training and information-sharing; advocating for new laws and policies in Harrisburg and Washington; and working with organizations and media to assure that all children receive a quality education. Making sure that all children have access to school and school programs. Providing families (and those who work with them) reliable, understandable information about education laws and policies. Improving schools. . Legal advice to a limited number of callers. Leave a message, an Intake Coordinator will respond in 2-4 days.</p> |
| Early Head Start (EHS)/ Head Start (HS) of York County | Web Site: http://www.headstartofyorkcounty.org/ 226 E. College Ave. York, PA 17403 717-846-4600 EHS Fax: 717-668-8521 HS Fax: 717-848-3054 | <p>Early Development Services: Ages birth-3 yoa</p> <p>Head Start: Early educational & developmental opportunities for children ages 3-5 yoa.</p> <ul style="list-style-type: none"> • Locations: York City, Hanover, East Prospect, Fawn Grove, Glen Rock, Jefferson Borough, Mt. Wolf, Red Lion & Wellsville. |
| Family-Child Resources (F-CR)//Holcomb Behavioral Health Systems | Web Site: www.f-cr.com 3995 E. Market St. York, PA 17402 717-757-1227 Fax: 717-757-1353 | <p>Parent/Co-Parenting Education: Various different classes (Love & Logic, Parenting Solutions, Parenting Infants) available based on age of child. Classes are free to York County residents.</p> <p>Grandparents Raising Grandkids: Specialized caregiver classes for grandparents or older caregivers who find themselves raising children again.</p> |

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| <p>Family-Child Resources (F-CR)/Holcomb Behavioral Health Systems</p> | <p>Hours: M-Th, 8:30AM-8:30PM; F, 8:30AM-4:30PM Call for more information regarding the different programs, requirements & locations.</p> | <p><u>Kids First</u>: Workshop for separated or divorced parents. Meets court ordered requirements. Court order is not necessary to participate. Workshop is \$80.00 to public at large.</p> <p><u>In-Home Parenting of Infants</u>: Home visits by a parenting specialist to 1st time parents of children infant-12 months of age. Free to York County residents.</p> <p><u>Early Intervention</u>: Specialized therapy services (developmental therapy, physical therapy, occupational therapy, speech therapy, feeding services, behavior services & infant massage) for children who have or are at risk for developmental delays. Evaluation must be completed by York County Early Intervention. Free to residents of York & Adams County.</p> <p><u>Kids' Group</u>: Support group for children (ages 5-17 yoa) experiencing loss through death, divorce, moving, etc. Free to York County residents.</p> <p><u>Club/Camp Ophelia</u>: 10-week program for middle school girls regarding bullying issues. Free to residents of York & Adams County.</p> <p><u>Social Skills Anger Reduction Groups (SSARG)</u>: Youth must have a referral from YCOCYF, Juvenile Probation or Youth Aide Panel.</p> <p><u>Too Good for Drugs</u>: 10 session program to build life skills (goal setting, decision making, social skills, emotional management & effective communications) for children in grades 5th-12th. Free to resident of York or Adams County.</p> <p><u>Strengthening Families (SFP)</u>: Program to enhance family functioning, improve communications, promote bonding and joint problem solving. Free to York & Adams County residents with a child between 10-14 yoa.</p> <p><u>Aftercare Triage Program</u>: Program designed to facilitate successful return home after placement through Juvenile Probation.</p> <p><u>Heart of FCR</u>: Assist families participating in our services with emergency and/or temporary assistance. Free to clients of FCR.</p> <p><u>Social Skills Anger Reduction Group (SSARG)</u>: Group program designed to learn and develop anger reduction skills as well as to emphasize and enhance social skill development. Referred are accepted from government agencies, therapists, physicians, teachers, caregivers. Self referrals are also accepted. Participants are required to attend 8 out of 10 sessions to receive a certificate of completion.</p> |
| <p>Human Life Services</p> | <p>Web Site: http://www.humanlifeservices.org/ 742 S. George St. York, PA 17401 717-846-2384 Hours: M, W: 9AM-4PM T, F: 10AM-2PM Thur: 9AM-4PM; 6PM-8PM</p> | <p><u>Pregnancy & Parenting Services</u>: Counseling regarding pregnancy options. Pregnancy tests. Ultrasounds. Earn While You Learn (EWYL) Prenatal & Infant Care Classes: Receive baby care supplies when attending classes. Referrals for assistance. Post Abortion Recovery Support</p> |
| <p>Jewish Family Services of York</p> | <p>Web Site: www.ifsyork.org/ 2000 Hollywood Drive York, PA 17403 (717) 843-5011 Fax: 717- 846-3025</p> | <p><u>Parenting Place</u>: Provides coaching and support to parents & grandparents of all faiths.</p> <ul style="list-style-type: none"> • Enhance better communications between caregiver and child • Education on how to advocate for your child's educational needs |
| <p>Lancaster County Youth Intervention Center (YIC)</p> | <p>Web Site: http://www.lcyic.com/Community%20Intervention%20Services.htm Community Intervention Services 235 Circle Ave. Lancaster, PA 17602 717-299-7821</p> | <p><u>Operation Deterrence</u>: This experience is ideal for parents whose child has been displaying inappropriate behavior, but has not yet entered into the juvenile justice system through an arrest. This experience shows them where the results of poor decision-making could lead. Loss of freedom is the key message that will be delivered to the child. There is no exposure to the current residents at the Youth Intervention Center. This presentation can be given on an individual basis or for larger groups. A Power Point presentation can be given at your school that talks about loss of freedom, and the consequences of poor decision-making. The goal of the program is to prevent delinquency before it even starts, in an informative</p> |

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| (YIC) | Fax: 717-209-3314 | way. This experience is free for interested parents, schools, or organizations. |
| Lincoln Intermediate Unit No.12 (LIU 12) | <p>Web Site: http://www.iu12.org/pages/Lincoln_IU_12 65 Billerbeck St. New Oxford, PA 17350 717-624-6486 Fax: 717-624-6519</p> <p>York Learning Center 300 E. 7th Ave. York, PA 17404 717-718-5924 717-843-1128 Fax: 717-718-5943</p> | <p><u>Education Leading to Employment and Career training (ELECT)/ELECT Fatherhood Initiative (EFI):</u> Provide case management services to teen parents to help them access resource for the child and stay on track for graduation. Teen fathers are connected to adult role models. Programs helps young parents access child care, medical services, WIC, housing, TANF, employment and career training opportunities, continued education options, and independent living skill training, etc.</p> <p><u>Homeless Student Initiative Program:</u> As covered under the McKinney-Vento & Fostering Connection legislation the focus is on providing homeless students with access to and removing barriers to a free & appropriate public education. Each school district has a homeless liaison and that person should be a parent’s first contact prior to contacting the LIU. Should problems arise please feel free to contact the LIU.</p> <p><u>Homeless defined:</u></p> <ul style="list-style-type: none"> • Living with relatives or friend due to a lack of housing (doubling up). • Living in a homeless or domestic violence shelter • Living in transitional housing • Living in a public or private place not considered as regular sleeping accommodations i.e. hotels, vehicles, parks, etc.) • Runaway children (under 18 yoa) who have been forced out of home by the parents/caregivers. <p><u>Provisions of the Act:</u></p> <ul style="list-style-type: none"> • Immediate enrollment with or without records normally requested by the schools. • Homeless children have the right to attend either their previous schools or the school where they are currently staying. • In the case where the school district is different from the one where the student is temporarily residing the school districts will both be responsible for transportation. • Homeless students are entitled to receive a daily, free school lunch. |
| | 65 Billerbeck St. PO Box 70 New Oxford, PA 17350 717-624-4616 GED: 717-624-4612 Fax: 717-624-6519 | <p><u>GED Test Site:</u> 2nd diploma for persons over the age of 18 yoa who is not currently enrolled and has not graduated high school. Spanish versions and special needs versions of the test are available. Fee of \$75.00 for complete test. Re-test fee of \$15.00 per section</p> |
| | <p>Web Site: http://migrant.iu12.org/default.asp 57 N 5th St. Gettysburg, PA 17325 717 334-0006 ext. 2320</p> | <p><u>Migrant Education Program:</u> Provides supplemental services and support to children and families meeting the federal regulations of “migratory.” This is a child who has moved (minimum of a school district boundary) with parents who are seeking seasonal or temporary agricultural employment. Services include: Academic and support,, summer in-home visitations, leadership summer and weekend programs, college experience field trips, parent meetings and activities.</p> |
| Milton Hershey School | <p>Web Site: http://www.mhs-pa.org/ PO Box 830 Hershey, PA 17033 717-520-2000 800-322-3248 Fax 717-520-2117</p> | <p><u>Cost-free, private, co-educational home and school:</u> Education opportunities for children from families of low income with limited resources & social need. The school is funded by a trust established by Milton S. Hershey and his wife Catherine offering a positive, structured home life year-round and an excellent pre-kindergarten through 12th grade education. There is a focus on building character and providing children with the skills necessary to be successful in all aspects of life. Eligible graduates of the school may qualify for financial assistance to higher education. Admission Criteria: Child from low income family (total household income cannot exceed 150% of Federal Poverty Guidelines), limited resources & social need, between the ages of 4-15 yoa at the time of enrollment, have the ability to learn, free of serious emotional and behavioral problems, able and willing to participate in the program and US citizen.</p> |

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| Masonic Children's Home | Web Site: https://masonicchildrenshome.org/ One Masonic Drive Elizabeth, PA 17022 717-367-1121 ext. 33301 Fax 717-ci61-5648 | Children's Home: Educational and living opportunity for school-aged (6-18 years) children who are being raised by aging grandparents, or who come from various social or economic environments which do not provide the security and support necessary for healthy growth and development. Five homelike cottages provide 40 youth the chance to receive friendship, care and guidance. As the children mature they are provided resources to prepare them to live on their own. Amenities of the homes are: Attractive, homelike environment, Spacious bedrooms, Nutritious home-cooked meals, Clothing, Skilled child care, Complete medical care, Social worker on staff, Academic tutoring, Resources to pursue hobbies, Organized sports and activities, Annual vacations and trips, Opportunity for higher education and Independent living program. |
| Nurse-Family Partnership | Web Site: http://www.nursefamilypartnership.org/locations/Pennsylvania/Nurse-Family-Partnership-of-York-County/ York County 116 S. George St. Suite 358 York, PA 17401 717-843-6330 Fax : 717-846-8108 <hr/> Cumberland & Perry Counties 100 N. Hanover St. Carlisle, PA 17013 866-723-5377 ext. 4323 <hr/> Dauphin & Franklin Counties 2645 N. 3 rd St. Harrisburg, PA 17110 717-782-2335 <hr/> Lancaster County 527 N. Lime St. Lancaster, PA 17602 717-544-1952 | Nurse-educators: Help for 1 st time mothers (pregnancy-2yoa) of a child to become knowledgeable parents who are able & want to prepare their children for a successful future. Services include approximately 64 planned home visits over a 2 ½ year period, education on preventive health & prenatal practices for the mother, health & development education and care for mother & child, life coaching to assist in economic self-sufficiency, family support planning and referrals to community resources. |
| PA Counseling Services | 128 N. George St. York, PA 17401 717- 848-6116 Fax: 717- 852-7580 | Check & Connect: Truancy intervention program. Only currently available for 7 th -9 th grade students in the Northeastern, Southwestern, West York and York City School Districts. Service monitors student's school attendance and adjustment, behavior and educational progress. Provides interventions and partnering with parents. |
| PA Dept. of Ed. Bureau of ABLE | Web Site: www.education.state.pa.us/ 333 Market St. 12th Floor Harrisburg, PA 17126 717-787-6747 | List of GED Test Centers |
| PA Office for Dispute Resolution (ODR) | Website: http://odr-pa.org/ 6340 Flank Drive Harrisburg PA 17112 800-222-3353 (in PA) 717-901-2145 (outside of PA) Fax: 717-657-5983 Hours: M-F, 8AM-4PM | ConsultLine: Toll-free information help line for parents and advocates of children with disabilities who have questions or concerns about the education of a school-aged child. ConsultLine specialists answer questions and provide information about special education, gifted education, and Section 504 of the Rehabilitation Act of 1973. ConsultLine specialists provide service to non-English speaking callers through the assistance of a confidential, third party interpreter. |

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| Pregnancy and Family Resource Center | <p>Web Site: http://www.yorkpregnancycenter.com/ 1049 N. Hartley St. York, PA 17405 717-854-6285 Hotline: 800-848-5683 Hours: M, 10 AM-3 PM & 6 – 8 PM; T, W, & TH 10 AM-3 PM; F 10 AM -1 PM; Ultrasounds-M 5:45 PM-7:45 PM; TH 10 AM-2 PM</p> <p>628 E. Market St. 2nd Floor York, PA 17403 717-855-2483</p> | <p><u>Services:</u> Free and confidential services offering practical help, counseling, education, pregnancy testing, and material needs. Medical services are provided by licensed medical professionals. Services include pregnancy testing, limited obstetrical ultrasound, Parent Education Program (PEP). Clients ear “Family Dollars” to be used in the Baby Boutique for thing they need for the baby. Maternity clothes are available for pregnant clients. Community resource referrals. Fatherhood programs. Sexual Risk Avoidance Program. Pregnancy Options Education. Holistic Confidential Counseling</p> |
| Salvation Army | <p>50 E. King St., York, PA 17401 717-848-2364</p> | <p><u>Bridging The Gap (BTG):</u> Program is a character education / life skills course presented to fifth grade students in their own school classrooms during regular school day hours. The course runs 1 time a week for one half of the school year and covers such topics as "anger management" and "empathy in a small group format (8-10 students). The Family orientation of the BTG program invites parents and siblings to a "Family Nite" at The Salvation Army at the beginning of the course and a "Graduation Celebration" at the end of the course.</p> <p><u>Nutrition Links Class:</u> Cooking/nutrition classes to learn how to stretch food dollars, how to plan and cook healthy meals, and how to be active every day. arents or full time caregivers of children under 18 years of age, who are receiving food stamsp, WIC benefits, food pantry distributions or free/reduced lunches are eligible. Sign up by calling the Salvation Army or York County Extension Office, 717-840-7408. Childcare is available with advance registration.</p> |
| School District of York City | <p>Website: www.ycs.k12.pa.us/ William Penn Sr. High School 101 W. College Ave. York, PA 17403 717-845-1218</p> <p>Office of Special Programs English Language Learner (ELL) 31 North Pershing Ave. York, PA. 17401 717-849-1422 Fax: 717-849-1394 Hours: M-F, 8AM-4PM</p> <p>Office of Special Programs English Language Learner (ELL) 31 North Pershing Ave. York, PA. 17401 717-849-1397 Hours: M-F, 8AM-4PM</p> | <p>GED Test Site</p> <p><u>English Language Learner (ELL):</u> Assists students whose first language at home is not English. Students are supported in their English language development in the areas of listening, speaking, writing, and reading. ELL teachers work with classroom teachers to help children develop English Language skills, cultural awareness and learning strategies which they will need to work successfully with the school curriculum. ELL students come from many different countries. Eligibility: Any school aged student whose English is his second language Families of ELL students who don’t speak English ELL Services Offered: PSSA Saturday School, tutoring, Bilingual Parent Workshops, ELL resources, translation and interpretation services, monitoring of successful academic progress.</p> <p><u>Bilingual Outreach Worker Services:</u> Works with students and their families assisting them to succeed in school. Provides translations, interpretation, parent workshops (English/Spanish) to help bridge the language barrier between parents, schools and teachers. Works closely with parents to enhance their knowledge of the US educational system and to facilitate various ways for parents to support their children’s educational goals. Provides information and referral for community services, home visits when parents cannot be reached by the school staff to make sure they get information school related, community presentations in Spanish and assessments. Acts as a liaison between parent, teacher & school to help families understand their children educational rights and fill out forms (school, doctor, welfare, job applications, etc.)</p> |

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| <p>Tri-County OIC Adult Learning Center</p> | <p>Web Site: http://www.tricountyoic.org/ 500 Maclay St. Harrisburg, PA 717-238-7318</p> | <p><u>Adult Basic Education:</u> Assistance with reading, writing skills & communication skills, grammar, punctuation & vocabulary development, math and science, literature and social studies and career exploration. Satellite site may be available.</p> <p><u>Individualized Instruction:</u> Adult education services (Family Education, English as a Second Language, Adult Basic Education, GED®, Adult Diploma Program, Job Readiness)</p> | |
| | <p>225 Hummel Ave. (rear) Lemoyne, PA 717-763-7522 717-238-7318 Hours: 7 days a week by appointment</p> | <p><u>Adult Beginner Reader:</u></p> <p><u>Community Service:</u> Individuals who are required to perform community service pursuant to a court order, halfway house requirement, or juvenile facility requirement are eligible to become Community Service Volunteers.</p> <p><u>Distance Learning:</u> Program to learn from home or anywhere there is computer access.</p> <p><u>GED Online/GED Connections:</u> Web-based GED test preparation programs designed to help students pass the five GED subject areas.</p> <p><u>Madison Heights:</u> Family literacy program uses videos and workbooks to teach parents the skills needed to become active participants in their children’s early education.</p> <p><u>Workplace Essential Skills:</u> Textbook and video series that help teach the basic skills needed to succeed on the job.</p> <p><u>Other Distance Education Courses:</u> Additional courses may be available</p> | |
| | <p>Union Lutheran Church</p> | <p>408 W. Market St. York PA 17401 717-843-7897 Hours: M-F, 9:30AM-2:30PM</p> | <p><u>Students Improve through Tutoring:</u> Serving children of York City (grades 2-5). Once a week the tutor and their student meet for an hour of study and a short snack for fellowship. The entire year for the student (October through the end of April) is spent with the same tutor.</p> |
| | <p>Volunteers of America</p> | <p>Web Site: http://www.voapa.org/Services/Community-Enhancement-Services 2601 N. Front Street, Harrisburg, PA 17110 717-236-1440</p> | <p><u>Books-To-You:</u> Children’s books are distributed free each year to PA children who are in need.</p> <p><u>Operation Backpack:</u> New backpacks and school supplies are provided to underserved children to give them a jump start for a successful school year.</p> |
| | <p>York County Human Services</p> | <p>Web Site: http://yorkcountypa.gov/health-human-services/human-services-division/programs/child-and-adolescent-service-system-program-cassp.html 100 W. Market St. Suite 401 York PA 17401 717-771-9347 Fax 717-771-4663</p> | <p><u>York/Adams Child and Adolescent Service System Program (CASSP):</u> A county coordinated opportunity to assist caregivers and educational professionals to meet to develop and coordinate an educational plan of care for children and adolescents with emotional, mental health, or behavioral issues. Program is free.</p> |
| | <p>York County Literacy Council</p> | <p>Web Site: http://www.yorkliteracy.org/default.aspx United Way Building 800 E. King St. York, PA 717-845-8719 Fax: 717-699-5620 Hours: M-Th, 8:30AM-5PM; Fri 8:30 AM-3:00 PM</p> | <p><u>Tutoring:</u> Free assists adults in developing and enhancing reading, writing, basic math and/or English conversation skills. English as a second language and obtaining a high school equivalency degree.</p> |
| | <p>York County Prison</p> | <p>Web Site: http://yorkcountypa.gov/courts</p> | <p><u>Adult Education:</u> Classes are open to all inmates. Instruction averages 20 hours a week and is offered all year long. Access is by court order, referral, or self-</p> |

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| York County Prison | -criminal-justice/prison.html 3400 Concord Rd York, PA 17402 717-840-7580 | <p>application.</p> <p><u>Career Development</u>: Program designed to assist female inmates to learn to fill out applications, interviews, successfully, right cover letters and resumes and retain jobs. Class is six weeks long for four hours weekly. A certificate is awarded upon completion. Access is by court order, referral, or offender application.</p> <p><u>Community Orientation and Reentry (COR)</u>: Program designed to assist male inmates to learn to fill out applications, interviews, successfully, right cover letters and resumes and retain jobs. Class is six weeks long for four hours weekly. A certificate is awarded upon completion. Access is by court order, referral, or offender application.</p> <p><u>Community Reentry</u>: Program open to inmates preparing for reentry into society. Designed to focus on life issues that inmates should address as they prepare to return to the community. Program is six weeks long, two hours weekly. A certificate is awarded upon completion. Program facilitated by faith based volunteers. Access is by offender application.</p> <p><u>English as a Second Language (ESL)</u>: Classes serve beginning literacy to high intermediate non-English speakers in an English immersion setting. Instruction is geared to meet the need for improving listening, speaking, reading and writing skills. Classes offered daily during regular school year for 20 hours per week. Access is by court order, referral, or self-application.</p> <p><u>General Equivalency Diploma (GED)</u>: Process of earning the equivalent of a high school diploma. Class assesses individual's readiness to take the GED test, provides necessary supplemental instruction. Access is by court order, referral, or self application.</p> <p><u>High School Program</u>: Classes are open to inmates under the age of 21 who do not have a high school diploma. Curriculum is developed around an independent study program, which is based on earning credits toward a diploma. Individual Education Plans may be developed for special needs students per the requirements of the PA Dept. of Education. Classes are held daily M-F for approx. 60 hours per week during the school year. Access is by self-application only.</p> <p><u>Individual Risk Reduction Counseling</u>: HIV/AIDS education and prevention program for women. Program consist of six individual sessions for one hour each. Certificate is awarded upon completion. Access is by offender application.</p> <p><u>Life Skills</u>: classes for female offenders focused on self-efficacy, values, and goal clarification, job search skills, budgeting, healthy eating and personal hygiene. Classes are held once a week for one hour each session. Certificate is awarded upon completion. Access is by offender application.</p> <p><u>Nutritional Links Classes</u>: program for caregivers of children under 19. Inmates learn how to provide a healthy diet. I reading labels and making smart food choices. Class is five weeks long for one hour each week. Participants must attend all sessions to earn certificate of completion. Access is by court order, referral, or offender application</p> <p><u>Parents Helping Parents</u>: program to prevent child abuse by providing caregivers with resources in an open forum to talk about the joys and difficulties of being a parent. Open to parents with children under 18. Classes are held once a week for a total of two hours. Certificate of completion is provided. Access is by court order, referral, or offender application.</p> <p><u>Thinking for a Change</u>: Program based on Intergrated Cognitive Behavioral Change model. Teaches inmates to recognize how thoughts, feelings, beliefs and attitudes lead to predicatable patterns of behavior and clonflict with other people. Inmates learn to use conitive restructuring methods and social skills interventions to develop constructive solutions to problems. Certificate of completion is awarded at the end of the class. Program is 22 sessions, 4 hours weekly for 10-12 weeks. Access is by court order, referral or self application.</p> | | |
| | | York County School of Technology | Web Site: http://www.ycstech.org/ | <p><u>General Educational Development (GED)</u>: Prep classes for those who need to improve basic reading, writing and math skills prior to taking the GED. No cost</p> |

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| Organization | Contact Information | Services/Eligibility |
| York County School of Technology: Adult & Continuing Education Center | 2179 S. Queen St. York, PA 17402 717-741-0820 5 Fax: 717-741-0694 | to PA residents. Anyone who is 18 years or older and no longer enrolled in high school may apply to take the test. Testing is available to 16 and 17 year old applicants only if they meet special criteria set by the PA Department of Education. Special accommodations may be requested for applicants with physical, emotional or learning disabilities. |
| | 2 Library Place Hanover PA 17331 717-632-5183 ext. 321 | <u>New Choices Career Development Program</u> : Career development for individuals who are a single parent or single and pregnant, separated, divorced, or widowed, homemaker supporting a disabled spouse or an individual in transition. Services include vocational assessment, career counseling & planning, referral services, skills identification, job readiness instruction, job search skills, job training, and job placement assistance. Transportation and child care assistance may be available. |
| York County Truancy Prevention Initiative | Web Site: http://www.yorktruancyprevention.org/index.html 800 E. King St. York, PA 17401 717-771-3802 Fax: 717-843-4082 | <u>Information</u> : PA Truancy Laws, PA Truancy Toolkit, York County Youth Court Alliance-Alternative to going to Magisterial District Court to address child's truancy |

| ELDERLY & DISABILITY SERVICES | | |
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| Organization | Contact Information | Services/Eligibility |
| Adams County Office of Aging | Web Site: http://www.acofa.org/ 318 W. Middle St. Gettysburg, PA 17325 717-334-9296 800548-3240 Fax: 717-334-4715 | Residents of the county who are at least 60 yrs or older are eligible for services. Priority given to those that are frail and low income. Some services are free, while others may involve cost sharing. Services may include personal care, Meals on Wheels, respite care, adult day care, LifeLine (an emergency response system designed to assist people to live independently), transportation and legal services. Care Giver Support provide up to \$200 per month to assist income eligible families with out of pocket expenses associated with the care of their elderly loved one. Chore service assistance with minor carpentry, plumbing and electrical work. Repairs are normally necessary or safety related home repairs such as re repairing faucet leaks, installing handrails, replacing broken screens or windows, etc. |
| Arc of York County | Web Site: http://www.thearcofyorkcounty.org/ 497 Hill St. York, PA 17403 Phone: 717- 846-6589 Fax: 717-852-8842 | <u>Adult Recreations Club</u> : Offers adults with intellectual disabilities the opportunity to socialize, participate in activities and attend community events. The program operates each year from October-May |
| | | <u>Pennwood Adult Vacation Experience (P.A.V.E)</u> : Each June, adults with intellectual disabilities come to Camp Pennwood to begin a week-long social and recreational experience highlighted by day trips and opportunities to enjoy nature |
| | | <u>Community Support Services</u> : Provides one-on-one community support to enable individuals to live as independently as possible and participate in community activities. Individuals in this service can be living with their families or in their own home. |
| | | <u>York/Adams ISO for Agency Services</u> : Individuals and/or their representative works closely with staff to select /recruit qualified support service staff and community supports. Administer payments for approved one-time-only services, purchase equipment, or adaptations. |
| Bureau of Blindness & Visual Services (BBVS) | Web Site: http://www.dli.state.pa.us/portals/server.pt/community/blindness_and_visual_services/10367 555 Walnut St. Harrisburg, PA 17101 717-787-7500 866-375-8264 TTY: 717-787-1733 | Services available to assist PA residence with visual impairments to live & work independently in their communities. |

ELDERLY & DISABILITY SERVICES

| Organization | Contact Information | Services/Eligibility |
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| Canine Partners for Life (CPL) | Web Site: http://k94life.org/ PO Box 170 334 Faggs Manor Rd. Cochronville, PA 19330 610-869-4902 Fax: 610-869-9785 | <u>Service Dog Program</u> : Service dogs to assist individuals who have mobility impairments and balance disorders, difficulty using their hands/arms, health related fatigue issues, and people with seizure disorders. |
| Center for Independent Living Opportunities | 150 Roosevelt Ave York, PA 17401 717-849-0991 800-956-0099 Fax: 717-849-0996 | <u>Core Independent Living Services</u> : Peer Mentoring/Support, Independent Living Skills <u>PA Accessible Housing Program</u> : Provides home modifications to individuals with very low income living in York County |
| Connect | 800-692-7288 | <u>Helpline</u> : Answers parent's questions about childhood development (birth through 5 yo) and assists in locating resources for at risk children. |
| Crispus Attucks | Web Site: http://crispusattucks.org/ 605 S. Duke St. York, PA 17401 717-848-3610 Fax 717-843-3914 | <u>Community Center</u> : Opportunity to gather & socialize for area residents age 60 and over. An array of educational, health care, and enrichment activities. Periodic health exams, classes, trips, & meals for those unable to leave their homes. |
| Easter Seals of Central PA | Web site: http://www.easterseals.com/ 2550 Kingston Rd. Suite 219 York, PA 17402 Phone: 717-741-3891 Fax: 717-741-5359 Interpreter services: 717-718-3512 Hours: M –F, 8AM-4PM | <u>Services for children and adults with disabilities and special needs</u> : <u>Outpatient Therapy</u> : Physical, occupational, speech, aquatic and sensory integration for people with disabilities either through a birth condition, injury or illness, or because of functional limitations experienced in aging to gain greater independence. <u>Recreation/Therapeutic Recreation</u> : Horseback Riding Program, Sports Programs and Camps, Aquatics, Water-skiing, Snow-skiing & Summer Camp Programs. <u>Assisting Farmers with Disabilities or Long-Term Health Conditions</u> : Program of education, outreach and technical assistance to farmers with disabilities to help them remain in farming. <u>Easter Seals Interpreting Services (ESIS)</u> : Provides interpretation services for the Deaf community and offers American Sign Language classes to the community, businesses and organizations. <u>Autism Resource Center</u> : Educational materials available regarding Autism. |
| ForSight | Web Site: www.forsight.org 1380 Spahn Ave. York, PA 17403 717-848-1690 800-255-6578 Fax: 717-845-3889 | <u>Preschool Vision Screening</u> : Free vision screenings for pre-school children in York, Adams & Franklin counties. <u>Low Vision Services</u> : Low vision examination and low vision aides. <u>Employment Services</u> : Employment opportunities for persons who are legally blind. <u>Social Services</u> : Specialized services and opportunities to prevent, prepare for and adjust to the loss of vision. Referrals, case management services, support groups & life skill education. Eligible consumers may be qualify for transportation assistance & limited chore services. Assistance in accessing the National Library of Congress' Talking Book program. Eyeglass assistance fund and other services |
| Jewish Family Services of York | Web Site: www.jfsyork.org/ 2000 Hollywood Drive York, PA 17403 717- 843-5011 Fax: 717- 846-3025 | <u>Lunch Bunch</u> : Stimulating social opportunity for women of all faiths from 60 & up meet to & discuss current events. Transportation assistance for those that cannot drive. <u>Men's Think Tank</u> : Stimulating social opportunity for men 55 to 95 who enjoy the discussion of contemporary issues? Meetings occur at local restaurants vary. Transportation assistance for those that cannot drive. Call for details. <u>Staying Connected</u> : Interfaith outreach program that helps elders remain independent in their own homes. Volunteers from six faith communities provide transportation, errand-running, grocery shopping and other services. <u>Wise Options</u> : Non-denominational geriatric care manager can provide many different senior care services, depending on the needs of her client and the family. Assess older adults, in their homes or elsewhere. Develop & manage care plan to meet individual needs & maintain quality of life. Find, coordinate and |

ELDERLY & DISABILITY SERVICES

| Organization | Contact Information | Services/Eligibility |
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| Jewish Family Services of York | | monitor health care providers and social services. Advocate for quality client care with providers. Suggest home adaptations for safety and accessibility. Address needs that arise during living transitions — from hospital to rehab to home, or from home to a supportive facility. Suggest and evaluate potential resources. Offer help in understanding Medicare and obtaining benefits |
| Lincoln Intermediate Unit No.12 (LIU 12) | Web Site: www.iu12.org/ York Learning Center 300 E. 7 th Ave. York, PA 17404 717-718-5800 Fax: 717-718-5943 | <u>Educational services:</u> Children eligible for special education services. |
| | 65 Billerbeck St. New Oxford, PA 17350 717-624-4616 | |
| National Council on Aging | Web Site: http://www.mymedicarematters.org/ | On-line seven simplified steps to help you make an informed decision regarding what Medicare plan is right for you. |
| National Multiple Sclerosis Society (MS) | Web site: http://www.nationalmssociety.org/index.aspx/ Central PA Chapter 2040 Linglestown Rd. Sutie 104 Harrisburg, PA 17110 800-227-2108 717-652-2108 Fax: 717-652-2590 | Provides durable medical equipment, medical supplies, independent living aids, home and mobility modifications, cooling program-air conditioners, transportation, respite care, exercise programs, networking program, and family enrichment program (educational programs to assist dependent children in the home) to people with MS. |
| | Eastern Region 1630 Manheim Pike Suite 8 Lancaster, PA 17601 717-509-6301 Fax: 717-509-0930 Hours: M-F, 9AM-5PM | |
| PA Dental Assoc. | Web Site: http://www.padental.org 3501 North Front St. P.O. Box 3341 Harrisburg, PA 17105 717-234-5941 | Senior Dental Care: Member dentists offer dental care at a reduced cost to senior citizens on low or fixed incomes. |
| PA Dept. of Aging | Website: http://www.aging.pa.gov/local-resources/pa-link/Pages/default.aspx 800-753-8827 | <u>Link:</u> Assist seniors and adults with disabilities who need help with activities of daily living. Help with connections to local services/supports. Explore existing options to ensure a secure plan for independence. Assist consumers with applications to determine funding eligibility. Help consumers remain or return to their community because of a disability, an illness or accident, or to transition from an institution back to the community |
| | 800-783-7067 | <u>APPRISE:</u> Assistance to understand Medicare, Medicaid, Medigap, long-term care insurance, Medicare Advantage Plans and prescription benefits |
| | 866-286-3636 | <u>Case management & Information:</u> Geriatric assessment centers, Dementia care units, Older adult daily living centers, Alzheimer's Assoc. chapters |
| | Web Site: http://www.portal.state.pa.us/portal/server.pt/community/pacenet/17944 Bureau of Pharmaceutical Assistance 555 Walnut St. 6 th Floor | General eligibility: 65 years of age or older, PA resident for at least 90 days prior to the date of application, not enrolled in the Department of Public Welfare's Medicaid prescription benefits. PACE & PACENET eligibility is determined by your previous calendar year income <u>PACE:</u> Single person, total income must be \$14,500 or less. Married couple, combined total income must be \$17,700 or less <u>PACENET:</u> PACENET income limits are slightly higher than those for PACE. Single person, total income can be between \$14,500 and \$23,500. Married |

ELDERLY & DISABILITY SERVICES

| Organization | Contact Information | Services/Eligibility |
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| PA Dept. of Aging | Harrisburg, PA 17101 (717) 787-7313 800-225-7223 Fax: 717-772-2730 | couple, combined total income can be between \$17,700 & \$31,500 <u>PACE Plus Medicare</u> : PACE/PACENET coverage is supplemented by federal Medicare Part D prescription coverage and offers older Pennsylvanians the best benefits of both programs. Older adults continue to receive the same prescription benefits while, in many cases, saving more money. |
| | Web Site: http://www.aging.state.pa.us/portal/server.pt/community/other_pharmaceutical_programs/17947 800-955-0989 | <u>PA Patient Assistance Program Clearinghouse (PA PAP)</u> : A referral system to connect those that cannot afford their medication to assistance programs. PA resident over age 18 yoa. Do not have Medicaid or PACE coverage (However it may be able to assist in coverage gaps in Medicare Part D). |
| PA Department of Health | Web Site: http://www.portal.state.pa.us/portal/server.pt/community/special_kids_network/14205 800-986-4550 | <u>Special Kids Network</u> : Statewide program that connects children with special health care needs and their families with services. Program services children from birth through age 21 who are at increased risk for chronic physical, developmental, behavioral, and emotional conditions requiring services of a type or amount beyond that required by children generally. |
| PA Dept. of Transportation (PENNDOT) | Web Site: http://www.dot.state.pa.us/ 1101 S. Front St. Harrisburg, PA 17104 800-932-4600 TDD: 800-228-0676 | License, vehicle registration and application for disability parking placard. |
| Senior Blue Book | Website: http://www.seniorsbluebook.com/ 800-201-9989 Referral line: 717-344-5580 | <u>Resources</u> : An easy comprehensive lists of resources for senior citizens categorized by location, services, etc. |
| SpiriTrust Lutheran Services | Website: www.SpiriTrustLutheran.org Adams County 717-334-6204 | <u>Deaf Connection</u> : Provides a link between the deaf/hard of hearing communities with the hearing communities. Services include interpreting services, American Sign Language classes, hearing screenings, information, education and support services, specialized library, video phones, and other hearing aids. |
| | Franklin & Fulton Counties 717-264-5700 2100 Utz Terrace Hanover, PA 17331 717-646-2460 | <u>Senior Companion</u> : Free services are provided by volunteers to help maintain independence for seniors. Services include companionship, weekly visits, freedom from isolation, encouragement to be active and enjoy life, assistance with transportation to medical and other appointments, assistance with light shopping, short respites for caregivers, and assistance in obtaining and accessing other services and community resources. |
| | Shrewsbury 717-227-8550 | |
| | York 750 Kelly Drive York, PA 17404 717-852-4357 717-843-2677 888-629-4096 Fax: 717-854-0806 TTY/VP: 717-885-2125 Hours: M-F, 8:30AM-4:30PM | <u>Touch-a-Life</u> : Free services are provided by volunteers to help maintain anyone in need of temporary services. Services include companionship, weekly visits, freedom from isolation, encouragement to be active and enjoy life, assistance with transportation to medical and other appointments, assistance with light shopping/chores, short respites for caregivers, and assistance in obtaining and accessing other services and community resources. |
| Variety the Children's Charity | Web Site: http://www.varietypittsburgh.org/ 11279 Perry Highway Suite 512 Wexford, PA 15090 724-933-0460 Fax: 724-933-0466 | <u>My Bike</u> : Provides adaptive bikes to eligible children with disabilities. Eligibility: Children ages of 4-21, Reside in PA Western counties of Allegheny, Armstrong, Beaver, Bedford, Blair, Butler, Cambria, Centre, Clarion, Crawford, Erie, Fayette, Greene, Huntingdon, Indiana, Lawrence, Mercer, Somerset, Venango, Warren, Washington, and Westmoreland and Central PA counties of Cumberland, Dauphin, Juniata, Northumberland, Perry, Snyder, and York. Meet the following income guidelines: 2 household members (HHM) below \$63,720; 3 HHM below \$80,360; 4 HHM below \$97,000; 5 HHM below \$113,640; 6 HHM below \$130,280; 7 HHM below \$146,920; 8 HHM below \$163,560. |

| ELDERLY & DISABILITY SERVICES | | |
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| Organization | Contact Information | Services/Eligibility |
| York/Adams Early Intervention | Web Site: http://yorkcountypa.gov/health-human-services/mental-health-mental-retardation-program/early-intervention.html 100 W. Market St. Suite 301 York, PA 17401 Phone: (717) 771-9618 Fax: (717) 771-9826 | <u>Infant and Toddler Program</u> : A service for children birth to age 3, living in York or Adams County with or at risk for developmental delays. No cost to families |
| York County Human Services | Web Site: http://yorkcountypa.gov/health-human-services/human-services-division/programs/york-county-special-needs-registry-1.html 100 W. Market St. Suite 401 York, PA 17401 717-771-9347 | <u>Evacuating County Residents In Need (ECRIN)</u> : Voluntary program which allows persons with special needs to register with York County so that in the event of an evacuation or an emergency, emergency personnel (fire, police, EMT, etc.) are aware of the locations of special needs residents. |
| York County Office of Emergency Management | 120 Davies Drive York PA 17402 (717) 840-2990 | |
| York County Area Agency on Aging (YCAAA) | Web Site: http://yorkcountypa.gov/health-human-services/agency-on-aging.html 100 W. Market St. Suite 102 York, PA 17401 717- 771-9610 800- 632-9073 Fax: 717-771-9044 Spanish: 717-771-9572 Protective Services : 717-771-9572 | Case management services and community referral assistance for consumers 60 and older who need assistance to remain in the community. Some services are free, others may be cost sharing based on income. Services may include personal care, Meals on Wheels, Friendly Visitor, TeleCare, intergenerational programs, adult day care information, ombudsman, transportation, legal services, recreation & leisure activities, long term care information, and Family Caregiver Program (support and respite care to relieve the caregiver for brief periods of time). Report elderly abuse and neglect issues |
| | 717-771-9008 | <u>APPRISE Help Desk</u> : Assistance with Medicare or other health insurance related issues |
| | 717-771-9103 | <u>Rent A Kid</u> : Matches seniors (60 yoa or older) with a teenager to do low cost chores and help with around the house. |

| EMPLOYMENT | | |
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| Organization | Contact Information | Services/Eligibility |
| A.H.E.D.D. | Web Site: http://www.ahedd.org/index.html Kingston Center Building 1 Suite 225 2550 Kingston Rd. York, PA 17402 717-840-6202 866-288-5132 Fax: 717-840-6203 | Services for adults with disabilities looking to enter or improve their status in the workforce, for youth with disabilities in transition from school to career opportunities, for SSA beneficiaries looking for financial counseling or guidance about the impact of earnings on their SSI and/or SSDI benefits, for advocates who want to access AHEDD's services on behalf of an individual whom they are responsible or for employers who may need recruitment service or other technical assistance |

| EMPLOYMENT | | |
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| Organization | Contact Information | Services/Eligibility |
| Arc of York County | <p>Web Site: http://www.thearcofyorkcount.y.org/ 497 Hill St. York, PA 17403 Phone: 717- 846-6589 Fax: 717-852-8842</p> | <p><u>Penn Employment Services</u>: Helps qualified and motivated individuals with disabilities find jobs. Employment Training Specialists provide on-the-job training while helping make necessary accommodations for each individual. Partnership with local school districts to teach job skills and employment-related social skills to help students transition from school to work.</p> |
| Bell Socialization Services | <p>Web Site: http://bellsocialization.com/services/ 160 South George St. York, PA 17401-1408 Phone: 717-848-5767 Fax: 717 -854-2433</p> | <p><u>Transitional Employment Program (TEP)</u>: Group and individual counseling sessions to help mental health consumers prepare for employment. Learn food service, janitorial, office or lawn care skills. Workers' support group is available in this program.</p> |
| | | <p><u>Supported Employment Program (SEP)</u>: Job coaching services to mental health consumers.</p> |
| | | <p><u>Skill Building</u>: Vocational training, basic living skills and creative expression for mental health consumers.</p> |
| Community Progress Council, Inc. (CPC) | <p>Web Site: http://www.yorkcpc.org/ 226 East College Ave. York, PA 17403 717-846-4600 ext. 272 Hours: M-F, 8:30 AM-5 PM</p> | <p><u>Senior Community Service Employment Program (SCSEP)</u>: Job training for 20 hours per week and are paid a stipend at the current minimum wage rate. Computer training, job search assistance; interview training and help with resume preparation. Low-income seniors age 55 and older. Contact to determine eligibility as not all income is counted. Participants must meet age, income and residency requirements and be unemployed.</p> |
| Crispus Attucks | <p>Web Site: http://crispusattucks.org/ 605 S. Duke St. York, PA 17401 717-848-3610 Fax: 717-843-3914</p> | <p><u>General Employment Services</u>: Employment assistances though training, education, counseling and job placement. Program orientation and registration is offered monthly on Mondays at 9:30 a.m. Case management and supportive services are provided along with company referrals for interviews and job placement. Services are free to people who are 18 yoa or older, eligible to work in the US & are York residents.</p> |
| | | <p><u>Youth Employment Services</u>: In-school or out-of-school youth (17-22 yoa) in York County. Opportunity to complete their high school education, develop employability skills and skills specific training.</p> |
| | | <p><u>Education Leading to Employment & Career Training (ELECT)</u>: Services are provided at: William Penn, Hannah Penn, Edgar Fahs Smith, West York, Southwestern, Spring Grove, Manito and CA Youthbuild Charter School. York County pregnant and parenting teens (up to age 22). Empowerment & support to complete their high school education/GED. Services may include health & nutrition education, individual and group support, job preparation and career exploration, secondary pregnancy prevention, domestic violence information, parenting education and life skills and intensive case management</p> |
| | | <p><u>Elect Fatherhood Initiative (E.F.I.)</u>: York County teen fathers (up to age 22) willing to or in the process of establishing paternity. Empowerment & support to complete their high school education/GED. Services may include health & nutrition education, individual and group support, job preparation and career exploration, secondary pregnancy prevention, domestic violence information, parenting education and life skills and intensive case management.</p> |
| | | <p><u>Community Connections</u>: Services provided to inner-city, underserved and under-represented populations. Services may include workforce development training in such areas as: manufacturing, healthcare, retail, banking, hospitality, construction and general trades and classroom training 1 night per week over an eight-week period for 2 hours per night. Pre-testing and assessment will be done. Participants may not miss any of the sessions.</p> |
| | | <p><u>People Learning and Understanding Self-Sufficiency program (PLUSS)</u>: Services are provided to low income, economically and socially challenged students attending the Crispus Attucks Youthbuild Charter School. Specific skills category related to employer needs in York County. H.I.T. (High School Internship Program) exposing students to skills in clerical, food service, nursing, childcare, mortuary, and working with seniors. Preparation for the workplace or continued education</p> |
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| Organization | Contact Information | Services/Eligibility |
| Crispus Attucks | | <u>Health Care PLUS</u> : Participants 17 years and older. 40-hour training in being a support system for terminally ill patients and their families. After successfully complete the training they are placed in nursing or private homes to work with clients. |
| Experience Works, Inc. | Web Site: http://www.experienceworks.org/site/PageServer?pagename=State_Pennsylvania_Home 800-854-1578 | Program focusing on meeting the training and employment needs of low-income seniors. |
| ForSight | Web Site: www.forsight.org/ 1380 Spahn Ave. York, PA 17403 717-848-1690 Fax: 717-845-3889 | <u>Employment Services</u> : Employment opportunities for persons who are legally blind. |
| Lincoln Intermediate Unit | 65 Billerbeck St. PO Box 70 New Oxford PA 17350 717-624-4616 Fax: 717-624-6519 | <u>Education Leading to Employment and Career Training (ELECT)</u> : Help expectant and parenting mothers and fathers successfully achieve educational goals to earn a diploma or GED certificate, and provides services and resources for responsible parenting and child development and to effectively transition to employment or higher education. |
| PA Career Link | Web Site: https://www.cwds.pa.gov/cwdsonline/Admin/ViewHomePage/PublicHomePage.aspx?4@oUSxgLYNu_5wZfWoROWIWV@zla708XC15M4y3LYlhR7HtxjRiVi9M@AQpLTAQkrEsOOgFmoHR_vZDMtRLcUjImF@vH4gYEJyrq9NJgA0-tt2dziha1Low4K_bYQUM9Vq@5tbebNEfCsPumKKl_PGQgnqTd@zM Adams County 150 V-Twin Drive Gettysburg, PA 17325 717-334-1173 Fax 717-334-0521 Cumberland County 1 Alexandra Court Carlisle, PA 17013 717-243-4431 Fax 717-243-7767 Dauphin County Penn Center 349 Wiconisco St. Harrisburg, PA 17110 717-783-3270 Fax 717-772-0640 Lancaster County 1016 N. Charlotte St. Lancaster, PA 17603 717-299-7631 Fax 717-391-3569 York County 841 Vogelsong Rd. York, PA 17404-0868 717-767-7600 Fax 717-767-7625 Hours: M-F, 8AM-4:30PM | <u>Job Search Assistance</u> : Help finding a job or looking for a better job. Job training and vocational rehabilitation services |

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| Organization | Contact Information | Services/Eligibility |
| PA Office of Vocational Rehabilitation (OVR) | Web Site: http://www.portal.state.pa.us/portal/server.pt/community/vocational_rehabilitation/10356/ovr_office_directory/606620 2550 Kingston Rd. Suite 101 York, PA 17402 717-771-4407 800-762-6306 | You will be eligible for free, preapproved services if: <ul style="list-style-type: none"> • You have a disability, that is, a physical, mental, or emotional impairment which results in a substantial impediment to employment, and you can benefit in terms of an employment outcome from services provided, and • Vocational rehabilitation services are required for you to prepare for, enter, engage in, or retain gainful employment. <p><u>Diagnostic Services</u> - Medical, psychological, and audiological exams and test used to better understand your disability and your needs for specific types of services.</p> |
| | | <p><u>Vocational Evaluation</u> - Aptitude, interest, general ability, academic exams, work tolerance, and "hands-on" job experience used to understand your vocational potential.</p> |
| | | <p><u>Counseling</u> - Counseling helps you to better understand your potential, rely on your abilities, set realistic vocational goals, change them when necessary, develop successful work habits, and begin a satisfying career.</p> |
| | | <p><u>Restoration Services</u> - Medical services and equipment such as physical and occupational therapy, wheelchairs, automobile hand controls, and other type of rehabilitation technology provided to enable you to pursue your career and achieve independence.</p> |
| | | <p><u>Training</u> - Education to prepare you for a job including but not limited to basic academic, vocation/technical, college, on-the-job, independent living skills, and personal and work adjustment training. It may be necessary for you to leave home to get the training you want and need.</p> |
| | | <p><u>Placement</u> - Counseling, job-seeking programs, job club, and job development to assist in securing a job. Ideas, practice, and advice on finding job leads, filling out applications, getting interviews for a job, and on how to interview. May also provide leads or explain to employers about tax credits for hiring OVR clients.</p> |
| | | <p>Support services may also be available and may include room, board, and transportation costs during the evaluation or during the completion of a rehabilitation program., occupational tools, licenses, or equipment, home, vehicle & work site modifications, personal care assistant to provide to enable participation in a vocational rehabilitation program, independent living training and Text Telephone (TTY), signaling devices, hearing aids, or interpreter services.</p> |
| United Way | Web Site: http://www.unitedway-york.org/ Hours: W, 9AM-4PM 800 E. King St. York, PA 17405 717-843-0957 800-673-2529 Fax: 717-843-4082 | <p><u>Community Resources</u>: Links to services and resources. Previously known as F.I.R.S.T.</p> |
| US Dept. of Labor | Web Site: http://www.jobcorps.gov/home.aspx 2810 S. 20th St. Bldg. 12 Philadelphia, PA 19145 Tel: (267) 386-2888 Fax: (215) 334-3675 | <p><u>Job Corps</u>: Career technical training and education program for young people at least 16 years of age that qualify as low income. A voluntary program provides eligible young men and women with an opportunity to gain the experience they need to begin a career or advance to higher education. Hands-on training in more than 100 career technical areas, including: automotive and machine repair, construction, finance and business services, health care, hospitality, information technology, manufacturing, renewable resources, and more. Offers the opportunity to earn a high school diploma or a GED. Prepare youth who have a high school diploma for college. Resources are also available for English Language Learners. Courses in independent living, employability skills, and social skills are offered to all Job Corps students in order to help them make the transition into the workplace.</p> |

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| Organization | Contact Information | Services/Eligibility |
| Works for Me | Web Site: http://www.worksforme-pa.org/ 877-268-9894 | <u>Employment Assistance</u> : Assists PA residents who have a disabled, receive social security and/or Medicaid benefits & want to work. Services may include assistance in finding a job, job training, assistance in keeping health benefits while working and finding other supports. |
| York's Helping Hand for the Homeless | Web Site: http://www.yorkhelpinghands.org/ 412 W. King St. York, PA 17401 717-846-9275 717-846-6035 pick up | <u>Job Center</u> : Serves York City & county homeless. Access to day jobs and job listings on the state and local levels. Listings are on a computer. |
| | | <u>Training Center</u> : Serves York County Homeless. Short-term, income producing classes to prepare for jobs, such as: moving/packing, professional painting, clerical/computer skills, janitorial/domestic engineering and security/loss prevention positions. Classes are preceded by Life Skills Training. |
| York School of Technology | Web Site: www.ycstech.org 2179 S. Queen St. York, PA 717-741-0820 ext. 4302 Fax: 717-741-0694 Hours: M-F, 8AM-3:30PM | <u>New Choices/New Options Career Development Center</u> : Serves single female parents, displaced homemakers and persons interested in non-traditional careers Sixty-hour workshops held day & evening throughout York County Limited tuition assistance available. Job search assistance. Child care may be available, |

| FINANCIAL AIDE | | |
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| Organization | Contact Information | Services/Eligibility |
| Adams County Assistance Office | Benefits Web Site: www.compass.state.pa.us/ 225 S. Franklin St. Gettysburg, PA 17325 717-334-6241 800-638-6816 | <u>Welfare Benefits</u> : Apply for cash, food, medical assistance, Children's Health Insurance Program (CHIP), housing assistance, LIHEAP (heating assistance), long-term care, free/reduced school lunches, and home/community services. |
| Adult Basic Health Insurance | Help Line: 800-462-2742 | <u>Low cost health insurance coverage</u> : For low income and uninsured PA adults, ages of 19 and 64 that do not qualify for Medical Assistance. |
| Cumberland County Assistance Office | 33 Westminster Drive Carlisle, PA 17013 717-249-2929 | <u>Welfare Benefits</u> : Apply cash, food, medical assistance, Children's Health Insurance Program (CHIP), housing assistance, LIHEAP (heating assistance), long-term care, free/reduced school lunches, and home/community services. |
| PA Dept. of Revenue/Lottery | Web Site: http://www.revenue.state.pa.us/portal/server.pt/community/property_tax_rent_rebate_program/11410 888-222-9190 | <u>Property Tax/Rent Rebate Program</u> : Property tax relief to claimants or spouses 65 years or older; widows or widowers 50 years of age or older; and the permanently disabled 18 years of age or older who meet the income eligibility level. |
| Red Lion Area Community Services | Website: http://www.rlacspantry.org/Services.html 15 First Ave Red Lion PA 17356 717-244-6934 Hours: M-F, 9AM-2PM | <u>Financial Assistance</u> : Limited help for eligible households to prevent loss of utilities, if funds allow. All who are interested in financial assistance must register as a client. Assist in referrals to other community resources. |
| United States Social Security Administration | Website to screen for benefits: http://www.benefits.gov/ssa 2670 Industrial Highway Suite 2 York, PA 17402 800-772-1213 SS Fraud Hotline: 800-269-0271 Hours: M & T, 9AM-3PM; W, 9AM-12PM; Th-F, 9AM-3PM | <u>Social Security (SS)</u> : Pays retirement benefits to qualified citizens, age 62 & older. |
| | | <u>Supplemental Security Income (SSI)</u> : Pays benefits to disabled adults and children who have limited income and resources. SSI benefits are also payable to people 65 and older without disabilities who meet the financial limits. |
| | | <u>Social Security Survivor Benefits</u> : Widow or widower can receive benefits. Reduced benefits as early as age 60 or full benefits at full retirement age or older. Benefits as early as age 50 if she or he is disabled. Widow or widower who has not remarried can receive survivor's benefits at any age if she or he takes care of your child who is under age 16 or is disabled and receives benefits on your record. Note : If your widow or widower remarries after age 60 (age 50 if disabled), he or she will still be eligible for benefits on your record. |

| FINANCIAL AIDE | | |
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| Organization | Contact Information | Services/Eligibility |
| United States Social Security Administration | | <p><u>Divorced Spouses:</u> Surviving divorced spouse may qualify for benefits the same as a widow or widower provided that the marriage lasted 10 years or more. Former spouses who are caring for your natural or legally adopted child who is under the age of 16 or disabled do not have to meet the length of marriage rule. However, their benefits may affect the amount of benefits your other survivors will receive. Benefits to a surviving divorced spouse who meets the marriage requirements will not affect the benefit amounts other survivors receive.</p> <p><u>Children:</u> Unmarried children who are under 18 (up to age 19 if attending elementary or secondary school full time) can be eligible to receive Social Security benefits when a parent dies. Children of any age can get benefits if he or she was disabled before age 22 and remains disabled. Natural children, stepchildren, grandchildren, step-grandchildren or adopted children may receive benefits under certain circumstances.</p> |
| York/Adams County Mental Health-Intellectual & Developmental Disabilities Program (MH-IDD) | <p>Web Site: http://yorkcountypa.gov/health-human-services/mental-health-mental-retardation-program.html 100 W. Market St. York, PA 17401 717-771-9618</p> | <p><u>Liability Assessment:</u> Financial assistance for counseling and mental health services to those who qualify.</p> |
| York County Assistance Office | <p>Benefits Web Site: www.compass.state.pa.us/ 130 N. Duke St. PO Box 15041 York, PA 17405 717-771-1100 800-991-0929 Fax 717-771-1261 Welfare Fraud Tip Hotline: 800-932-0582 Hours: M-F, 8AM-5PM</p> | <p>Apply cash, food, medical assistance, Children's Health Insurance Program (CHIP), housing assistance, LIHEAP (heating assistance), long-term care, free/reduced school lunches, and home/community services. Must meet income limits.</p> |
| York County Domestic Relations Office | <p>Web Site: http://yorkcountypa.gov/courts-criminal-justice/court-courtrelated-offices/domestic-relations.html York County Judicial Center 45 N. George St. York, PA 717-771-9605</p> | <p>File for child support & spousal support. Enforcement of support orders. DNA testing to establish parentage for child support cases. Locating absent parents.</p> |

| FOOD, CLOTHING, PERSONAL ITEMS & HOUSEHOLD NEEDS | | |
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| Organization | Contact Information | Services/Eligibility |
| Adams Rescue Mission | <p>Web Site: http://adamsrescuemission.org/ 2515 York Rd. Gettysburg, PA 17325 717- 334-7502 Fax: 717-334-2108</p> | <p><u>Thrift Store:</u> Low cost household items, clothing & furniture. Donations appreciated.</p> |

| FOOD, CLOTHING, PERSONAL ITEMS & HOUSEHOLD NEEDS | | |
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| Organization | Contact Information | Services/Eligibility |
| American Red Cross | <p>Web Site: http://www.redcross.org/pa/york 529 Carlisle St. Hanover, PA 717-637-3768 Fax: 637-3294 Hours: W, 3-6PM; T & Th, 9-12AM</p> | <p><u>Food Pantry:</u> Persons in need living in the Heidelberg Twp., Hanover, McSherrystown, Abbottstown & Glenville areas. Must bring ID for all family members.</p> |
| Angel Food Ministries | <p>Web Site: http://www.angelfoodministries.com/ Fourth United Methodist Church 1067 E. Market St. York, PA 17403 717-854-6984 1-877-366-3646</p> | <p><u>Food:</u> Low cost boxes of food. No qualifications, minimums, income restrictions or applications. Takes food stamps.</p> |
| | <p>Web Site: http://www.catholicarvest.org/ Catholic Harvest Food Pantry 628 E. Market St. York, PA 17403-1605 717-846-8571</p> | |
| | <p>Web Site: www.yorkfoodbank.org/members.htm/ York County Food Bank 254 W. Princess St. York, PA 17401</p> | |
| Asbury United Methodist Church | <p>340 E. Market St. York, PA 17403 717-843-0733 Hours: M-TH, 9AM-2PM</p> | <p><u>Rummage Sale:</u> Clothing, linens, jewelry, books, toys, and more. Semi-annual sale held in the Spring and Fall. Call for more information.</p> |
| | | <p><u>Meals:</u> Meals for the needy. Breakfast served 3rd Sat, 9-10AM; Community Dinner every other month (Feb, April, June, Aug, Oct & Dec), 2nd Sat 4-6PM.</p> |
| Beethel African Medodist Espiscopal Church | <p>350 W. Princess St. York, PA 17401 717-843-3461</p> | <p><u>Emergency Food Vouchers:</u> Vouchers for use at the York County Food Bank available on a first come, first serve basis the 1st Wed of each monther from 10-11AM.</p> |
| Bethlehem Stonepile United Methodist Church | <p>250 Bethlehem Church Rd Red Lion PA 17356 717-244-9540 Hours: 3rd Tuesday each month, 9AM-12:30PM; 2PM-5PM</p> | <p><u>Covenant Food Pantry:</u> Offers food pantry and a clothing bank. Call the church for general information. Registration takes place on distribution date. Intake Requirements-Proof of income, birth dates, and social security numbers. Eligibility-Residents of Red Lion, Dallastown and Eastern School districts.</p> |
| Bountiful Blessings | <p>Website: http://www.bountifulblessingsinc.org/index.html Capital Area Christian Church 110 Newberry Commons Eppers PA 17319 717-802-1222 Hours: 1st & 3rd Sat. of every month, 10AM-12PM</p> | <p><u>Non-food Bank:</u> Assist working families and senior citizens during their financial hardships by supplementing them with non-food items such as toothpaste, shampoo, bath soap, tooth paste, feminine care items, laundry detergent, liquid dish detergent, all purpose cleaners, toilet paper, disposable diapers, etc.</p> |

| FOOD, CLOTHING, PERSONAL ITEMS & HOUSEHOLD NEEDS | | |
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| Organization | Contact Information | Services/Eligibility |
| Brandon's Battle Foundation | Website: www.Brandonbattle.com 1611 Prayer Mission Rd Windsor, PA 17366 717-332-3401 email: brandonbattle@comcast.net | <u>Brandon's Closets</u> : Mobile community closet distributes donated clothing, coats, shoes, accessories and small household items to families in need. |
| Calvary United Methodist Church | 11 N. Richland Ave York PA 17404 717-843-2990 | <u>Dinner</u> : Meals for the needy. Weds, 6PM |
| Catholic Harvest Food Pantry | 628 E. Market St. York PA 17403 717-846-8571 717-846-8899 | <u>Catholic Harvest Food Pantry</u> : Food pantry to serve the needy. In addition personal items may be available. Client's children receive a birthday ket, including cake mix, icing and candles. Hours of operation are: M-F, 6-7PM; 1 st & 3 rd Thurs, 9AM-12PM; 4 th M & F, 3:45-4:45PM. Every September school supplies are offered. |
| Central PA Food Banks | Web Site: http://www.centralpafoodbank.org/ 3908 Corey Rd. Harrisburg, PA 17109 717-564-1700 Fax: 717-561-4636 | <u>Food Banks</u> : Central list of food banks by zip code. Type in zip code where food is needed in the box at the top of the page where is says, "Need help or know someone that is hungry?" |
| Christ Lutheran Church | 29 S. George St. York, PA 17401 717-854-5589 | <u>Lunch</u> : Free lunch 4 th Sunday from 12-1PM. |
| Christian Churches United | Web Site: http://www.ccuahbg.org/ Senior Center PO Box L 122 Geary Ave New Cumberland, PA 17070 717-774-6255 Fax: 717-901-6651 | <u>Bridge Emergency Food Bank</u> : Food pantry that serves residents in New Cumberland, Lemoyne & Camp Hill. Monthly food distribution the third Friday morning of every month. Food deliveries are also provided on a limited basis for those who are homebound. |
| Community Aid Neighbors Helping Neighbors | 793 Baltimore Street Hanover, PA 17331 717-412-7706 4405 Lewis Rd Harrisburg, PA 17111 (717) 412-7706 31 Rohrerstown Road Lancaster, PA 17603 717-412-7706 4833 Carlisle Pike Mechanicsburg, PA 17050 717-412-7706 2001 Springwood Road Queensgate Shopping Center York, PA 17403 | <u>Thrift Store</u> : Hours for all stores are 9AM-9PM, M-Sat, closed Sunday. In store promotions are: Monday-Monday Madness, all items with specific colored tags are \$1. Red tag items are excluded; Tuesday-Family Day; Tuesday-Senior Day, 50% off all items for anyone 55 or older. Red tag items are excluded.; Wednesday-Family Day, 50% off all items. Red tag items are excluded.; Thursday-Shopping with Class, 50% off all items for students, teachers and school administrators. Red tag items are excluded.; Friday-Military & First Responder Friday, 50% off all items for firefighters, EMT, police, military (retired or active), health care workers and clergy. Red tag items are excluded.; |
| Council of Churches | Web Site: http://www.hanoverareacouncilofchurches.org/ 136 Carlisle St. Hanover, PA 17331 717-633-6353 Fax: 717-633-6219 | <u>Free Clothing</u> : Tues, 9AM-12PM. Clients certified thru Community Progress Council. <u>Rummage Sale</u> : Public-Thurs, 9AM-12PM; 1st Saturday of month 9AM-12PM <u>Meals on Wheels</u> : Hot noonday meals delivered to home bound clients daily M-F on four different routes. <u>Provide-A-Lunch (PAL)</u> : Free hot, nutritious home-cooked lunch seven days a week . Meal is from 11:30AM-12:30PM. days-a-year. <u>Ruth's Harvest</u> : During the school year weekend meals for qualified students from the elementary schools of Hanover who are eligible through the free and |

| FOOD, CLOTHING, PERSONAL ITEMS & HOUSEHOLD NEEDS | | |
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| Organization | Contact Information | Services/Eligibility |
| Council of Churches | | reduced lunch program. Bags of food given to students to take home on Friday. |
| Covenant House | Website: www.covenanthousepa.org 307 E. King St. York, PA 17403 Hours: M & Th, 8AM-4PM; T, W&F, 12PM-4PM 717-430-8573 | <u>Sanctuary Drop-in Center</u> : Serves homeless youths ages 21 years and under. Provides basic needs (food, showers, clothing), basic educational/vocational services, case management and referrals to other medical, mental healthy, drug and alcohol and legal services. |
| Department of Agriculture | Web Site: http://www.agriculture.state.pa.us/portal/server.pt/gateway/P_TARGS_6_2_75292_10297_0_43/AgWebsite/ProgramDetail.aspx?Senior-Farmers-Market-Nutrition-Program-(SFMNP)&palid=17&800-468-2433 | <u>Commodity Supplemental Food Program (CSFP)</u> : Provides a box of food each month to eligible women, children, infants & seniors who are nutritionally at risk. <u>Farmers Market Nutrition Program (FMNP)</u> : Provides qualified senior citizens, women, infants and children with checks to purchase fresh fruits and vegetables at approved sites. |
| Elijah Outreach Ministry | 509 E. Main St. Dallastown PA 17313 717-246-9607 Hours: Every Saturday 12PM; Every Wednesday 4 PM | <u>Dinner</u> : Meal served Wed, 4PM. <u>Outreach, Thrift Shop & Soup Kitchen</u> : A hot complete meal with drink and dessert. Counseling/advise/prayer/fellowship. Glasses if meet the low-income requirement Referral to our lawyer for helping with obtaining disability benefits. Provide free clothing for the family and some household items when available. Assistance to find work/encourage to be a volunteer. Serves Red Lion, Dallastown, Yoe, Windsor, York, Felton up to Delta Line Area |
| Emanuel Church of God in Christ | 825 E. Princess St. York, PA 17403 717-854-6567 Hours: T, 8:30AM-11AM | <u>Emergency food, personal care items, diapers</u> : York county residents. Deliveries available to homebound seniors or physically disabled persons living within York City. |
| Emmanuel's Closet | Web Site: http://www.bethlehemumcdallastown.org/Emmanuel'sCloset St. Paul's UCC 205 W. Main St. Dallastown, PA 17313 717-244-0655 Hours: Sat, 9AM-12PM | <u>Clothing</u> : Free clothing to residence of Red Lion or Dallastown School Districts |
| Episcopal Church of St John the Baptist | 140 N. Beaver St. York PA 17403 717-848-1862 Hours: Soup Kitchen: 4 th Tuesday of each month, 12PM; Pantry: Thursday afternoons | <u>Soup Kitchen</u> : Noon meal served on fourth Tuesday of each month. <u>Food Pantry</u> : Participates with other food pantries in York in providing food for needy individuals and families. Appointments are made by calling the Food Pantry Clearing House 717-846-8899. Food for homeless people who have no cooking facilities is kept in the food pantry, easily accessible for the church office personnel to hand out on an as-needed basis. |
| Family Clothes Tree | 4350 Bull Rd. Dover, PA 17315 717-292-5764 Hours: T-F, 9AM-3PM; Sat, 9AM-2:30PM | <u>Clothing</u> : Second hand clothing store and free clothing available for Dover residents. Must have referral from New Hope Ministries for free clothing. |
| First Presbyterian Church of York | 225 E. Market St. York, PA 17403 717-848-8869 ext. 4 | <u>Caring Company</u> : Outreach ministry that provides a food pantry, participates in the ElderShare Program (additional food for aged 60+), medical prescription assistance, bus passes for those people who have secured new employment and assistance with completion of a variety of referral applications. <u>Seasonal Programs</u> : Christmas hospitality which with pre-registration supplies gifts for needy children birth to 12 th grade, school supplies, and Trunk or Treat. |
| First St. John's Evangelical Lutheran | 140 West King St. York PA 17401 | <u>Food Pantry</u> : Emergency food supplies to needy families. Call or walk-in. Open to any York County resident. |

| FOOD, CLOTHING, PERSONAL ITEMS & HOUSEHOLD NEEDS | | |
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| Organization | Contact Information | Services/Eligibility |
| First St. John's Evangelical Lutheran Church | 717-843-8597 Hours: Every other Tues, 11AM | |
| Food Pantry Clearinghouse | 30 E. King St. York, PA 17401 717-846-8899 | <u>Food Bank:</u> Referrals & scheduling of emergency groceries at a local food pantry. |
| Gateway Church International | 50 Blunston Ln. York PA 17406 717-252-4148 | <u>Manna Project:</u> Free groceries offered to those in need on the 1st & 3rd Thursday of every month from 4-6 pm in the Fellowship Hall. No obligations. Everyone is welcome. |
| God's Food Barrel | 413 Baltimore St. Hanover, PA 17331 717-637-5568 | <u>Food Pantry:</u> |
| | | <u>Meals on Wheels:</u> |
| Goodwill Industries | Web Site: http://www.yourgoodwill.org/shop/stores-donation-centers/ | <u>Thrift Stores:</u> Hours vary. Call or check web site for store hours and more store locations. |
| | Stores: 1017 Baltimore St. Hanover, PA 17331 717-637-0397 | |
| | 535 S Main St Shrewsbury, PA 17361 717-227-4775 | |
| | 965 Loucks Rd York, PA 17404 717-819-4125 | |
| | 1120 Roosevelt Ave York, PA 17404 717-846-5780 | |
| | 2375 S Market St Elizabethtown, PA 17022 717-367-8830 | |
| Grace Lutheran Church | 150 Jefferson Ave York, PA 17401 717-848-2610 Hours: T & Sat, 9AM-12 PM | <u>Community Dinner:</u> Free dinner Wed, 5:15-6PM. |
| | | <u>Clothing:</u> Clothing items are free. No referral needed. |
| Grace United Methodist Church | 473 Plank Rd. New Freedom, PA 17349 717-235-4029 Hours: 2 nd & 4 th Monday of each Month, 9AM | <u>Gifts of Grace:</u> Food & baby items (diapers, wipes, etc.) given to anyone with a need. No questions asked. No limits to the number of visits. Bring 2 grocery bags |
| Harmony Grove Community Church | 6390 Harmony Grove Dover, PA 17315 717-292-3659 Hours: 1 st & 3 rd Sat, 9AM-3PM | <u>Clothing:</u> One bag of clothing free per visit. All ages & sex. No income restrictions. No referral needed. |
| Harvest of Blessing | 339 S. George St York PA 17401 717-808-4209 Fax: 717-843-3339 Hours: Sat, 10AM-12PM | <u>Food Bank:</u> Emergency food and sometimes clothing and household items. Distributions on Fridays 11AM-12PM, Fridays and 12-1:30PM, Saturday. Need to bring photo ID and complete a self declaration of income form. |
| Harvest of Hope Food Pantry | Web Site: http://www.harvesthope.org/ 4485 Wolfs Church Rd. York, PA 17408 717-792-6070 | <u>Food Pantry:</u> Food for needy families. Appointments can be scheduled through the Food Pantry Clearinghouse, 717-846-8899. |

| FOOD, CLOTHING, PERSONAL ITEMS & HOUSEHOLD NEEDS | | |
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| Organization | Contact Information | Services/Eligibility |
| Heidelberg United Church-Christ | 47 W. Philadelphia St. York PA 17401 717-854-7125 | <u>Community Breakfast Ministry</u> : Free meal served 4 th Saturday, 8-9AM. Free clothing and personal care items available to those in need. |
| | | <u>Heidelbean Coffee House</u> : Opened 1 st Friday, 6-10PM. A variety of local musicians perform on stage. We offer great coffee, snacks, table games, free wifi, good conversation and an open mic for aspiring singers, musicians and poets. |
| Junior League of York | Web Site: http://www.jlyork.org/thrift-shop 166 W. Market St. York, PA 17401 Store: 717-843-7692 Office: 717-845-3041 Store Hours: M-Sat, 10AM-3 | <u>The Thrift Shop</u> : High quality, gently used clothing for men, women & children. |
| | | <u>Annual Toy Sale</u> : Reasonably priced new & gently used toys for sale. Sale occurs in December before Christmas at a downtown location. |
| Lifepath Christian Ministries (formerly York Rescue Mission) | 367 W. Market St. York PA 17401 717-845-7662 | <u>Breakfast, Lunch and Dinner</u> : Serves breakfast M-Sun, 7-7:30AM; lunch M-Sun, 12-12:30PM; dinner M-F, 5-5:30PM. |
| | | <u>Clothing</u> : |
| | Dallastown Economy Store 33 East Maple St. Dallastown PA 717-244-2780 Hours: M-F, 9AM-4:30PM; Sat., 9AM-2PM | <u>Thift Store</u> : |
| | Dover Economy Store 67 North Main St. Dover PA 717-292-7832 Hours: M-F, 9AM-4:30PM; Sat., 9AM-2PM | |
| York Economy Store 283 West Market St. York PA 717-845-7662 Hours: M-F, 9AM-4:30PM; Sat, 9AM-2PM | | |
| Loganville Barn | 205 S. Main St. Loganville, PA 17342 717-428-1497 | <u>New & Used Furniture</u> : Large selection of furniture and household items for sale. |
| Madison Avenue Church of the Brethern | 645 Madison Ave York, PA 17404 717-854-1885 | <u>Emergency food assistance</u> : Food supplies; \$10 grocery store voucher, one time per month. Call for an appointment, leave message on the answering machine. Eligibility based on income and need. Serves York City, immediate area of church |
| Messiah United Methodist Church | 1300 North Beaver St. York PA 17404 717-843-4574 Hours: Tues, 9AM-11AM; Wed, 1PM-2PM | <u>Food Pantry</u> : For residents of North York City. Please call for reservations. |
| Neighbors Helping Neighbors of York | Email: billbusters17403@gmail.com 1000 E. Market St. York, PA 17403 717-434-7656 Fax: 717-467-4647 | <u>We Care Giveaways</u> : Free food, cleaning supplies, clothing, furniture & appliances. Medical & dental screenings. No eligibility requirements. Multiple events scheduled throughout the year. Call or email |

FOOD, CLOTHING, PERSONAL ITEMS & HOUSEHOLD NEEDS

| Organization | Contact Information | Services/Eligibility |
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| New Hope Ministries | <p>Web Site: http://www.nhm-pa.org/ Dillsburg Center 6 North Second St. Dillsburg, PA 17019 717-432-3053 Fax: 717-432-9789</p> <p>Dover Center 1836 Industrial Court Dover, PA 17315 717-292-3441 Fax: 717-292-9154</p> <p>Mechanicsburg West Shore Center 15 State Rd. Mechanicsburg, PA 17050 717-766-7333 Fax: 717-766-7575</p> | <p><u>Crisis Assistance</u>: Basic needs assistance (food, rent/mortgage assistance to prevent homelessness). Utility assistance to prevent termination of service. Transportation and medical assistance. Case management & referral services.</p> |
| Northeast Neighborhood Assoc. (NENA) | <p>Web Site: http://nenayork.org/ 216 Chesnut St. PO Box 1148 York, PA 17405 717-845-5641 Hours: M & W, 10AM-1PM</p> | <p><u>Emergency food, clothing, diapers, household items and community gardens</u>: Serves the residents of York City, PA in the area bounded by Ridge Avenue on the East, Duke and King Streets on the West and South, and Arch Street on the North. Resources are distributed on a walk-in basis. Bring photo ID head of household and names and birthdates for all household members. Recipients must complete a self-declaration of need form. Permitted to receive food once a month. Deliveries available homebound individuals.</p> |
| Our Daily Bread Soup Kitchen | <p>331 S. George St. York, PA 17401 717-848-1674 Mailing Address: PO Box 548 York, PA 17405</p> | <p><u>Breakfast & Lunch</u>: Meals for the needy. Breakfast served M-Th, 8:30-9 AM, lunch M-Th, 11 AM-12 PM. Bring a container and if there are left overs they will be distributed.</p> |
| Pleasant View Church | <p>Web Site: http://stepbystepshoebank.com/ 10384 Winterstown Rd. Red Lion, PA 17356 717-244-6323 Hours: 1st & 3rd Sat of each month, 10AM-12AM</p> | <p><u>Step by Step Shoe Bank</u>: Free, new sneakers for eligible children. Children must be present to assure proper fitting & accompanied by their caregiver. Infant-17 yoa with PA Access card, residents of Red Lion (17356), Red Lion School District, Felton (17322), & Windsor (17366). Parents/guardians are required to show child's current Access card, proof of residency i.e. utility bill, lease, etc. and current photo ID of parent/guardian</p> |
| Pregnancy and Family Resource Center | <p>Web Site: http://www.yorkpregnancycenter.com/ 46 W. Princess St. York, PA 17401 717-854-6285 Hotline: 888-543-3243 Hours: M, 10AM-1PM & 6-8 PM; W, TH, & F 10AM -1PM</p> | <p><u>Services</u>: Free and confidential services offering practical help, counseling, education, pregnancy testing, and material needs. Services may include pregnancy testing, confidential counseling & mentoring relationships, Parent Education Program (PEP), education about abstinence, pregnancy and fetal development, referrals for medical care and legal assistance, information about abortion procedures, risks and alternatives, childbirth information, referrals for education, employment and daily living related skills, maternity and baby clothing, adoption information and referrals and emergency formula and diapers.</p> |
| Red Loin Area Community Services | <p>Website: http://www.rlacsapantry.org/Services.html 15 First Ave Red Lion PA 17356 717-244-6934 Hours: M-F, 9AM-2PM</p> | <p><u>Food Pantry (by appointment)</u>: Applicants must provide a valid photo ID and proof of address, as well as the names and birthdates for every person residing in the household. All clients must sign the "Self-Declaration of Eligibility" form required by the state. Pantry food donations are distributed as the inventory is available.</p> <p><u>Bag of Blessings</u>: Extra holiday meal items are provided for Thanksgiving, Christmas, and Easter; donations of hams and turkeys are needed for this program each fall and spring. Please call to register.</p> <p><u>Warm Program</u>: Provide blankets, hats, gloves, scarves, socks, sweaters, and some coats to those in need.</p> <p><u>Back-to-School</u>: School supplies and backpacks to children in need.</p> |

| FOOD, CLOTHING, PERSONAL ITEMS & HOUSEHOLD NEEDS | | |
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| Organization | Contact Information | Services/Eligibility |
| Red Loin Area Community Services | | <u>Kids' Kafe</u> : Distributes extra bags filled with kid-friendly items each week to children during the summer months. <u>Christmas Gift Room</u> : |
| Re-Source | Web Site: http://resourceyork.com/ 161 E. Ninth Ave York PA 717-852-7574 Hours: W, Th & F, 9AM-5PM; Sat 9AM-4PM | <u>Thrift Store</u> : Sell building and home improvement materials. Will pick up donated items. Call to schedule pick up. Items are tax deductible |
| | 405 Carlisle Ave. York PA 717-718-3182 Hours: T, W & Th, 11AM-6PM; Sat , 9AM-4PM | <u>Home Improvement & Building Supplies</u> : Sell indoor yard sale and furniture warehouse. Will pick up donated items, call to schedule pick up. Items are tax deductible |
| St. David's Evangelical Congregational Church | 2411 Oakland Rd. Dover, PA 17315 717-764-0033 | <u>Food Bank</u> : |
| St. Jacobs Evangelical Lutheran Church | 99 W. George St. Box 216 York New Salem, PA 17371 717-792-9531 Hours: 1 st Saturday of each month, 10:00-11:00 AM | <u>Food Bank</u> : Proof of income and residency required |
| | | <u>Clothing Bank</u> : |
| St. James Lutheran Church | 2335 Cramer Rd. Brogue, PA 17309 717-927-9497 Hours: 1 st Sat of each month, 8:30-12AM; 2 nd Sat in Dec, 8:30 AM-12AM | <u>Community Clothing Closet</u> : Free clothing (sizes infant to extra-large). No restrictions, no referral needed. No identifying information requested, only general area of residency & household size. |
| | | <u>Toy Give Away</u> : Free toys to those in need. No restrictions, no referral needed. No identifying information requested, only sex and age of child receiving the toys. |
| | 25 N. Adams St. York, PA 17404 717-854-7198 Hours: 1 st Sat of each month 8-10 AM | <u>Breakfast for the Hungry</u> : Serving a nourish, heathy breakfast to anyone with is hungry or just wants the company of others. No charge. |
| St. John Lutheran Church | 2580 Mt. Rose Ave York PA 17402 717-840-0382 Hours: T, W, F & Sat, 10AM-4:30PM; Th, 12:30-7PM | <u>Compassion Place</u> : Small household appliances, clothing and food: |
| St. John the Baptist Catholic Church | 315 N. Constitution Ave New Freedom, PA 17349 717-235-2156 Food: 717-235-6370 Fax: 717-235-8595 Outreach building is located across from the church. | <u>Clothing</u> : Free, 1 bag per person per visit. No restrictions, no questions asked. |
| | | <u>Food Pantry</u> : Residence of southern York County (Glen Rock, Stewartstown, New Freedom, Jacobus, Shrewsbury, Seven Valley & nearby areas). Approx. a month's worth of food delivered to the home. Free-No restrictions, no questions asked for the 1 st three deliveries. Fourth delivery requires meeting with a social worker. |
| St. Mark's Lutheran Church | 700 E. Market St. York, PA 17403 717-845-8023 | <u>Breakfast</u> : Free breakfast served 2 nd and 3 rd Saturdays from 8-10AM. |
| St. Mary's Thrift Shop | 305 S. George St York, PA 17403 Phone 717-812-9999 Hours: M-F, 9AM-3PM; Sat, 9AM-1PM | <u>Thrift Shop</u> : For purchase-New, nearly new and gently used clothing, accessories, household items, jewelry, etc. Free-Clothing items with a referral from a local social service agency. |

| FOOD, CLOTHING, PERSONAL ITEMS & HOUSEHOLD NEEDS | | |
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| Organization | Contact Information | Services/Eligibility |
| St. Matthew Lutheran Church | 839 W. Market St. York, PA 17401 717-845-2721 | <u>Breakfast:</u> Free breakfast 4 th Saturdays from 8-9AM. |
| St. Patrick Catholic Parish | 231 S. Beaver St. York, PA 17401 | <u>Community Dinner:</u> Free dinner Sundays, 6:10-7PM. |
| Safe Kids York County | WellSpan Health Community Health Improvement Loretta Claiborne Building Suite 160 605 S. George St. York, PA 17401 888-232-7233 Fax 717-851-3235 | <u>York County Cribs for Kids:</u> Goal is to eliminate preventable infant deaths due to unsafe sleep practices. Program disseminates information on SIDS and safe infant sleep practices and distributes a safe infant crib to families in need. |
| Salvation Army | Web Site: http://www.use.salvationarmy.org/use/www_use_pendel.nsf/ 50 E. King St. York, PA 17401 717-848-2364 | <u>Thrift Shop:</u> Clothing & household goods free with referral from a local social service agency. <u>Grocery assistance:</u> <u>Prescription assistance:</u> <u>Clothing Closet:</u> Open most Tuesdays and Thursdays from 9:00 AM - 11:30 AM and again from 1:00 PM - 2:30 PM. Walk-ins are accepted for our Clothing Room. |
| | 257 E. South St. York, PA 17403 717-846-0167 | <u>Harry Miller Back to School Shoe Program:</u> <u>Christmas Cheer and Angel Tree Program:</u> Provides Christmas meal for needy families. Will need to provide photo ID for head of household, proof of current York county address and SS#'s for all household members to qualify. |
| | 1080 Haines Rd York, PA 17402 717-840-1300 | <u>Angel Tree Program:</u> Provides Christmas presents for needy children. Will need to provide photo ID for head of household, proof of current York county address, SS# of all household members and proof of age for children 1 year old through 10 years old. |
| | | <u>Fresh Blessings:</u> Food bank. York City residents but will not turn others away. Head of household must provide picture ID, register family & pick up food. No income verification required. Bring your own bags or boxes to transport food home |
| Stillmeadow Church of the Nazarene | Web Site: www.yorkcitycampus.com York City Campus 350 E. Chestnut St. York, PA 17403 717-846-1959 Hours: 1 st & 3 rd Tuesdays of each month, 2-5PM | |
| The Table | 124 Jefferson Ave York PA 17401 | <u>Lunch:</u> Meals for the needy. Lunch served 2 nd and 4 th Sat, 12:30-2PM. |
| Truth Tabernacle Seventh-day Adventist Church | 617 E. Princess St. York, PA 17406 717-845-7074 | <u>Emergency food, clothing and household:</u> Items distributed 3 rd Wed of each month, 6-8PM. Vouchers to York County Food Bank on a free come, free serve basis. |
| Union Lutheran Church | 408 W. Market St. York PA 17401 717-843-7897 | <u>Breakfast:</u> Free community breakfast 2 nd Sat of each month, 8-10 AM; 5 th Sat, 8-10AM-meal provided by companion church, Shiloh Lutheran Church. Clothing and other personal items available as donated by the community. |
| | | <u>Dinner:</u> Free dinner 1 st Sunday of each month from 4:30-6:30 PM. Clothing available. |
| United Methodist Churches of Hanover | 215 W. Walnut St. Hanover, PA 717-637-1574 Hours: 1 st & 3 rd Saturday of the month, 10AM-12PM | <u>Sole to Soul Shoe Ministry:</u> Free sneakers for children & teens. Eligibility-PA Access card or a referral from a social service agency; Proof of residency in the Greater Hanover area |
| US Dept. of Agriculture | Dept. of Agriculture 2301 North Cameron St. Harrisburg, PA 17110-9408 717-772-2693 717-772-2694 | <u>Farmers Market Nutrition Program (FMNP):</u> Provide resources in the form of fresh, nutritious, unprepared, locally grown fruits, vegetables, honey and herbs from farmers' markets, Rd. side stands and community supported agriculture programs to WIC recipients. |

FOOD, CLOTHING, PERSONAL ITEMS & HOUSEHOLD NEEDS

| Organization | Contact Information | Services/Eligibility |
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| US Dept. of Agriculture | <p>List of participating farmers markets: http://pameals.com/MealsPublic/FarmMarkets/MarketSearch.aspx?pc=fmnp 800-468-2433 Fax: 717-787-2387</p> <p>Website: http://www.yorkcpc.org/ or http://www.fns.usda.gov/wic/ Community Progress Council 130 W. Market St. York, PA 17401 717-843-7942 Fax: 717-843-9560</p> <p>YWCA 23 W. Chestnut St. Hanover, PA 17331 717-637-2125 Fax: 717-637-3516</p> <p>44 S. Main St. Shrewsbury, PA 17361 717-227-0048 Fax: 717-227-9084</p> <p>5 Pendyrus St. Suite 2 Delta, PA 17314 717-456-5559 Fax: 717-456-6508</p> <p>213 E. Lancaster Ave Red Lion, PA 17356 717-417-3354 Fax: 717-417-3263</p> <p>Calvary Lutheran Church 9 N. Main St. Dover, PA 17315 717-292-3441 Fax: 717-292-9551</p> <p>1 N. Second St. Dillsburg, PA 17019 717-432-2216 Fax: 717-432-2216</p> <p>308 Market St Lewisberry, PA 17339 717-938-4621</p> <p>226 E. College Ave York, PA 17403 717-846-4500 ext. 278</p> | <p><u>Senior Farmers' Market Nutrition Program (SFMNP)</u>: Provide resources in the form of fresh, nutritious, unprepared, locally grown fruits, vegetables, honey and herbs from farmers' markets, Rd. side stands and community supported agriculture programs to low-income seniors. Information regarding distribution sites is available by calling York County Office of Aging. Recipients are given a list of participating farmers markets & 4-\$5.00 checks to be redeemed at a qualified farmers market. Eligibility: 60 years or older by December 31st of program year, household income not more than 185% of federal poverty guidelines.</p> <p><u>Women, Infant & Children (WIC)</u>: Formula & supplemental foods for pregnant women, nursing mothers, infant and children to 5 years of age. Breast-feeding coordinator on staff. Nutritional education. Eligibility Guidelines: Unborn babies are counted in family size, foster children are eligible, MA, TANF & Food Stamp clients are eligible with income verification., no proof of citizenship required. Must meet income levels</p> |
| Veteran's Helping Hand | <p>46 S. Pershing Ave York, PA 17401 717-846-6035 Hours: M-F, 10AM to 5PM Sat, 10AM-2 PM</p> | <p><u>Thrift Store</u>: New & in good condition household items, furniture and appliances.</p> |

| FOOD, CLOTHING, PERSONAL ITEMS & HOUSEHOLD NEEDS | | |
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| Organization | Contact Information | Services/Eligibility |
| Volunteers of America | Web Site: http://www.voapa.org/Services/Thrift-Stores/Harrisburg-PA 675 Silver Spring Rd. Mechanicsburg, PA 717-766-2999 | <u>Thrift Store:</u> Sells donated clothing, furniture, appliances, and household goods at traditional thrift store prices |
| Water's Edge United Methodist Church | 471 Alels Rd. Wrightsville, PA 17368 717-246-2428 | <u>Food Bank:</u> |
| West End Local Link (WELL) | Physical Site: Union Lutheran Church 408 W. Market St., Rear York PA 17401 717-852-7345 Hours: M-F, 9AM-12PM | <u>Baby Care Items:</u> Formula, diapers, infant clothing, etc. No referral necessary. Bring Photo ID and SS card for all household members. Call for an appointment. <u>Food Bank:</u> Food for the needy. Sat, 9:30-11:30 AM by appt. Call 717-846-8899 for an appointment. Individuals seeking assistance must bring a photo ID and Social Security Card (originals not copies). May schedule for a pantry once every 30 days. |
| West Shore Evangelical Free Church | 1345 Williams Grove Rd. Mechanicsburg, PA 17055 717-697-0226 Hours: 3 rd Friday of the month with the exceptions of December, June and July, . 8:30AM-12:00PM | <u>Caring Closet:</u> Ministry designed to help those in need of clothing and shoes. A free lite brunch and fellowship is shared at 10:30AM. |
| Windy Hill Senior Center, Inc. | 1472 Roths Church Road Spring Grove, PA 17362 717-225-0733 Fax: 717-225-0825 | <u>Windy Hill Congregate Meal Program:</u> Serves a hot meal each day at 12:00 noon. The meals are available to anyone age 60 or older and a resident of York County. No charge for the meals, however, a donation is suggested. Please call to make a reservation. |
| Wolgamuth Church of the Brethren | 276 Old York Rd. Dillsburg, PA 17019 717-432-2749 | A food program to assist the average family to save on their grocery bill. Orders taken once a month. Accepts cash, money orders or food stamps. |
| York Benevolent Assoc. | 301 Kings Mill Rd. P O Box 5041 York, PA 17405 717-854-2494 | <u>Food Pantry:</u> Pantry every other Tuesday, 8:30AM-12PM. Handicapped Drive-through food, every other Monday, 10AM-11:30AM. Signs eligible families up for the Toys for Tots and holiday food baskets program in November. Bring 2 forms of ID and proof of York County residency. |
| York Compassion Center | 219 S. George St. York, PA 17401 717-846-0990 Hours: Th, 10AM | <u>Clothing:</u> |
| York County Assistance Office | Benefits Web Site: www.compass.state.pa.us 130 N. Duke St. York, PA 717-771-1100 800-991-0929 Hours: M-F, 8AM-5PM | <u>Assistance:</u> Cash, food, medical assistance, housing assistance, LIHEAP (heating assistance), long-term care, free/reduced school lunches, and home/community services. Information & applications can also be accessed via the Internet at: <u>Diaper Program:</u> Financial assistance to purchase diapers for children over 3 yoa with special needs (i.e. speech/motor delays, physical disability, etc.) which delays or makes potty training difficult. Child must be eligible for Medicaid. Provider (store or pharmacy) must be enrolled in the Medicaid program. Physician must complete MA 325 form & provide medical documentation of need. |
| York County Council of Churches | Physical Address: 408 W. Market St York, PA 17401 717-852-7345 Mailing Address: PO Box 2803 York, PA 17405 Hours: T-Th, 10:30AM-1PM | <u>West End Local Link (W.E.L.L.):</u> Clients must have referral through a human service agency, a church, a school or the Food Pantry Clearing House (717-846-8899). Clearing House hours are 9AM until noon, M-F. Provides emergency food, baby formula & care items, children & adult's clothing, prescription grant for medication and personal care items |
| York County Food Bank | 254 W. Princess St.. York, PA 17404 717-846-6435 Hours: M-F, 9AM-12PM | <u>Food Pantry Clearinghouse:</u> Centralized clearinghouse for food pantry referrals in York County. Includes referrals for groceries, diapers, formula and personal care items. Also serves as a clearinghouse for Thanksgiving and Christmas basket programs. |

| FOOD, CLOTHING, PERSONAL ITEMS & HOUSEHOLD NEEDS | | |
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| Organization | Contact Information | Services/Eligibility |
| York County Regional Dream Center | <p>Web Site: http://yorkdreamcenter.com/about.html 74 E. Forrest Ave Shrewsbury, PA 17361 717-235-7474 option 2 Hours: M & F, 10AM-5PM; W, 12PM-8PM; Sat, 9AM-12PM</p> | <p><u>Dream Center Community Closet:</u> Nonprofit service and outreach ministry donating clothing, shoes, baby items, furniture, coupons, appliances, household goods, building supplies, and paint to those in need.</p> |
| York Urban Garden Association (YUGA) | <p>York City Bureau of Health Shaun Underkoffler, Committee Chair Community Health Program Coordinator 717-854-5090 sunderko@yorkcity.org</p> | <p><u>Community Gardens:</u> A community garden in a place where individuals, community members, groups, and organizations can come together to garden. Gardening has some significant and important benefits including reduces family food budgets, conserves resources, stimulates social interaction, encourages self-reliance, beautifies neighborhoods and preserves green space, and creates opportunity for recreation, exercise, therapy and education. There are Community Gardens at various locations within the city. Please call for a location near you.</p> |
| York's Helping Hand for the Homeless | <p>Web Site: http://www.yorkhelpinghands.org/ 412 W. King St. York PA 17401 717-846-9275</p> | <p><u>Food Runs:</u> Hot meal and snack pack with beverage every Saturday and Sunday evening between 5 PM & 7:30 PM.</p> |
| | <p>Re-Source York 235 N. Beaver St. York PA 717-852-7574</p> | |
| | <p>Small Memorial AME Zion Church 401 S. Queen St. York PA 717-854-2249</p> | |
| | <p>412 W. King St. York, PA 17401 717-846-9275 Pickups: 717-846-6035</p> | |
| | | <p><u>York's Homeless Drop-In-Center:</u> Drop-in-Center where the homeless to use toilet facilities, take a shower, snack ,beverages and weekend meals, establish a mailing address, use laundry facilities, obtain free medical attention and transportation if needed to the Hospital. They obtain clothing, shoes, personal hygiene products, homeless survival kits, sleeping bags blankets, etc.</p> |
| | | <p><u>Food Pantry:</u> provides non-perishable and canned goods on an emergency basis to homeless, hidden homeless and needy people.</p> |
| | | <p><u>Search Center:</u> to use a computer to look for family and friends anywhere in the United States or where family members can post the names of individuals they believe to be homeless and are searching for them.</p> |
| | | <p><u>Mail Center:</u> where the homeless, who by definition have no fixed address, may receive mail.</p> |
| | | <p><u>Household items, appliances and furniture:</u> Homeless just getting a room or apartment and to the poor/needy.</p> |
| | | <p><u>School Day "Stuff the Bus" program:</u> Homeless & needy children are provided excellent used & new outer clothing, underwear, socks, shoes & school supplies.</p> |
| | | <p><u>Thanksgiving Baskets:</u> Provides a basket to needy singles & families.</p> |
| | | <p><u>Christmas Toy Give-Away:</u> New & good condition used toys, books and gift baskets</p> |
| Young Men's Christian Assoc. of York County (YMCA) | <p>Website: www.yorkcoymca.org 90 N. Newberry St. York, PA 17401 717-843-7884 ext. 242 Fax: 717-854-1857</p> | <p><u>Diapers:</u> Will supply York city residents receiving Food stamps with diapers one time per month.</p> |
| | | <p><u>Free Monthly Food Distribution:</u> The 4th Wednesday of every month except Nov</p> |

| FOOD, CLOTHING, PERSONAL ITEMS & HOUSEHOLD NEEDS | | |
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| Organization | Contact Information | Services/Eligibility |
| Young Men's Christian Assoc. of York County, Southern Branch (YMCA) | PO Box 263 Shrewsbury, PA 17362 717-235-0446 | & Dec groceries are available to qualifying individuals and families. Food is distributed from Penn-Mar's Glen Rock facility at 10671 Susquehanna Trail. |
| | | <u>Food Baskets</u> : Through the support of local community members and businesses, food is available for the Thanksgiving & Share Holiday in December. To sign-up for services, call the SCS office beginning in October. |

| HOUSING, SHELTERS & UTILITIES ASSISTANCE | | |
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| Organization | Contact Information | Services/Eligibility |
| Adams County Shelter for the Homeless | 102 N. Stratton St. Gettysburg, PA 17325 717-337-2413 | <u>Shelter</u> : Temporary shelter for the homeless. |
| Adams Rescue Mission (ARM) | Web Site: http://adamsrescuemission.org 2515 York Rd. Gettysburg, PA 17325 717- 334-7502 Fax: 717-334-2108 | <u>Agape House</u> : Christian based family apartments to provide shelter for displaced women & families while they integrate into the community & become self-sufficient. Rules: Contract agreement based upon present circumstances & agreed upon goals. Attend weekly church services & spiritual enrichment classes. Random drug & alcohol testing. Substance abuse meetings for those with dependencies. Active job searching & planning aimed toward leaving |
| | | <u>Men's Shelter</u> : Christian based program that houses up to 33 men. Provides clothing, food & shelter at no charge. Rules: Each man to work a steady 40-hour work week. Participate in counseling sessions and attend daily chapel services/recovery classes. |
| Bell Socialization Services | Web Site: https://bellsocialization.com/ 850 E. Market St. York, PA 17403 717- 845-9536 Fax 717-843-9549 | <u>Family Shelter</u> : 30 day emergency shelter for York families. Residency requirement of 60 days. Call in daily for openings. Open 365 days/nights a year. Accepts couples or single parents with children, couples in long-standing relationships, and single women. Must be drug free. Supportive services to assist in securing permanent housing, employment & community resources. Guidance sessions & workshops to learn budgeting & parenting skills. Longer-term option (up to 1 year) providing more time for homeless families to develop independence. |
| | | <u>Bell Bridge Housing</u> : Transitional housing program providing housing and staff supports for up to 1 year. Services include budget counseling, debt payment & savings, educational workshops, and referral services to other community agencies. Eight apartment units in York City and 2 single room occupancy units on the third floor of Bell Family Shelter. Eligibility requirements: Met the definition of homelessness, have an income and not be convicted of a violent crime. |
| | | <u>Community Hospitalization Integration Project Program (CHIPP)</u> : A partnership between three agencies: the York/Adams MH/IDD Program, Wellspan Behavioral Health Services, and Bell, provides residential services for 35 consumers with serious mental illness who were previously long-term patients (2 + years) at Harrisburg State Hospital. Also provides temporary support (30-90 days) for one mentally ill consumer at a time who is recovering from a local psychiatric hospitalization. |
| | | <u>Community Residential Apartment Services (CRAS)</u> : Housing for persons with mental health issues that need to learn skills for community living. Group homes provide maximum supervision. Apartments give moderate and/or minimum levels of care. Staff is available 24 hours a day. Requires a referral from York County MH/IDD |
| | | <u>Supported Housing Program</u> : Assists consumers with mental health issues to secure and maintain safe and affordable permanent housing. Services may include budgeting, instruction in building basic living skills to live independently and providing donated household items to set up housekeeping |
| | 16 W. King St. York PA 17401 717-356-2957 Fax: 717-356-2960 Hours: M-F, 9AM-5 PM; By appointment: M-F, 5-6PM, Sat, 9AM-12PM | <u>Next Door</u> : Emergency safe and affordable housing, rental assistance, case management and referral assistance. Eligibility: 1) homeless or near homeless, 2) income 250% below poverty, 3) 18 years or older, 4) York County resident, and 5) head of household |

HOUSING, SHELTERS & UTILITIES ASSISTANCE

| Organization | Contact Information | Services/Eligibility |
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| Bethesda Mission | Web Site: http://www.bethesdamission.org/ 611 Reily St. Harrisburg, PA 17102 717-257-4442 | <u>Shelters</u> : Separate shelters for men, woman, & woman with children |
| Brethren Housing Association | Web Site: www.bha-pa.org 219 Hummel St. Harrisburg, PA 717-233-6016 Fax: 717-233-5489 | <u>Transitional</u> : Housing and support for up to two years for homeless mothers with children. The program's goal is to move families to self-sufficiency and personal growth. Parenting classes & therapists are available through contracted services. |
| | | <u>Fast Track</u> : Rapid re-housing program for single parents or 2-parent families that focuses on the immediate outcomes of financial self-sufficiency and finding permanent housing. The program has a 4 month time limit. Coordinator works with each family. A small monthly security deposit is charged that later can be used towards the first month's rent and security deposit for permanent housing. |
| | | <u>Next Steps</u> : Permanent housing program providing case management support & in some cases rental assistance to formerly homeless families living in the community. The rental assistance plan (length of time and monthly amounts) would be based on the participant's need and agreed upon in contract form prior to program entry. This program is designed to offer shallow rental assistance on a decreasing basis, and is not intended for participants needing heavily subsidized rent in the long-term (like Section 8 funding). |
| | | <u>Bagwash Circle</u> : Volunteers serve as friends and a support system to single moms transitioning from homelessness to wholeness. Mentors develop a specific, one-on-one mentoring relationship with a mother who needs help with parenting skills, or managing her finances, or living a healthy lifestyle. Support Volunteers help from time to time with transportation, baby-sitting, tutoring, job search aid, etc. |
| Bridge of Hope of York County | 235 E. Market St. York, PA 17403 Mailing Address: PO Box 20263 York, PA 17402 717-747-9675 | A social service ministry that helps at risk or homeless women and children attain stable and affordable housing, set and accomplish goals, problem solve and build friendships. Program is free, lasts between 18-24 months & provides rental assistance, counseling, budgeting, parenting, mentoring group and accountability. |
| Center for Independent Living (IL) Opportunities | 150 Roosevelt Ave Suite 200 York, PA 17401 717-848-0991 800-956-0099 Fax: 717-849-0996 TTY: 717-849-0995 | <u>Home Modification Program</u> : A grant program which accesses home modifications for people with disabilities. |
| City of York, Dept. of Community Dev.- Bureau of Housing | 1 Marketway West 3 rd Floor York, PA 17401 717-849-2292 Fax: 717-849-2329 | <u>Low Interest Loan</u> : Low interest loans to city residents who own their own home and want to make improvements. Down payment & closing costs assistance to 1 st time home owners when buying a home in York City. |
| Columbia Gas | 800-537-7431 | <u>CAP</u> : Assistance with gas bills from Columbia Gas. Utility company will pre-screen applicants. Qualified individuals will be referred back to community service agencies to complete application process |
| Council of Churches | Web Site: http://www.hanoverareacouncilofchurches.org/ 136 Carlisle St. Hanover, PA 17331 717-633-6353 Fax: 717-633-1992 | <u>Changing Lives Shelter</u> : Emergency shelter for singles or families that are homeless. |

HOUSING, SHELTERS & UTILITIES ASSISTANCE

| Organization | Contact Information | Services/Eligibility |
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| Crispus Attucks | <p>Web Site: http://crispusattucks.org/programs/housing/rental-housing 605 S. Duke St. York, PA 17401 717-848-3610 Fax 717-843-3914</p> | <p><u>Housing:</u> 1, 2 & 3 bedroom apartments and single family homes in the southeast neighborhood of York for low to moderate income residents. Referrals to other agencies and services. Homeownership opportunities for selected renovated houses.</p> |
| Dollar Energy Fund, Inc. | <p>Web Site: www.dollarenergy.org P.O. Box 42329 Pittsburgh, PA 15203-0329 412-431-2800 800-683-7036 Fax: 412-431-2084</p> | <p><u>Hardship Program:</u> Provides a one-time grant directly to the utility account for customers who qualify financially and are struggling to meet their utility bill. Available for those who may not be eligible for LIHEAP. Customer must be making sincere effort to pay their bills. Necessary information to make application: Names, birthdates and Social security numbers of all household members, proof of household income, a copy of most recent utility bill, utility account number and proof of all payments made in the last 90 days. Must meet income levels</p> <p><u>Customer Assistance Program (CAP):</u> Utilities payments are based on income and household size, not usage. Utility company covers the difference between the CAP payment and actual usage. After full payment on-time every month, the company may forgive a portion of the back balance. Eligible customers have gross (before tax) income at or below 150% of the Federal Poverty Income Guidelines. Some companies offer weatherization programs.</p> |
| Family Promise of the Harrisburg Capital Region | <p>Web Site: http://www.familypromise.org/ 209 S. Baltimore St. Dillsburg, PA 17019 717-432-3037</p> | <p>Services families from the York, Dauphin & Cumberland areas that have recently lost their homes. Assists homeless & low income families to become independent.</p> |
| | <p>525 Hummel Ave. Lemoyne, PA 17043 717-737-1100</p> | |
| Freedom Path Ministries | <p>Web Site: http://www.freedompathministries.org/ 1501 Marburg Rd. Spring Grove, PA 17362 717-225-5536</p> | <p><u>Transitional Housing:</u> Christian based housing to assist women & children to establish stable housing & become self-sufficient. Program is a 6-18 month program. Women must be employed or become employed within 30 days of entering program. Rent-33% of income up to \$100 per week. Staff will assist with transportation to/from work & other necessary appointments i.e. doctor visits, church activities, etc. Children must be under the age of 10 while in program. Contractual behavioral agreement required. No agency referral needed, may require references</p> |
| Golden Vision Foundation | <p>PO Box 2634 York, PA 17405 717-854-7291</p> | <p><u>Housing Assistance:</u> A coalition of Christian Faiths providing housing assistance.</p> |
| Hanover Area Council of Churches | <p>138 Carlisle St. Hanover, PA 717-633-6353</p> | <p><u>Changing Lives Shelter:</u> Family shelter</p> |
| | | <p><u>Safe House:</u> Shelter for victims of abuse</p> |
| Hanover Safe Home | <p>No address provided for security reasons. 717-632-0007</p> | <p><u>Temporary shelter:</u> For victims & children of abuse. Services may include optional counseling, support groups, legal advocacy and assistance to access community resources.</p> |
| Housing Authority of the City of York | <p>Web Site: http://www.yorkhousingauthority.com/ 31 S. Broad St. York, PA 17403 717- 845-2601 Fax: 717-845-9251</p> | <p><u>Turn Key Lease/Purchase Program:</u> Lease purchase program. Eligible tenants must participate in a workshops and a rent payment set-aside initiative to save up for down payment and closing costs after two years of program participation.</p> |
| | | <p><u>Public Housing:</u> Housing for low income families, the elderly & people with disabilities. Housing may include single room occupants, multi-family developments, apartment buildings or single homes. Residents pay no more than 30% of their adjusted gross income for rent and basic utilities. Must complete an application, come to the top of the waiting list & meet income eligibility, rental & criminal history checks.</p> |
| | | <p><u>Family/Disabled/Elderly Housing:</u> Applicant must be on the housing wait list and the</p> |

HOUSING, SHELTERS & UTILITIES ASSISTANCE

| Organization | Contact Information | Services/Eligibility |
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| Housing Authority of the City of York | | <p>following conditions need to be met: Qualify as a "family" (HUD's definition of a family is: Two or more person who will live together regularly in the dwelling unit, with a head of household at least 18 years old, who: (a) are related by blood, marriage, adoption, legal guardianship or operation of law; (b) are not so related but have clearly and convincingly demonstrated a stable relationship in prior housing; or (c) consist of an elderly person or an individual with disabilities, and a live-in aide. Have an income within the income limits determined by the U.S. Department of Housing and Urban Development (HUD). See income limits. Have each member of the family is a citizen, national, or non-citizen who has eligible immigration status. Provide documentation of Social Security numbers for all family members 2 years of age and older (or certifies that they do not have one). MUST NOT be a registered sex offender or owe monies to the Housing Authority.</p> <p><u>Section 8 Housing:</u></p> |
| JR's Appliances | 1205 E. Philadelphia St York, PA 17403 717-854-7750 | <u>Appliances:</u> Sell, Repair & Parts. Clean, used appliances for sale. 90 day warranty |
| Lifepath Christian Ministries (formerly York Rescuse Mission) | <p>Web Site: www.lifepathyork.org 17 Jefferson Ave York, PA 17403 717-845-5947</p> <p>27 Jefferson Ave. York, PA 17404 717-845-5947</p> <p>PO Box 1968 363-369 W. Market St. York, PA 17405 717-845-7662 Fax: 717-848-4831</p> | <p><u>Women & Children's Shelter:</u> Emergency housing for single women & women with children. Program provides food, shelter, clothing, counseling & case management. Homelessness may be as a result of various reasons. Male children must be 12 yoa or younger.</p> <p><u>Fresh Start Program:</u> A 30 day program focused on women serving probation through drug court of York County Criminal Justice system.</p> <p><u>New Creation Bridge Housing Program:</u> A long-term transitional housing program designed to offer support services for single women and mothers. This will give them time to make the adjustment from supportive to interdependent living. They are given the opportunity to stabilize their financial futures and become healthy self-supporting members of the community.</p> <p><u>Spiritual Life Recovery Program:</u> A 46-bed program for men who sincerely want to resolve their problems with alcohol and/or drugs. It is a work oriented program with each man working an eight hour day. They also receive counseling and attend recovery sessions.</p> <p><u>Transient Care:</u> A 28-bed emergency shelter for men. Supportive guidance, Chapel, meals and clothing are provided.</p> <p><u>Temporary Senior Foster Care:</u> A 11-bed program for men 55 and older, who are alone and in need of a support system. Many of these men are York Countians and many do not have an alcohol problem. These men pay for their care from pensions, disability income and other limited resources.</p> |
| Masonic Children's Home | <p>Web Site: https://masonicchildrenshome.org/ One Masonic Drive Elizabeth, PA 17022 717-367-1121 ext. 33301 Fax 717-ci61-5648</p> | <u>Children's Home:</u> Educational and living opportunity for school-aged (6-18 years) children who are being raised by aging grandparents, or who come from various social or economic environments which do not provide the security and support necessary for healthy growth and development. Five homelike cottages provide 40 youth the chance to receive friendship, care and guidance. As the children mature they are provided resources to prepare them to live on their own. Amenities of the homes are: Attractive, homelike environment, Spacious bedrooms, Nutritious home-cooked meals, Clothing, Skilled child care, Complete medical care, Social worker on staff, Academic tutoring, Resources to pursue hobbies, Organized sports and activities, Annual vacations and trips, Opportunity for higher education and Independent living program. |
| Met-Ed/First Energy Programs | <p>888-544-4877</p> <p>800-545-7741</p> <p>800-207-9276</p> <p>888-282-6816</p> | <p><u>Emergency/Outage:</u></p> <p><u>Customer Assistance Program (CAP):</u> Assists residential customers to maintain electric service & eliminate past-due bills based on income & debt forgiveness.</p> <p><u>Customer Assistance & Referral Evaluation Services Program (CARES):</u> Short-term assistance to payment troubled residential customers; open to customers ages 60 or over, handicapped or disabled, or households with a seriously ill family member. Referral may be made to social agencies.</p> <p><u>Warm Program:</u> Provides energy-saving improvements & education to customers.</p> <p><u>Dollar Energy Fund:</u> Emergency hardship aid for those suffering financial difficulty.</p> |

HOUSING, SHELTERS & UTILITIES ASSISTANCE

| Organization | Contact Information | Services/Eligibility |
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| Milton Hershey School | Web Site: http://www.mhs-pa.org/ PO Box 830 Hershey, PA 17033 717-520-2000 800-322-3248 Fax 717-520-2117 | <u>Cost-free, private, co-educational home and school:</u> Education opportunities for children from families of low income with limited resources & social need. The school is funded by a trust established by Milton S. Hershey and his wife Catherine offering a positive, structured home life year-round and an excellent pre-kindergarten through 12th grade education. There is a focus on building character and providing children with the skills necessary to be successful in all aspects of life. Eligible graduates of the school may qualify for financial assistance to higher education. Admission Criteria: Child from low income family (total household income cannot exceed 150% of Federal Poverty Guidelines), limited resources & social need, between the ages of 4-15 yoa at the time of enrollment, have the ability to learn, free of serious emotional and behavioral problems, able and willing to participate in the program and US citizen. |
| New Hope Ministries | Web Site: http://www.nhm-pa.org/ Dillsburg Center 6 North Second St. Dillsburg, PA 17019 717-432-3053 Fax: 717-432-9789 Dover Center 1836 Industrial Court Dover, PA 17315 717-292-3441 Fax:717-292-9154 Mechanicsburg West Shore Center 15 State Rd. Mechanicsburg, PA 17050 717-766-7333 Fax: 717-766-7575 | <u>Crisis Assistance:</u> Crisis assistance with "basic needs" such as food, rent/mortgage assistance to prevent homelessness, utility assistance to prevent termination of service, transportation and medical assistance. Screenings and referral services to alternate assistance providers. Clients include: Working poor, senior citizens on fixed incomes, people with disabilities or illnesses, victims of job loss or spousal abandonment and people in crisis |
| Path Stone | 1625 North Front St. Harrisburg, PA 17120 717- 234-6616 ext. 106 | <u>Home Buyer Pre & Post-Purchase Counseling:</u> Provides individuals & families with education about the home buying process, maintaining a home, wealth & asset building |
| PA Dept. of Public Welfare | York County Assistance Office 130 N. Duke St. York, PA 17405 717-771-1100 800-991-0929 DPW LIHEAP Hotline: 866-857-7095 TDD 800-451-5886 Cash 800-991-0929 Crisis 717-846-4600 | <u>Low-Income Home Energy Assistance (LIHEAP):</u> Assistance with heating bills for income eligible individuals and families <u>Cash Grants:</u> Payment for heating bills are sent directly to the utility company or fuel provider and credited to the customer's bill. <u>Crisis Grants:</u> Grants available for emergency situations where the family is in danger of being without heat i.e. broken heating equipment or lines, utility service shut off. Heating bill assistance to low-income families. Do not need to be on public assistance to qualify. May rent or own their home. Have the names, DOB, SS#, and proof of income for all household members and a recent heating bill available. <u>Energy Assistance:</u> Provides cash grants to help families with heating bills and crisis grants to help families that are at risk of losing their power or coping with heating emergencies, like equipment breakdowns. Does not need repaid. Do not need to receive public assistance to qualify. Do not need to have unpaid heating bills. May own or rent home. Applications accepted around November 1 st each year. Must meet income levels <u>Low-Income Usage Reduction Program (LIURP):</u> Education & weatherization program to assist low-income residential customers lower the amount of electricity or natural gas used each month. |
| PA Housing, Emergency Management, Office of Long-Term Living & Community & Economic Development | Web Site: http://www.pahousingsearch.com/Resources.html PAHousingSearch.com 877-428-8844 | <u>Housing Search:</u> Free resource to assist renters or home buyers to locate housing. Free listing to landlords. Other helpful resources related to housing and other benefits |

HOUSING, SHELTERS & UTILITIES ASSISTANCE

| Organization | Contact Information | Services/Eligibility |
|------------------------------------|---|--|
| PA Housing Finance Agency (PHFA) | Web Site: http://www.phfa.org/consumers/homeowners/hemap.aspx | <u>Homeowner’s Emergency Mortgage Assistance Program (HEMAP)</u> : A loan program assisting in foreclosure prevention and mortgage assistance. Eligibility varies depending on desired program. Prospective residents must meet income guidelines. Services are at no costs although loan must be repaid |
| | Web Site: https://www.hudexchange.info/programs/811-pra/ PHFA: 717-395-9435 DHS: 717-780-3816 York/Adams HealthChoices Management Unit 100 W. Market St. Suite B-01 York, PA 17401 717-771-9900 Fax: 717-771-9590 | <u>HUD 811 Project Rental Assistance (811 PRA)</u> : Program is a collaboration between PHFA and Pennsylvania Department of Human Services (DHS) to provide extremely low income persons with disabilities with accessible and affordable housing. Eligibility: 1) at least 1 person in the household must be between ages 18 and 61 and disabled, and receiving or eligible for Medicaid and 2) gross household income at or below 30% area median income. Priority groups include adults with Autism, intellectual and physical disabilities, serious mental illnesses, and transitional age youth with disabilities. Housing units at Wyndamere Apartments in East York and New Freedom Apartments. York/Adams Health Choices is the local lead agency administering the program. |
| PA Office of Consumer Advocate | Web Site: http://www.oca.state.pa.us/ Forum Place 555 Walnut St 5th Floor Harrisburg, PA | Represents PA residents regarding matters of their utility service. |
| PA Public Utility Commission (PUC) | Web Site: http://www.puc.state.pa.us/ Utility Termination: 717-783-1740 800-692-7380 Consumer Complaints: 800-782-1110 | The PUC requires utilities to have programs and protections that help low-income customers keep their utility service. Contact your utility company directly for the following programs: <u>Budget Billing</u> : Residential customers may contact their electric or natural gas company and request budget billing at any time. Each monthly bill will be the same amount. Each month The company may adjust the bill four times a year, up or down, depending on the customer’s usage |
| | | <u>Customer Assistance Programs (CAP)</u> : Low-income, payment troubled customer to pay regular, monthly utility bills that are based on household size and gross household income. |
| | | <u>Customer Assistance Referral and Evaluation Program (CARES)</u> : The CARES program will help customers with special needs. Special needs customers are consumers who are experiencing family emergencies, divorce, unemployment, or medical emergencies. |
| | | <u>Low-Income Usage Reduction Program (LIURP)</u> : LIURP helps low-income residential customers lower the amount of electricity or natural gas used each month. May provide free home weatherization. |
| | | <u>Hardship Fund</u> : provide cash assistance to utility customers to help them pay their utility bills. Hardship funds provide assistance grants to customers who “fall” through the cracks” of other financial assistance programs, or to those who still have a critical need for assistance. |
| PP& L | Web Site: www.pplelectric.com 800-342-5775 | <u>LIHEAP</u> : Assistance paying utility bill |
| | 800-358-6623 Hours: M-F, 8AM-5PM | <u>Customer Assistance Referral Services (CARES)</u> : Electric conservation tips & referrals to community resources that may assist in paying utility bills. |
| | | <u>On-Track</u> : Program for customers who are struggling to pay their electric bill. Offers protection from shut off notices and debt forgiveness. |

HOUSING, SHELTERS & UTILITIES ASSISTANCE

| Organization | Contact Information | Services/Eligibility |
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| Roman Catholic Diocese of Harrisburg | Web Site: http://www.cchbg.org/get-help/ 1002 Hemlock Drive Harrisburg, PA 17110 717-236-6783 Fax: 717-236-3271 | <u>Interfaith Shelter for Homeless Families</u> : Provides housing to Central Region families consisting of at least 1 adult parent & children. Married couples without children are also eligible if space allows. Families are provided with food & hygiene items. Referrals can be made for transportation, life skill classes, medical screenings, budgeting classes, legal aid, Head Start & other programs. |
| | 120 Willow Road • Suite A Harrisburg, PA 17109 717-412-4865 Fax: 717-412-4943 | <u>Lourdeshouse Maternity Home</u> : Comprehensive maternity care and residential services to indigent women in South Central PA. Clients are housed in a 12-bedroom home and are typically single women who do not have any support from their families, women coming out prison or homeless women. The program closely monitors the resident's medical care and nutrition to ensure the healthy development of her child and the overall wellbeing of the mother. Women can stay at Lourdeshouse throughout the term of their pregnancy and up to six months after their babies are born. Mothers and infants can continue to receive support services until the babies reach 12 months of age. Program Services may include housing, intensive case management, childbirth education, parenting classes, meals, transportation to pre-natal care and post-delivery medical appointments, aftercare, pantry items to people in the community who have a child 12 months old & under, and access to other Catholic Charities services such as free, licensed outpatient counseling and adoption services. |
| Safe Home | No address provided for security reasons. 717-633-6353 | <u>Emergency Shelter</u> : Temporary shelter for victims of domestic violence. |
| Salvation Army | Web Site: http://www.use.salvationarmy.org/use/www_use_pendel.nsf/ | <u>HPRP Program</u> : Assistance with arrears for gas, electric, water & sewer. Priority people who are threat of termination or homelessness. Must financially qualify. Must provide utility account number, photo ID & SS# for all household members |
| | 50 E. King St. York, PA 17401 717-848-2364 (main line for help with utilities) | <u>Penn Customer Assistance Program (PCAP)</u> : Met Ed /Penn electric. Reduce monthly bill & gradually pay arrears. Long term program. Must provide utility account number, photo ID & SS# for all household members |
| | 257 E. South St. York, PA 17403 717-846-0167 | <u>Emergency Assistance</u> : Food, clothing, household goods. |
| | | <u>Visitation Services</u> : Companionship for older adults or shut ins. |
| | | <u>Youth Services</u> : Boys' & Girls' Club, Latchkey Programs |
| | 1080 Haines Rd York, PA 17402 717-840-1300 | <u>Worship Center</u> : Music & arts, women, men's and children services |
| Servants | Web Site: www.servants.org 100 Redco Ave. Suite C-O Red Lion, PA 17356 717-378-0336 Fax: 717-378-0352 | <u>Home Care</u> : Christian based home care and property services for the elderly, disabled, single parents & those in financial need. Types of services may include minor plumbing & electrical work, painting, sheetrock, carpentry and handiwork. |
| Silence of Mary Home | Web Site: http://www.thesilenceofmary.org/ 850 State St. 2 nd Floor Lemoyne, PA 17043 717-737-4107 | <u>Family Home</u> : Home for the disadvantaged & at risk (chronically homeless & runaways). Clients are supported by assistance with independent living skills, training, education, job opportunities, religious counseling, etc. |
| Still Water Shelter | No St. address provided for security reasons: PO Box 1323 Hanover, PA 17331 717-637-2235 | <u>Emergency Shelter</u> : Shelter for victims of domestic violence. Shelter provides temporary housing, food, clothing & personal care items, transitional housing program, counseling, support groups, legal & children's advocacy, linkage to community resources and 24 hour hotline. |

HOUSING, SHELTERS & UTILITIES ASSISTANCE

| Organization | Contact Information | Services/Eligibility |
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| Susquehanna Harbor Safe Haven | 1805 N. 12 th St. Harrisburg, PA 17103 717-232-5029 | <u>Safe Haven</u> : Housing for single men in the Tri-county area who have had 2 or more bouts of homelessness & have a diagnosed mental illness. |
| Spiritrust Lutheran Services | Web Site: www.SpiriTrustLutheran.org 2100 Utz Terrace Hanover, PA 17331 717-630-2754 877-838-4666 HUD Apartments Oakview Manor 1880 Oak Hills Drive Hanover, PA 17331 717-630-2754 TTY: 800.654.5988 | <u>Village at Utz Terrace</u> : Low income retirement living community. Offers residential living, personal care, skilled care & rehab, home care. |
| | 800 Bollinger Drive Shrewsbury, PA 17361 717-235-7946 877-743-4677 | <u>The Village at Shrewsbury</u> : Low income retirement living community. Offers residential living, personal care, skilled care & rehab, home care. |
| US Dept. of Agriculture (USDA) Rural Development | Web Site: http://www.rurdev.usda.gov/Home.html Lebanon Area Office 2120 Cornwall Rd. #7 Lebanon, PA 17042 717-272-3908 | <u>Housing and Community Facilities Programs</u> : Helps rural communities and individuals by providing loans and grants for housing and community facilities. Provide funding for single family homes, apartments for low-income persons or the elderly, housing for farm laborers, childcare centers, fire and police stations, hospitals, libraries, nursing homes, schools, and much more. Serves Adams, Chester, Dauphin, Delaware, Lancaster, Lebanon, and York Counties |
| York/Adams Health Choices | Web Site: http://yorkcountypa.gov/health-human-services/health-choices.html 100 W. Market St. Suite B-03 717-771-9900 Fax 717-771-9590 | <u>Housing Program</u> : Affordable, permanent, independent yet supportive housing for individuals in York & Adams Counties with serious and persistent mental illness. Individuals who qualify pay 30% of their monthly income. Eligibility: 1) Adult with serious mental health in a higher level of care or young adult (18-29 yoa) with serious mental health illness or adult with serious mental health illness currently involved in the criminal justice system, 2) Enrolled in Medical Assistance, 3) Documented serious & persistent mental illness, 4) Possess basic living skills, and 5) Maintain lease responsibilities |
| York County Planning Commission (YCPC) | Web Site: http://www.ycpc.org/for-residents.html 28 E. Market St. 3rd Floor York, PA 17401 717-771-9870 Fax: 717-771-9511 | <u>SCCAP Weatherization Program</u> : Insulation and other energy saving measures for homeowners and renters that financially qualify. Blank lung & child support are not counted as part of income. SSI and TANF recipients are automatically eligible regardless of income. |
| | | <u>Home Improvement Program</u> : Designed to help income eligible York County resident homeowners living in substandard housing by providing financial and technical assistance to obtain necessary home repairs. Funding is provided by a deferred payment plan in which is a mortgage in the amount of the loan is filed against the property for security. As long as the program participant remains the occupant and owner of the property, no repayment is required and no interest is charged. When the property is sold or transferred in any way or it ceases to be the primary residence, the full balance on the loan becomes due and payable to the County of York. The deed of the property remains in owner's name and is not transferred to the County. |
| York Area Housing Group | Web Site: http://www.yorkareahg.org/index.html 118 N. George St. #200 York, PA 17401 717-846-5139 TDD-800-654-5984 | <u>Subsidized Housing</u> : Rental housing for elderly, handicapped and low-income persons with limited resources. |

HOUSING, SHELTERS & UTILITIES ASSISTANCE

| Organization | Contact Information | Services/Eligibility |
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| York Area Housing Group | Fax: 717-854-9494 Hours: M-F, 8:30AM-5PM | |
| York Benevolent Assoc. | Web Site: http://www.yorkbenevolent.org/ 301 Kings Mill Rd. P O Box 5041 York, PA 17405 717-854-2494 Hours: Mondays, 9AM-12PM | <u>Energy Assistance</u> : Begins last week of October through April for low income citizens of York City, priority is given to the elderly. Assistance with electric & gas shut off notices & crisis heating fuel. |
| York County Assistance Office | Benefits Web Site: www.compass.state.pa.us 130 N. Duke St. York, PA 717-771-1100 800-991-0929 DPW: 800-692-7462 Hours: M-F, 8AM-5PM | Apply for cash, food, medical assistance, housing assistance, LIHEAP (heating assistance), long-term care, free/reduced school lunches, and home/community services. Application available on web site. |
| York Habitat for Humanity | 33 S. Seward St. York, PA 717- 854-6168 | <u>Home Ownership</u> : Partners with low income families to purchase their own home. Candidates must live or work in York City/County for at least six contiguous months prior to applying for the program. Family does not qualify for homeownership through conventional financing; the family has not owned a home for at least two years and the family meets <u>low income criteria</u> . In addition, one of the following must be true: The family's current housing is physically inadequate, unsafe, or overcrowded, or the family is "cost-burdened." (Cost burdened is defined as needing 50% or more of the family's income to pay the typical rent in York County. Furthermore, the family does not have savings to put money down on a home.). It must be true that 1) The family has a "reliable source of income" which has been stable for at least a year and expected to continue for at least two years. 2) The family's annual income is adequate to make the monthly principal, tax, and insurance payments (approx. \$500-\$700 per month) while meeting their other debt and living expenses. For York Habitat, this is defined as total debt including the projected principal, taxes, and insurance on the new home not exceeding 40% of income. 3) The family has a credit history free of liens and judgments that would prohibit their ability to sign a mortgage; they have not had a bankruptcy, foreclosure, or deed in lieu of foreclosure in the past 7 years; are not involved in a lawsuit; and they have a demonstrated history of making payments on time, or as negotiated with creditors during time of crisis. 4) The family is able to save \$500 for a down payment required at closing. |
| York's Helping Hand for the Homeless | Web Site: http://www.yorkhelpinghands.org/ 412 W. King St. York, PA 17401 717-846-9275 | <u>Case Management and Emergency Shelter</u> : counseling and shelter referrals/motel. <u>Out Reach Worker</u> : A county wide search for homeless singles and families to provide them with a homeless survival kit and/or transportation to our designated Motel and case management services. |
| Young Men's Christian Association (YMCA) | Web Site: http://www.yorkcoymca.org/Pages/Housing-Counseling-Services.aspx Housing Department 310 W. Philadelphia St. York, PA 17404 717- 854-7291 | <u>Affordable Housing</u> : Available to men, women and families in the Fairmount Apartments on N. Beaver St., W. Market St. , & King St. . One, two, three and four bedroom units are available for rent within these two communities with rent prices ranging from \$350-\$550 per month. <u>Men's Residence</u> : 120 single room occupancy units for rent. Rooms are fully furnished with a single bed, chest of drawers, a desk, chair and telephone with local access and voice mail. Each floor has a fully renovated bathroom, laundry room, and kitchenette, lounge area with cable TV and VCR & vending facilities. Community area on the lower level with an office area, visitor's lounge, game room, and a full service kitchen. All community areas are handicap accessible along with a designated number of rooms. A case manager and drug and alcohol counselor are available on-site. Residents pay \$300 per month for rent with a security deposit of \$75 unless receiving |

HOUSING, SHELTERS & UTILITIES ASSISTANCE

| Organization | Contact Information | Services/Eligibility |
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| Young Men's Christian Association (YMCA) | | assistance from the Section 8 program. Section 8 recipients' rent varies based on their criteria. All applicants must provide and/or allow verification of: 1) Picture I.D., 2) Social Security Number, 3) Income information, 4) Asset (bank account) information and 5) Homeless status |
| | 90 N. Newberry St. York, PA 17401 717-854-7291 ext. 701 | <u>Emergency Shelter</u> : Temporary housing, up to 30 days for single men. |
| | Oak Tree Real Estate 717-718-0748 | <u>Home Ownership Opportunities</u> : Selling completely rehabilitated and new construction single family homes in the Salem Square Neighborhood of York City. Homes feature an open floor plan, modern kitchens with energy efficient appliances, wall to wall carpeting, dedicated laundry room, 3 to 4 bedrooms, porches and/or balconies, one and a half baths and off-St. parking. The homes range in size from 2,400 to 3,700 square feet and start in the mid-high \$70's. Mortgages can be as low as \$500 if property owners apply and receive the County's Residential Tax Abatement Program (RETAP). 10 Year Tax Abatement is still available! |
| | 90 N. Newberry St. York, PA 17401 717-854-7291 | <u>Family Savings Account</u> : A matched savings program geared toward asset building in lower-income Pennsylvanians. Approved savers will earn a \$1 for \$1 match of their personal savings to be put towards an eligible use. Eligible uses of matched funds include home purchase, starting a business, or post-secondary education for self or child. |
| | | <u>Loss Mitigation</u> : Assists borrowers in default on FHA mortgages. Lenders who offer FHA loans are required to notify delinquent borrowers of this program and refer them to the Housing Alliance for counseling. |
| | | <u>Homebuyer Education Workshop</u> : Pre-purchase workshops (two 3-hour group trainings) covering topics of the importance of credit, budgeting, choosing a realtor, finding a lender & what to expect at settlement. |
| | | <u>Homeownership Counseling</u> : One-on-one counseling ideally after completion of the Homebuyer Workshop to customize the information from the group setting and create a tailored action plan for each prospective homebuyer. A minimum of two hours of one-on-one counseling is required in addition to completion of the Homebuyers Workshop for certification of completing Homebuyer Education required for YHAP assistance. |
| | | <u>Homeowners Equity Recovery Opportunity (HERO) or Refinance to an Affordable Loan (REAL)</u> : Loan program designed to improve the financial situation of PA residence who are not able to afford their current mortgage payments. The HERO program provides up to 100% financing, but instead of refinancing your current mortgage into a new loan, PHFA purchases your loan directly from your current lender and then sets you up on an affordable repayment agreement. This program is for borrowers not eligible for PHFA's REAL program ("Refinance to an Affordable Loan") or another mortgage refinance product available in the general market due to credit issues or owing more than your home's current appraised value. |
| | | <u>Homeowner's Mortgage Assistance Program (HEMAP)</u> : Assists homeowners who, through no fault of their own, are financially unable to make their mortgage payments and are in danger of losing their home to foreclosure. Loan is to bring delinquent payments current, and may also be eligible for payment assistance for up to 24 months. Clients cannot apply for this program until they have received an Act 91 letter from their lender. Once they have received the Act 91 letter they have 33 days to contact our agency and begin the application process. |
| | | <u>Reverse Mortgage Counseling</u> : Counseling that assists homeowners to decide if a reverse mortgage is right for them. A reverse mortgage is a home loan that lets older homeowners struggling with cash flow to "age in place" by converting a portion of the equity in their home into cash. No repayment is required until the borrower(s) no longer uses the home as their principal residence |
| | <u>Making Home Affordable</u> : Includes both a refinance option and a loan modification option that a housing counselor can assist you with. The loan modification program may reduce monthly mortgage payments & the refinance program will provide access to refinancing. | |

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| Young Women's Christian Association (YWCA)-Access York | Web Site: www.access-york.org PO Box 30 York, PA 17405 717-846-5400 800-262-8444 | <u>Emergency Shelter</u> : Temporary housing & hotline for victims of domestic violence. Other victim services may be offered. |
| | Hanover 717-637-2235 | |
| | 24 Hour Hotlines: 717-854-3131 800-422-3204 | |

LEGAL SERVICES

| Organization | Contact Information | Services/Eligibility |
|---------------------------------------|--|--|
| Adams County Public Defender's Office | Web Site: http://www.adamscounty.us/Dept/PublicDefender/Pages/default.aspx 23 Baltimore St. Gettysburg, PA 17325 717-337-9842 | <u>Attorney Service</u> : Legal representation of the accused in criminal offenses. Clients must meet income requirements. |
| Allegheny County Bar Assoc. | Web Site: http://www.acba.org/livingwill/LivingWillPowerofAttorney_print.pdf 400 Koppers Bldg. 436 Seventh Ave. Pittsburgh, PA 15219 412-261-5555 | <u>PA Living Will and Health Care Power of Attorney</u> : Free, living-will form endorsed by the Allegheny Bar Assoc. and Allegheny County Medical Assoc. Download the Living Will and Health Care Power of Attorney Form. Included is a video introduction to living wills and a video step by step guide to using the free endorsed PA Health Care Power of Attorney and Living Will form. |
| American Civil Liberties Union (ACLU) | Web Site: hbginfo@aclupa.org/ Central Office: PO Box 11761 Harrisburg, PA 17108 717-238-2258 877-424-2258 | Private, non-profit organization to preserve and protect the civil liberties and civil rights guaranteed by the US Constitution, especially the principles contained in the Bill of Rights, and the PA Constitution. Issues addressed are freedom of speech, freedom of religion, government-sponsored religious activities, privacy, discrimination based on race, gender, sexual orientation or disability, police misconduct, censorship in schools or libraries, fairness in application of school discipline, workplace privacy, access to government documents, inhumane jail and prison conditions, and other issues of fair treatment by government. |
| Disability Rights Network (DRN) of PA | Web site: http://www.drnpa.org/ Harrisburg Office 1414 N. Cameron St. 2nd Floor Harrisburg, PA 17103 1-800-692-7443 [Voice] TDD: 877-375-7139 717- 236-8110 TDD 717- 346-0293 Fax 717- 236-0192 | Advice for adults and children with disabilities to ensure their right to live in the community, receive necessary services, receive a full and inclusive education, to live free of discrimination, abuse and neglect, & to have control & self-determination. Matters that require further assistance may be forwarded to an advocate or an agency attorney. |
| Education Law Center-PA | Web Site: www.elc-pa.org/ 1315 Walnut St. 4 th Floor Philadelphia, PA 19107 215-238-6970 | Traditional legal work, training and information-sharing; advocating for new laws and policies in Harrisburg & Washington; and working with organizations and media to assure that all children receive a quality education. Organizations work falls into three major areas: 1) Making sure that all children have access to school & school programs, 2) Providing caregivers reliable, understandable information about education laws & policies, and 3) Improving schools. |
| Mid-Penn Legal Services | Web Site: http://www.midpenn.org/ York County 29 N. Queen St. | <u>Legal services</u> : Free legal civil law advice and representation for low income clients. Services available in other languages. Legal services may include custody & family issues, domestic violence, employment, landlord/tenants disputes, evictions/mortgage foreclosures, utility shut offs, referral , counseling , community education and |

| LEGAL SERVICES | | |
|--------------------------------|---|---|
| Organization | Contact Information | Services/Eligibility |
| Mid-Penn Legal Services | York, PA 17403 717-848-3605 800-299-6599 Fax: 717- 854-5431 | representation before administrative bodies & court. |
| | Adams County 128 Breckenridge St. Gettysburg, PA 17325 717-334-7624 Fax: 717-334-0863 | <u>Custody Workshops</u> : Assist parents/guardians to create a legal custody agreement for the children. Parents must be in agreement. Workshops held approximately 4 times a year. Call for schedule and to register. |
| | Cumberland County 401 E. Louthier St. Suite 103 Carlisle, PA 17013 717-243-9400 800-822-5288 Fax: 717-243-8026 | <u>Divorce Workshop</u> : Held 2 -3 times a year. Dates vary. Call for schedule and to register. |
| | Dauphin County 213-A N. Front St. Harrisburg, PA 717-232-0581 800-932-0356 Fax: 717-232-7821 | <u>Special Projects</u> : Consumer Law Team-fights predatory lending, Medical Assistance Outreach to Seniors, Ombudsman Project-protecting the elderly , Disability Advocacy Project-assist individual to receive Social Security Disability and Supplemental Security Income benefits. |
| | Lancaster County 38 N. Christian St. Suite 200 Lancaster, PA 17602 717-299-0971 800-732-0025 Fax: 717-295-2328 | |
| | Lebanon County 513 Chestnut St. Lebanon, PA 170472 717-274-2834 800-732-0025 Fax: 717-274-0379 | |
| PALawHelp.org | Web Site: http://www.palawhelp.org/ | Legal Services: Advice, forms, and resources for low income individuals. Areas of services are: 1) Consumer Law-Bankruptcy, Consumer Protection, Debt & Repossession, etc. 2) Children & Families-Custody & guardianship of children, Marriage, divorce, or separation, Domestic Violence & Protection from Abuse, Living Wills, etc. 3) Employment-Employee rights, Employment issues for ex-offenders, Criminal Records Expungements, Unemployment Compensation, etc. 4) Health-Medical Assistance, Medicare, Prescription Drug Programs, etc. 5) Housing & Shelter-Eviction, Mortgage Foreclosure, Housing Discrimination, etc. and 6) Public Benefits-TANF, SNAP, SSI, etc. |
| PA Immigration Resource Center | 50 Mount Zion Rd York, PA 717-600-8099 | Provides legal & educational resources to detained populations |
| PA Senior Law Center | Web Site: http://www.seniorlawcenter.org/ 2 Penn Center 1500 JFK Blvd. Suite 1501 Philadelphia, PA 19102 215-988-1244 Fax: 215-988-1243 Hours: 10 AM – 1 PM | <u>Senior Law Helpline</u> : Free legal information, advise & referrals by telephone to PA residences 60yoa or older. |

| LEGAL SERVICES | | |
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| Organization | Contact Information | Services/Eligibility |
| York County Bar Assoc. | Web Site: http://www.yorkbar.com/ 137 E. Market St. York, PA 17401 717-854-8755 Fax: 717-843-8766 Hours: M-F, 8:30AM-4:30PM | <u>Attorney Connection/Lawyer Referral Service</u> : Source for attorney referral information. Thirty minute consultation for \$50.00. |
| York County Court Administration | Web Site: https://yorkcountypa.gov/courts-criminal-justice/self-help-center.html 45 North George Street 4 th Floor York, PA 17401 Hours: M-F. 9AM-4PM | <u>Court Self-Help & Law Resource Center</u> : Houses the law library and provides resource for individuals who are representing themselves in civil litigation. Offers public access to computers for online legal research. Staff is not permitted to give legal advice but can offer procedural advice. |
| York County Office of the Public Defender | Web Site: http://yorkcountypa.gov/courts-criminal-justice/court-related-offices/public-defender.html 45 North George St. 3 rd Floor York, PA 17401 717-771-9217 Fax: 717-771-4759 Adults referral hours: M, 1-4PM; T, 8:30-11:30AM & 1-4PM; W, 1-4PM; Th, 8:30 -11:30 & 1-4PM; Fri, 8:30-11:30AM | <u>Attorney Service</u> : Legal representation of the accused in criminal offenses. Adult clients must meet income requirements & apply in person. Juvenile cases are automatically referred through juvenile probation and there are no income restrictions. Interpreters are available. Documentation Needed: 1) Proof of income such as last 3 paystubs, tax return, SSI or welfare information, 2) Copy of court order directing payment of child support, 3) Proof of any other major financial debt or assets, and 4) All case related paperwork & hearing notices |

| MEDICAL, DENTAL, EYE & HEARING SERVICES | | |
|---|--|---|
| Organization | Contact Information | Services/Eligibility |
| Allegheny Optical | 319 York Rd. Carlisle, PA 17013 717-258-4422 Hours: M, T&F, 9AM-8PM; W & Th 9AM-6PM Sat 8AM-2PM | <u>Eye Care</u> : Examine, evaluate and diagnose for corrective lenses or eye diseases. Maintain an inventory of corrective eye wear, contact lenses & frames. Takes Access |
| American Cancer Society | Web Site: www.cancer.org 924 N. Colonial Ave York, PA 17403 717-848-1841 Fax: 717-852-0919 | <u>Medications/Rehabilitation</u> : Limited financial assistance is available for prescription medications and ostomy supplies not covered by insurance. |
| | | <u>Mammography Vouchers</u> : Financial assistance for women in need of a screening, diagnostic &/or ultrasound mammogram not covered by insurance or underinsured. |
| | Square Commercial Center 1 Center Square Suite 4 Hanover, PA 17331 717-632-4918 800-227-2345 Fax: 717-632-3446 | <u>Information & Guidance</u> : Guidance & information regarding community resources for cancer patients. Library of books & videos available for loan. <u>Hope Lodge</u> : Temporary housing in Hershey, PA for cancer patients & their families receiving treatment at local medical facilities. |

MEDICAL, DENTAL, EYE & HEARING SERVICES

| Organization | Contact Information | Services/Eligibility |
|--|--|--|
| Atkins House | 307 E. King St. York, PA 17403 717-848-5454 Fax: 717- 852-9416 | HIV/AIDS testing |
| Carlisle Area Family Life | Web Site: http://www.carlislefamilylife.org/ 155 N. Hanover St. Carlisle, PA 717-243-1918 800-848-5683 | <u>Pregnancy Services:</u> Medical services & emotional and material support for pregnant woman. Services are free of charge, regardless of your income level. Generally serving those in Cumberland, Perry and Adams counties, but will serve anyone regardless of residency. Parenting classes also available. |
| Children's Health Insurance Program (CHIP) | Web Site: http://www.chipcoverspaki.com/home/ 800-986-5437 | <u>Healthy Kids Hot Line:</u> Health insurance for uninsured children in PA who are not eligible for or enrolled in medical assistance. |
| Children's Dental Health Associates | 2820 Whiteford Rd. York, PA 17402 717-295-4400 | <u>Dental Treatment:</u> Dental care for children. Most insurances accepted including MA. Services include: routine cleanings, restorative dentistry (fillings), periodontal therapy (gum care), crowns, extractions, etc. |
| City of York | Office of the Bureau of Health 101 S. George St. PO Box 509 York, PA 17405 717-849-2299 717-846-6804 Fax 717-852-9397 | <u>Immunization Program:</u> Purpose of the program is to reduce or eliminate indigenous cases of vaccine-preventable diseases in the community. Provides vaccine-preventable immunizations for children and adults. |
| | Albert S. Weyer Health Center 435 W. Philadelphia St. York, PA 17401 717-849-2299 Fax 717-843-5605 | <u>Healthy Moms Healthy Babies:</u> York City pregnant and/or post-partum moms with a child under the age of 2 living in York City. Nurse home visiting during/after pregnancy, follow-up calls for medical needs, connection to medical services, connection to city/county resources, education and baby gifts/safety equipment are free to eligible women. |
| Coast2Coast Rx Card | Web Site: http://coast2coastrx.com/ | <u>Free Discount Prescription Card:</u> Primarily for people without health insurance but in some cases may offer better pricing than certain health insurance plans. Savings up to 65% on brand names and generics. Cards are free and there are no health restrictions. Pick up locations: CVS Pharmacy, Wal-Mart Pharmacy, Walgreens, Rite Aid, Target, SAM's Club, K-mart, Giant, Weis |
| Community Check-up Center | Web Site: http://communitycheckupcenter.org/Our-Programs/ 38C Hall Manor Harrisburg, PA 17104 717- 233-1700 Fax: 717-236-8752 | <u>Medical Care:</u> Comprehensive healthcare to women and children in South Harrisburg/Tri-County area to include pediatric health services & gynecological health care. No one is ever denied services due to lack of insurance or an inability to pay. Bilingual (Spanish/English) medical staff available. |
| Dental Dreams | 351 Loucks Rd. York PA 17404 717-848-3600 | <u>Dental Services:</u> Services available are whitening, restorative & oral surgery, dentures/partials, root canals, tooth colored fillings, and crowns/bridges Accepts Medical Assistance. |
| Dillsburg Family Health Center | 204 Mumper Lane Dillsburg, PA 717-434-2411 | <u>Community Health Center:</u> |
| East Side Health Center | 850 E. Princess St. York, PA 717-801-0971 | <u>Community Health Center:</u> Primary care and behavioral health services to all who come, including those who are uninsured and underinsured, regardless of ability to pay. |
| Fairview Family Health Center | 564 Old York Rd. Etters, PA 717-938-9191 | <u>Community Health Center:</u> |

MEDICAL, DENTAL, EYE & HEARING SERVICES

| Organization | Contact Information | Services/Eligibility |
|---------------------------|--|---|
| Family First Health | <p>Web Site: www.familyfirsthealth.org George St. Center 116 S. George St. Suite 200 York, PA 17401 717- 845-8617 Hours: M-W, 7:30AM-7PM; Th-F, 7:30 AM-5PM</p> <p>Hannah Penn Center (located inside Hannah Penn Middle School) 415 E. Boundary Ave Suite 101 York, PA 17403 717- 843-5174 Hours: M-F, 8AM-4:30PM</p> <p>Lewisberry Center PO Box 23 308 Market St. Lewisberry, PA 17339 717- 938-6695 Hours: M, T, F, 8:30AM-5PM W & Th, 8:30AM-4PM</p> <p>Hanover Center 1230 High St. Hanover, PA 17331 717- 632-9052 Hours: M, Th & F, 7AM-5PM T & W, 7AM-7 PM</p> <p>Gettysburg Center 1275 York Rd. Suite 17 Gettysburg, PA 17325 717-337-9400</p> | <p><u>Community Health Center:</u> Primary care, Family Planning services, acute illness, EPSDT provider, Free BP screening (call for days and times), HIV testing & services. Board certified physicians and mid-level providers at all sites. Additional specialty providers have been added to our Hanover Center and George St. Center to offer patients expertise in the areas of pediatrics and infectious disease. All sites are staffed with Spanish interpreters to assist with visits if the need exists. Specialist to work with patients to examine their eligibility for Medical Assistance, Healthy York Network and Family First Health's Reduced Fee program. Additionally, patients of Family First Health and those apart of Healthy York Network are able to use the Healthy Community Pharmacy, a nonprofit pharmacy co-located at Family First Health's George St. Center.</p> <p><u>Dental:</u> Dental services in York City & Adams County. Hygienist services are available at our George St. Center and Hanover Center. Two of York sites are located at our Hannah Penn Center in the Hannah Penn Middle School and are reserved for treating the youth of the York City School District.</p> <p>Fees for medical and dental services range depending on the types of visit and tests that are performed. Using a sliding fee scale, discounts are based on family size and income. Staff will be glad to explain the system to you when you come in for your visit. No one is denied health services due to an inability to pay.</p> |
| Greenbriar Medical Center | <p>Web Site: http://www.mhyork.org/services/Greenbriar-Medical-Center.aspx 520 Greenbriar Rd. York, PA 17404 717- 764-9729 Hours: 1st Th of every month, 10 –11AM</p> | <p><u>Blood Pressure Clinics:</u> Free</p> |
| Hamilton Health Center | <p>Web Site: http://www.hamiltonhealthcenter.com/ 110 S. 17th St. Harrisburg, PA 17104 717- 230-3909</p> <p>110 S. 17th St. Harrisburg, PA 17104 717- 230-3958 Hours: M-Th 7AM-7PM; Fri 8AM-5PM; Every other</p> | <p><u>Medical Services:</u> Services may include adult medicine, benefit coordination, HIV (Free HIV/AIDS education, testing, treatment & supportive services, immunizations (vaccinations may be free for children birth-18 yo without coverage for immunizations.), laboratory, pharmacy, pediatrics, podiatry, radiology, and women's health/OBGYN. Accepts most insurances including Medical Assistance & Medicare. Uninsured or underinsured are interviewed to determine qualifications for assistance programs. Interpreter services are available.</p> <p><u>Dental Services:</u> Services may include preventive dentistry, restoration dentistry: fillings, emergency care, prosthodontics: dentures & partial plates and crowns & bridges. Dental care provided for the HIV patients. Sliding fee for those that qualify.</p> |

MEDICAL, DENTAL, EYE & HEARING SERVICES

| Organization | Contact Information | Services/Eligibility |
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| Hamilton Health Center | Sat 9AM-1PM | |
| Hanover Council of Churches | 136 Carlisle St. Hanover, PA 17331 717-633-6353 Fax-717-633-6219 Hours: 1st & 3rd Tues, 10:30AM-12PM; 2nd & 4 th Thurs, 6PM-8PM | <u>Free Medical Clinic Open to Public:</u> Free flu shots for the uninsured or underinsured are available at all clinics while supplies last. Diabetes Education Classes are the 1st & 3rd Tuesday of the month from 12 pm – 1 pm |
| Harrisburg Area Community College (HACC) Dental Hygiene Clinic | Web Site: http://www.hacc.edu/ProgramsandCourses/Programs/HealthCareers/upload/Dental-Treatment-Facility.pdf One HACC Drive Harrisburg, PA 17110 717-780-2441 800-222-4222 ext. 2441 | <u>Dental Hygiene School:</u> Low or no cost dental exam, cleanings & x-rays. Student dental hygienists are supervised by licensed dental professionals. Referrals for after care to the clinic or other providers when necessary. Accepts medical assistance and CHIP. |
| Harrisburg Hospital | Web Site: https://www.pinnaclehealth.org/ 111 S. Front St. Harrisburg, PA 17101 717- 782-3131 | <u>Emergency Medical Care:</u> |
| Health Share Partnership | West Shore: 717-972-4099 Mechanicsburg: 717-766-7333 Carlisle: 717-245-5433 | <u>Case Management:</u> Assist families who have medical assistance or who do not qualify for medical assistance but have no medical insurance to secure medical & dental care. |
| Healthy York Network | Web Site: http://www.healthyorknet.org/default.aspx York County 116 S. George St Suite 101 York, PA 17401 717-812-2990 800-429-2430 Adams County 1275 York Rd Suite 17 Gettysburg, PA 17325 717-334-0206 800-429-2430 | <u>Discounted Health and Dental Care Services:</u> Group of community organizations and health care providers who are working together to make health care available to all people regardless of their ability to pay. Must provide proof of income i.e. pay stubs, tax return, statement from employer, Social security statement, child support, public assistance, etc. Counselors will assist people to apply for medical coverage if they are eligible. |
| Hope Within Community Health Center | Web Site: http://www.hopewithin.org/ 4748 E. Harrisburg Pike Elizabethtown, PA 17022 717-367-9797 Fax: 717-367-1160 291 S. Fourth St. Columbia, PA 17512 717-367-9797 Fax: 717-367-1160 | <u>Medical Services: Eligibility:</u> 1) Medically uninsured, 2) Reside in Dauphin or Lancaster County, and 3) Income is under 250% of the Federal Poverty Level. |
| Katallasso Family Health Center | Web Site: http://katimpact.org/ 38 S. Belvidere Ave York, PA 17401 717-885-5637 | <u>Health Center:</u> Faith based healthcare to those who are uninsured, those who are under insured and those living in poverty. |

MEDICAL, DENTAL, EYE & HEARING SERVICES

| Organization | Contact Information | Services/Eligibility |
|--------------------------------------|---|--|
| Make-A-Wish Foundation of Greater PA | Web Site: http://philasv.wish.org/ York Regional Office 2951 Whiteford Rd. Suite 304 York, PA 17402 717-757-9474 Fax: 717-840-0222 | Grants the wishes of children with life threatening illnesses. Serves Adams, Bedford, Fulton, Franklin & York County |
| Memorial Hospital | Web Site: http://www.mhyork.org/ 717-849-5344 | <u>Physician Referral Line:</u> |
| | 325 S. Belmont St York, PA 17403 717-843-8623 | <u>Emergency medical care:</u> Fees are on a sliding scale & a limited number of insurance plans are accepted. |
| | 1785 Fourth Ave. York, PA 17403 717-849-5474 HIV testing: 717-815-2618 | <u>Clinic:</u> Primary care for women and children, prenatal care & HIV testing by appointment. MA accepted. |
| Mission of Mercy | Web Site: http://www.amissionofmercy.org/marylandpennsylvania/ <u>Clinic Sites:</u> Christ Lutheran Church 124 S. 13 th St. Harrisburg, PA 717-972-4993 Hours: F, 2x monthly Services: Medical and dental | <u>Mobile Health Care:</u> Access medical & dental care as follows: 1) Existing medical patients may call to schedule an appointment. Leave a message and a volunteer will return the call. Appointments usually scheduled 4-6 weeks in advance, 2) New patients must first be seen as a walk in. It is suggested that new patients arrive early no later than 7:00 AM, and 3) Dental patients are seen as walk-ins only. It is suggested that one calls (301) 682-5683 or (717) 642-9062 to confirm that a dentist will be available. <u>Medical care:</u> Medical treatment provides basic to specialty care. Doctors are able to diagnose and treat conditions ranging from acute to chronic illnesses. Program does not provide emergency care. |
| | Gettysburg Foursquare Church 330 West Middle St. , Gettysburg, PA 717-549-3069 Hours: By appointment Services: Medical, dental and physical therapy | <u>Prescription:</u> Free prescription medications to patients who are treated at our clinics. Prescriptions are provided on-site, immediately after treatment. Patients requiring medications not available in our formulary are assisted by volunteers who register patients for the Pharmacy Assistance Programs offered by the larger pharmaceutical companies. These medications are shipped to Mission of Mercy and dispensed to the patient at no charge. Program is not a dispensing pharmacy and does not fill prescriptions. |
| | Reisterstown United Methodist Church 246 Main St. Reisterstown, MD 410-833-5870 Hours: T, 2x monthly Services: Medical & dental | <u>Dental care:</u> Provides dental exams, x-rays and fillings and extractions. Do not provide preventative dental care (cleaning and exams), reconstruction (implants, veneers, crowns, or bridges), cosmetic dentistry or orthodontics. |
| | Church of the Ascension 23 N. Court St. Westminster, MD 21157 443-405-4010 Hours: T & W, Bi-monthly, 9-11AM Services: Medical & dental | <u>Diagnostic services:</u> Temperature, blood pressure, visual acuity testing, hemoglobin, finger stick blood glucose and cholesterol, urine dipstick analysis, microscopic wet prep, potassium hydroxide prep, urine pregnancy tests, fecal occult blood, electrocardiogram, oxygen saturation & peak respiratory flow rates. Additional diagnostic services may be ordered by program physicians and provided at no charge via community partners. |
| | Administrative Office 22 South Market St. Ste. 6D Frederick, MD 21701 301-682-5683 | |

MEDICAL, DENTAL, EYE & HEARING SERVICES

| Organization | Contact Information | Services/Eligibility |
|---|---|---|
| Mission of Mercy | Fax: 301-682-3499 | |
| Morningstar Pregnancy Services | <p>Web Site: http://www.morningstarchoices.com/ 3837 Walnut St. Harrisburg, PA 17109 717-901-2799 Hours: M & T, 10AM-8PM; W, Th & F 10AM-4PM</p> <hr/> <p>503 Bridge St. New Cumberland, PA 17070 717-901-5433 Hours: T & Th 10AM-4PM</p> <hr/> <p>35 S. Union St. Middletown, PA 17053 717-944-3888 Hours: M, 9AM-4:30PM T-11AM-7 PM; Th & F, 9AM-4:30PM</p> | <p><u>Pregnancy Services:</u> Services may include abortion & post abortion counseling, adoption, Morning After pill & RU486, testing for and treatment of STDs, and parenting education. Confidential & free of charge</p> |
| Nurse-Family Partnership | <p>Web Site: http://www.nursefamilypartnership.org/locations/Pennsylvania/Nurse-Family-Partnership-of-York-County York County 116 S. George St. York, PA 17401 717-843-6330 717-846-8108 fax</p> <hr/> <p>Cumberland & Perry Counties 100 N. Hanover St. Carlisle, PA 17013 866-723-5377 ext. 4323</p> <hr/> <p>Dauphin & Franklin Counties 2645 N. 3rd St. Harrisburg, PA 17110 717-782-2335</p> <hr/> <p>Lancaster County 527 N. Lime St. Lancaster, PA 17602 717-544-1952</p> | <p><u>Prenatal & Early Childhood Services:</u> A free prenatal & early childhood nurse visitation program that improves the health and well-being of MA/WIC eligible first-time mothers and their babies. To help families develop confidence and skills for parenting and economic self-sufficiency. A registered nurse visits the home to help educate & prevent maternal and child health problems. Services beginning during pregnancy and continuing until the child is two years old, nurse home visitors work with families: 1) Approximately 64 planned home visits over a 2 ½ year period, 2) Educate mothers on preventive health & prenatal practices for the mother, 3) Health & development education and care for mother & child, and 4) Life coaching to assist in economic self-sufficiency</p> |
| Optometry Cares | <p>Web Site: http://infantsee.org/ 314-983-4160 888-396-3937</p> | <p><u>InfantSEE:</u> Public health program designed to ensure that eye and vision care becomes an essential part of infant wellness care to improve a child's quality of life. Under this program, participating optometrists provide a comprehensive infant eye assessment between 6 and 12 months of age as a no-cost public service. Call or consult web site to locate a local doctor.</p> |
| Partnership for Prescription Assistance | <p>Web Site: www.pparx.org 888-477-2669</p> | <p>People who do not have prescription coverage and cannot afford their medications. May be free or low cost. Have list of medications you are taking ready.</p> |

MEDICAL, DENTAL, EYE & HEARING SERVICES

| Organization | Contact Information | Services/Eligibility |
|----------------------------|---|--|
| Patient Assistance Program | Web Site: http://www.myrxadvocate.com 877-331-0362 | <u>Prescription Assistance:</u> Assistance from pharmaceutical companies to assist the uninsured who cannot afford their medication. On-line application available. Eligibility requirements are: 1) US resident, 2) Not have insurance coverage for outpatient prescription drugs, 3) Purchasing prescriptions at retail prices causes a financial hardship, and 4) In most cases hardship defined by federal poverty guidelines |
| PA Dental Assoc. | Web Site: http://www.padental.org/ 3501 North Front St. P.O. Box 3341 Harrisburg, PA 17105 717-234-5941 | <u>Senior Dental Care:</u> Member dentists offer dental care at a reduced cost to senior citizens on low or fixed incomes. Eligibility: 65 years or older, PA resident, no dental insurance or government assistance, and annual income: singles-\$14,500 or married couple \$17,700 |
| PA Dept. of Aging | Web Site: http://www.portal.state.pa.us/portal/server.pt/community/pace_pacenet/17944 Bureau of Pharmaceutical Assistance 555 Walnut St. 6 th Floor Harrisburg, PA 17101 (717) 787-7313 800-225-7223 Fax: 717-772-2730 | General eligibility: 1) 65 years of age or older, 2) PA resident for at least 90 days prior to the date of application, 3) Not enrolled in the Department of Public Welfare's Medicaid prescription benefits, 4) PACE & PACENET eligibility is determined by your previous calendar year income <u>PACE:</u> Income levels are single person, total income must be \$14,500 or less and married couple, combined total income must be \$17,700 or less |
| | | <u>PACENET:</u> PACENET income limits are slightly higher than those for PACE. Income levels are single person, total income can be between \$14,500 and \$23,500 and married couple, combined total income can be between \$17,700 & \$31,500 |
| | | <u>PACE Plus Medicare:</u> PACE/PACENET coverage is supplemented by federal Medicare Part D prescription coverage and offers older Pennsylvanians the best benefits of both programs. Older adults continue to receive the same prescription benefits while, in many cases, saving more money. |
| | Web Site: http://www.aging.state.pa.us/portal/server.pt/community/other_pharmaceutical_programs/17947 800-955-0989 | <u>PA Patient Assistance Program Clearinghouse (PA PAP):</u> A referral system to connect those that cannot afford their medication to assistance programs. Eligibility requirements include PA resident over age 18 yoa and do not have Medicaid or PACE coverage (However it may be able to assist in coverage gaps in Medicare Part D). |
| PA Dept. of Health | York County State Health Center 1750 N. George St. York, PA 717-771-4505 Hours: M-F, 8AM-4:30PM | <u>Community Health Center:</u> |
| | 800-215-7494 | <u>Healthy Women Program:</u> Free breast & cervical screening for women 40-60 yoa who have no or limited insurance coverage and have low to moderate household incomes. |
| | 717-772-2762 | <u>Comprehensive Specialty Care Program:</u> Services are provided to children with spina bifida, hemophilia, cardiac disorders, cleft palate, orthopedic and neuromuscular conditions, hearing and speech impairments and ventilator dependency. |
| | Bureau of Family Health Health & Welfare Building 7th Floor, East Wing 625 Forster St. Harrisburg PA 17120 717-772-2762 | <u>PA Lead and Healthy Homes Program (LHHP):</u> Program seeks to create safe and healthy housing by addressing environmental health and safety issues in homes. Some home conditions can cause or contribute to serious health issues including lead paint, mold, mildew, dust mites, pests and pet dander. Low-income, young children are particularly vulnerable to health complications associated with unhealthy home environments. This program aims to address multiple hazards in homes and prevent diseases and/or injuries that result from housing-related hazards by: <ul style="list-style-type: none"> •conducting comprehensive home assessments to identify potential hazards; •providing education and interventions to prevent health or safety problems before negative outcomes occur; •coordinating access to health, social and environmental resources as needed; •establishing or strengthening local partnerships to reduce health and safety risks in homes; •collaborating with appropriate enforcement agencies to identify existing regulations that address healthy housing issues. |

MEDICAL, DENTAL, EYE & HEARING SERVICES

| Organization | Contact Information | Services/Eligibility |
|--------------------------------------|---|---|
| PA Drug Card | Web Site: www.drugcard.com 800-901-2185 | <u>Prescription Drug Card:</u> Free savings card discounting prescription drugs designed to help patients nationwide who do not have prescription drug coverage or who have coverage but are subject to large deductibles, large co-pays, formulary limitations, dosing limitations, gaps, and/or any cash out-of-pocket expenses. No income, age, pre-existing condition, deductible, or waiting period restrictions. Accepted by most major pharmacies. |
| Pediatric Specialty Care | 120 Rider Avenue Lancaster, PA 17603 717-394-0882 Fax: 717-394-0885 Admissions: 877-291-6535 | <u>Residential Program:</u> Providing long term, short term, transitional and respite care available for technology-dependent and medically fragile infants, children and young adults. |
| Planned Parenthood | Web Site: http://www.plannedparenthood.org/health-center/centerDetails.asp?fc=3786 York Center 728 S. Beaver St. York, PA 17403 717-845-9681 <hr/> Hanover Center 1 Center Square Hanover, PA 17331 717-637-6544 Fax 717-637-7489 <hr/> Red Lion Center 2997 Cape Horn Rd. #A4 Red Lion, PA 17356 717-244-1412 Fax 717-246-3318 <hr/> Harrisburg Center 1514 N. 2 nd St. Harrisburg, PA 17102 717-234-2468 Fax 717-234-2560 <hr/> Carlisle Medical Center 850 Walnut Bottom Rd. Site 302 Carlisle, PA 717-243-0515 | <u>Family Planning:</u> Services may include 1) counseling, pregnancy testing and option counseling, 2) birth control, 3) STD services, 4) therapeutic abortions to 12 weeks, HIV testing, 5) free or low cost cancer screenings, 6) teen immunizations for existing patients with no insurance, 7) free condoms, and 8) exams for driver's license physicals and work permits. Walk-ins M-F mornings, donation requested. |
| Pregnancy and Family Resource Center | Web Site: http://www.yorkpregnancycenter.com/ 46 W. Princess St. York, PA 17401 717-854-6285 Hotline: 888-543-3243 Hours: M, 10 AM-1 PM & 6 – 8 PM; W, TH, & F 10 AM -1 PM | <u>Services:</u> Free and confidential services offering practical help, counseling, education, pregnancy testing, and material needs. Services may include 1) pregnancy testing, 2) confidential counseling & mentoring relationships, 3) Parent Education Program (PEP), 4) education about pregnancy and fetal development, 5) referrals for medical care and legal assistance, 6) information about abortion procedures, risks and alternatives, 7) childbirth information, 8) referrals for education, employment and daily living related skills, 9) maternity and baby clothing, 10) abstinence education, 11) adoption information and referrals and 12) emergency formula and diapers. |
| RxAssist | Web Site: www.rxassist.org | <u>Patient Assistance Program:</u> Web site is a link to programs set up by drug companies that offer free or low cost drugs to uninsured individuals who cannot afford their medication. Each program has its own eligibility guidelines but usually an individual must: Be a U.S. citizen or legal resident, have no prescription insurance coverage and have an income under 200% of the Federal Poverty Level <hr/> <u>Drug Discount Card:</u> Discount cards are plans that offer discounts on medicine |

MEDICAL, DENTAL, EYE & HEARING SERVICES

| Organization | Contact Information | Services/Eligibility |
|---------------------------------------|--|---|
| Starkey Hearing Foundation | Web Site: www.starkeyhearingfoundation.org Email: hearnow@starkey.com 6700 Washington Ave South Eden Prairie, MN 55344 800-328-8602 Fax: 952-947-4997 | <u>Hearing Now:</u> A last option program for people who need hearing aids but are not able to afford them, have no other resources and meet the financial criteria of the program. Finances are based on net income. There is a non-refundable processing fee of \$125 per hearing aid so it is highly recommended that the applicant call the foundation to review qualifications prior to applying. |
| Vision USA | Web Site: http://www.aoafoundation.org/vision-usa/ E-mail: visionusa@aoa.org 243 North Lindbergh Blvd. St. Louis, MO 63141 1-800-766-4466 Fax: 314-991-4101 Hours: M-F, 9AM-3PM (CST) | <u>Free Eye Care:</u> Eligible patients are matched with a volunteer doctor of optometry who will provide a comprehensive eye exam at no charge. A contact lens exam and/or contacts are not available through this program. Eyewear may be provided at no cost or for a small fee/donation in some states. Eligibility requirements are: 1) Must be a US citizen or a legal resident, 2) Have no private or government insurance including Medicare or Medicaid, 3) Have not had an eye exam within the past 2 years, 4) Have not received a doctor referral through this program in the last 2 years, 5) Meet eligible income criteria & provide proof of income for all members of the household and 6) Maximum of 4 applicants per household per year |
| Wellspan | 717-851-3500 800-840-5905 717-851-1689 | <u>Physician Referral Line:</u> <u>Health Connect Van:</u> State-of-the-art mobile health services staffed and equipped by Wellspan for patients with no insurance. Will assist with insurance applications. Walk-ins welcomed or call to make an appointment. Date, times and locations subject to change, call to confirm. <u>Locations:</u> <ul style="list-style-type: none"> • Biglerville High School, N. Main St., Biglerville, PA-Mondays, 1-7PM • Red Lion Area Community Services 20A Gotham Place Red Lion-1st & 3rd Tuesdays, 9AM-2PM • New Hope Ministries Dover Center, 1839 Industrial Court, Dover PA-2nd & 4th Tuesday, 9AM-12PM • New Oxford Social & Athletic Club, 55 W. Golden Ln, New Oxford PA-2nd & 4th Tuesday, 1-7PM • Mason/Dixon Community Center, Front & Pendyrus St, Delta PA-Wednesdays, 9AM-2PM • 100 S. West St, York PA-4th Wednesday • York County School of Technology, 2179 S. Queen St, York PA-Thursday, 10AM-5 PM |
| Wellspan Bridges to Health | Loretta Claiborne Building 605 S. George St. Suite 200 York, PA 17401 717-851-6661 Fax: 717-851-6091 | <u>Bridges to Health:</u> Intensive primary care program that utilizes an interdisciplinary team approach to decrease hospital utilization in a complex patient population with chronic medical needs and psychosocial barriers. Appropriate patient selection commonly includes patients who are: 1) 18 years or older, 2) have needs that are not being fully met by traditional primary care including transportation, housing, medication and insurance barriers, 3) nonadherence with current prescription medications, office visits, 4) rely heavily on inpatient and emergency department services for care that is preventable or more appropriately provided in an alternative setting; hospital utilization of greater than or equal to \$50,000 on 3 or more admissions, ED visits, 5) have 2 or more chronic medical conditions requiring intensive coordination of care and patient education, 6) may have behavioral health, cognitive or substance abuse issues but this is not their sole reason for excessive healthcare expenditures, and 7) does not reside in a skilled nursing facility |
| Wellspan York Hospital Dental Centers | York Hospital Dental Center 1001 S. George St. York PA 17405 717-851-2655 Hours by appt: M-Th, | <u>Dental Treatment:</u> Dental care for child, adults and those with special needs. Most insurances accepted including MA. Services include: routine cleanings, restorative dentistry (fillings), periodontal therapy (gum care), dentures, root canal, extractions, etc. In the event of an after hours emergency call 717-851-2345 or visit the emergency room |

MEDICAL, DENTAL, EYE & HEARING SERVICES

| Organization | Contact Information | Services/Eligibility |
|---|--|--|
| Wellspan York Hospital Dental Centers | 8AM-6:30PM Walk-in Hours: M-F, 8AM-2PM; 1 st & 3 rd Sat of each month, 10AM-2 PM Hoodner Dental Center 605 S. George St. York PA 17401 717-812-7860 Hours by appt: M-F, 8AM-4:30PM | |
| Wellspan York Hospital Emergency Room | 1001 S. George St. York, PA 17405 717-851-2345 888-947-2601 | <u>Emergency Room:</u> Emergency medical care |
| York County Assistance Office | Web Site: www.compass.state.pa.us/ 130 N. Duke St. York, PA 717-771-1100 800-991-0929 Hours: M-F, 8AM-5PM | <u>Assistance:</u> Cash, food, medical assistance, housing assistance, LIHEAP (heating assistance), long-term care, free/reduced school lunches, and home/community services. Information & applications can also be accessed via the Internet at: www.compass.state.pa.us <u>Diaper Program:</u> Financial assistance to purchase diapers for children over 3 yoa with special needs (i.e. speech/motor delays, physical disability, etc.) which delays or makes potty training difficult. Eligibility requirements: 1) Child must be eligible for Medicaid, 2) Provider (store or pharmacy) must be enrolled in the Medicaid program and 3) Physician must complete MA 325 form & medical documentation of need. |
| York City Health Bureau | Web Site: http://yorkcity.org/health 1 Marketway West 3rd Floor York, PA 17401 717- 849-2252 227 W. Market St. York, PA 717849-2299 | <u>Child Care & Parent Education:</u> Services provided may include 1) Free in home prenatal teaching by registered nurses, 2) Follow-up infant care, 3) Free immunizations and fluoride, 4) Free pregnancy tests for teens, 5) Free lead testing, poison prevention education and injury prevention education, and 6) Free childbirth classes (call for days and times). Classes are offered at the Clinic site. |
| York County Dental Society | Roth & Roenigk Family Dentistry 717-244-4094 | <u>Annual Doctors with a Heart Care Day:</u> Doctors donate their time and expertise to provide dental treatment at no cost to people of limited financial means that do not have dental insurance or medical assistance. Services provided are examinations, cleanings, x-rays, fillings, or elimination of pain for adults and children. Social service agencies may call to schedule an appointment for their clients immediately. The program will be opened up to the general public (no agency referral required) on or about February 1, 2018. Care Day officially held in February. Dates to be announced. Please call to get a list of individual dentist's that provide services and the population that they will treat. |
| York's Helping Hand Minority Health Coalition | Web Site: http://www.yorkhelpinghands.org/yhhmainpage.html 412 W. King St. York, PA 17401 717-846-9275 | <u>Education & Support:</u> Health professional, consumers, and citizens who meet on a monthly basis with the goal to reduce health disparities in the York County. The coalition has subgroups that meet on the following topics: Mental health, heart health, & cancer. |
| York Hospital Community Health Center | Web Site: http://www.wellspan.org/offices-locations/wellspan-medical-group/primary-care/york-hospital-community-health-center/ 605 S. George St. York, PA 17403 717-851-2334 Hours: M-Th, 8AM-8PM; | <u>Primary Care:</u> For women and children, prenatal care, pediatric, cardiac clinic, childbirth classes – MA accepted. Healthy Beginnings Plus provider. <u>Pregnancy Testing:</u> Free testing. M-F, 9-11:30AM, walk-in, first morning urine. |

MEDICAL, DENTAL, EYE & HEARING SERVICES

| Organization | Contact Information | Services/Eligibility |
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| York Hosp. Health Ctr | F, 8AM-5PM | |
| York Hospital Specialty Clinics | 1101 S. Edgar St. Suite D York, PA 17403 717- 851-2427 | <u>Specialty Clinic</u> : Outpatient clinics for clients with Medical Assistance or no insurance in need of surgical, dermatology, neurology, renal, podiatry, spine, pulmonary or plastics medical services. Patients that are “no shows” will not be given another appointment so it is important that if you cannot make the appointment that you call to cancel in a timely manner. |
| York Hospital Family Practice: Thomas Hart | 1001 S. George St. York, PA 17403 717- 851-2521 | <u>Primary Care Physicians</u> : <ul style="list-style-type: none"> • Patients with Medical Assistance or no insurance. • Prenatal care for entire length of pregnancy. |
| York’s Helping Hand for the Homeless | Web Site: http://www.yorkhelpinghands.org/yhhmainpage.html 412 W. King St. York, PA 17401 17-846-9275 | <u>Health Center</u> : Health Connect Van provides on site, free medical attention to people, with no insurance and make available to them health care options. Free eyeglasses for homeless only, provided by another source. |

MISCELLANEOUS SERVICES

| Organization | Contact Information | Services/Eligibility |
|---|--|--|
| 350east | 350 E. Chestnut St. York, PA 17403 717-846-1959 Hours: Friday Nights, opens at 9PM | <u>Social Connection Place</u> : A sober place for the over 20 age group to party. No cover charge. Need ID to enter. <ul style="list-style-type: none"> • Live bands • Karaoke • Dance |
| Angel Tree-Angel Camping Prison Fellowship Ministries | PA Office Prison Fellowship PO Box 10613 Pittsburgh, PA 15235 412-829-0299 Fax: 412-826-0325 | <u>Prison Fellowship</u> : Year round program that reaches out to children in the US whose parent(s) are incarcerated. Helps children get school supplies, provides mentoring, camping programs and Christmas care. |
| Animal Poison Control | 888-426-4435 | <u>Hotline</u> : Emergency information by telephone about poisons & pets |
| Appell Center for the Performing Arts | Web Site: https://appellcenter.org/shows-and-tickets/shows Strand Theater 50 N. George St. York, PA 717-846-1111 | <u>Free First Friday Family Films</u> : Free family oriented films offered the first Friday of each month, sponsored by OSS Health. Show time starts at 6:30 PM. |
| Autism York | Web Site: http://www.autismyork.org/index.php 300 E. 7 th St. York PA 717-801-1272 Mail Address: PO Box 7322 York, PA 17404 | <u>Buddy Project</u> : Children with Asperger’s Syndrome or High Functioning Autism may have difficulty maneuvering through the social aspects of life. Project pairs neurotypical students (typical students in grades 5-12) with students on the autism spectrum (students with AS or HFA in grades 5-12) to help the student with autism develop positive relationships with peers. The pairs will be required to participate in at least one social activity per month and weekly communicate. Expenses will be reimbursed. Recruiting both buddies and mentors. |
| Big Brothers/Big Sisters of York & Adams Counties | Web Site: http://www.bbbs-york.org/site/c.bsIQI7NHKbK0F/b.8463581/k.EF03/Home_Page.htm | <u>Big Brothers/Big Sisters</u> : Matches children ages 5-13 yoa with mentors in professionally supported one-to-one relationships. <u>Community-based Mentoring</u> : Children meet with their mentor once a week in the community to share fun activities ... stories ... and a little bit of themselves. |

MISCELLANEOUS SERVICES

| Organization | Contact Information | Services/Eligibility |
|---|---|--|
| Big Brothers/Big Sisters of York & Adams Counties | <p>227 West Market St. Suite 102 York PA 17401 717- 843-0051 866-585-8199 Fax: 717-699-0671</p> <p>18 Carlisle St. Suite 109 Gettysburg PA 17325 717-337-3958</p> | <p><u>School-based Mentoring</u>: Children meet with their mentors once a week in schools, libraries and community centers, to talk and have fun.</p> <ul style="list-style-type: none"> • Central York School District: High School Students visit Hayshire Elementary and Stony Brook Elementary • Dallastown Area School District: High School Students visit Ore Valley Elementary • Eastern York School District: High School Students visit Wrightsville Elementary • Northeastern School District: High School Students visit Conewago Elementary, and Orendorf Elementary • Red Lion Area School: High School Students visit Mazie Gable Elementary • South Eastern School District: High School Students visit Fawn Elementary and Stewartstown Elementary • York Catholic High School: High School Students visit St. Patrick's Catholic Elementary School • York Suburban School District: High School Students visit East York Elementary and Indian Rock Elementary • York City School District: College students visit McKinley Elementary School |
| Boy Scouts of America | <p>Web Site: http://newbirthoffreedom.org/ Keystone York-Adams 2139 White St. York, PA 17404 717843-0901</p> <p>New Birth of Freedom Council One Baden Powell Lane Mechanicsburg, PA 17050 717- 766-1591 Fax: 717- 795-8721</p> | <p>An organization that aims to enable boys and young men to socialize and learn skills in a wholesome environment. Call to find a troop in your area.</p> <p><u>Cub Scouts</u>: Grades 1-5 or ages 7-10 <u>Boy Scouts</u>: Ages 11-17 or at least 10 yoa and completed 5th grade</p> |
| Children's Advocacy Project of York | <p>Web Site: http://cap4kids.org/york/</p> | <p>User-friendly, comprehensive listing of many social service agencies. Services are listed by category.</p> |
| City of York | <p>101 S. George St. York, PA 17401 717-849-2221</p> | <p><u>Translation Services</u>: Free translation services for the Latino community regarding York City business matters</p> |
| Comcast | <p>Web Site: http://www.internetessentials.com/ Call 1-855-846-8376 for an application</p> | <p><u>Low Cost Internet and Computer</u>: Internet service for \$9.95 a month plus tax and the opportunity for a low cost computer for \$149.99 plus tax at initial enrollment. Eligibility requirements: 1) Be located in Comcast service area, 2) Have at least one child receiving free or reduced school lunches through the National School Lunch Program, 3) Have not subscribed to Comcast Internet service within the last 90 days, and 4) Do not have an overdue Comcast bill or unreturned equipment</p> |
| Corporation for National and Community Service | <p>Web Site: http://www.nationalservice.gov/programs/ Americorps 1201 New York Avenue, NW Washington, DC 20525 Corp Office: 202-606-5000 Volunteer: 800-942-2677</p> | <p><u>3 Volunteer Opportunities</u>: Give back to the community while earning career development and work skills, living allowance, medical benefits, earning money for college and/or assistance to repay student loans.</p> <p><u>Americorps State/National</u>: Volunteer opportunities to assist a national, state or local organization. Projects vary to meet community needs. State and national programs are flexible with full and part-time positions and are available around the country. Must be at least 17 yoa.</p> <p><u>Americorps Vista</u>: Serve with a community-based organization to help bring individuals and communities out of poverty. Opportunities are located throughout the country and require a full-time commitment for one year. Must be 18 yoa.</p> <p><u>Americorps NCCC</u>: Live, work, and served on a team that travels to projects within a specific region of the country. Priority is given to projects in homeland security and disaster relief, but assignments may vary. Living quarters provided on one of five campuses. Must be between the ages of 18 and 24 yoa and be able to commit to 10 months of service</p> |
| DreamWrights | <p>Web Site:</p> | <p><u>Ann Brouger Noll Memorial Scholarship</u>: Annual scholarship was instituted in</p> |

MISCELLANEOUS SERVICES

| Organization | Contact Information | Services/Eligibility |
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| DreamWrights | www.dreamwrights.org 100 Carlisle Ave York, PA 17401 717-848-8623 Fax: 717-848-2166 | 2012 as a way to memorialize past executive director, Ann B. Noll, and to recognize and support young people. Award of \$500 is available to applicants (age 17- 20) who exhibit strong volunteerism, community involvement, and a sincere effort to seek out opportunities for creative and challenging growth. Ann Noll was passionate about young people and gave her full support and encouragement to their pursuit of exploring creative opportunities. Last year’s applications were due March 2015. Contact for details on 2016 applications. <u>Dream Scholarships:</u> Annual scholarship awarded based upon financial need and cover the cost of tuition for a week of summer camp at DreamWrights. 15-20 students will receive free educational programming in a caring and creative environment this summer. Last year’s applications were due May 2015. Contact for details on 2016 applications. <u>Work Scholarships:</u> Scholarship for teens (age 12-17) wishing to enhance their skills as camp counselors. By working one week of camp, teen counselors can receive a 50% enrollment discount to another camp of their choice. Last year’s application was due May 2015. Contact for details on 2016 applications. <u>Youth & Family Theatre:</u> Entertainment for everyone. Watch a favorite play or audition for the opportunity to perform on stage. No theatre experience required to audition. |
| Do Not Call List | Web Site: www.donotcall.gov 888-382-1222 TTY: 866-290-4236 | <u>Do Not Call List:</u> Register phone number on a list so that telemarketers do not call. |
| Financial Stability Partnership (FSP) | 800 East King St. York, PA 17405 717-843-0957 Fax 717-843-4082 21 Baltimore St. Hanover, PA 17331 717-632-8047 Fax 717-632-7138 | <u>Volunteer Income Tax Assistance (VITA) Program:</u> Free income tax assistance to individuals and households with income of \$49,000 or less (2009 limit), preference given to tax payers age 60 or older no income limit. VITA sites are located throughout the county. During tax season call: 717-854-2244 to locate a site nearest you. |
| Girl Scouts in the Heart of PA | Web Site: http://www.gshpa.org/home.html 1600 Mt. Zion Rd. York, PA 17402 Fax: 717.755.1550 Hours: M-F, 11AM -1PM Plus by appointment. | An organization that aims to enable girls and young ladies to socialize and learn skills in a wholesome environment. Call to find a troop in your area. |
| Heavenly Paws Animal Shelter | Email: ann@heavenlypawsshelter.com Seven Valleys, PA 17360 717-495-1727 | Free trapping, transporting and spaying of feral cats. |
| Jewish Family Services of York | Web Site: http://jfsyork.org/ 2000 Hollywood Drive York PA 17403 717-843-5011 Fax: 717-846-3025 Hours: Call for details & meeting details. | <u>Stitches of Love:</u> A volunteer opportunity to knit to help needy children & adults. Call for assistance with transportation if needed. |
| Lancaster County Youth Intervention Center | Community Intervention Services 235 Circle Ave. Lancaster, PA 17602 717-299-7821 Fax: 717-209-3314 | <u>Operation Deterrence:</u> This experience is ideal for parents whose child has been displaying inappropriate behavior, but has not yet entered into the juvenile justice system through an arrest. This experience shows them where the results of poor decision-making could lead. Loss of freedom is the key message that will be delivered to the child. There is no exposure to the current residents at the Youth Intervention Center. This presentation can be given on an individual basis or for |

MISCELLANEOUS SERVICES

| Organization | Contact Information | Services/Eligibility |
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| Lancaster County Youth Intervention Center | | larger groups. A Power Point presentation can be given at your school that talks about loss of freedom, and the consequences of poor decision-making. The goal of the program is to prevent delinquency before it even starts, in an informative way. This experience is free for interested parents, schools, or organizations. |
| PA 2-1-1 (Previously FIRST) | Web Site: https://pa211.communityos.org Dial 2-1-1 | <u>Referral Services:</u> Data base of information about regarding services from non-profit agencies, governmental programs, clubs & organizations, & support groups in York County. Calls are confidential and available 24/7. |
| PAWS | PO Box 855 Camp Hill, PA 17001 (717) 957-8122 | <u>Low Cost Spay/Neuter Clinic for cats with owners:</u> Clinics available to residents of Adams, Cumberland, Franklin, Lancaster, Lebanon, Perry & York County. Clinics held at the Swatara Township Municipal Complex, 599 Eisenhower Blvd, Harrisburg, PA. Rabies and distemper vaccinations also available. |
| | | <u>Reduced Fee Veterinarians:</u> Participating veterinarians provided spay & neutering for a reduced fee. List of participating veterinarians provided on the web site or by calling. |
| | | <u>Trap-Neuter-Return (TNR):</u> Free-roaming stray or abandoned house cats, barn cats, alley cats, and neighborhood cats are humanely trapped, altered and otherwise treated, then returned to their home territory. |
| Spay Neuter Assistance Program (SNAP) | Web Site: www.snapofpa.org PO Box 126702 Harrisburg, PA 17112 717-732-5377 Contact with questions, obtain a list of participating veterinarians, schedule surgery and/or for financial assistance. | <u>Rabies Clinic:</u> Call for 2015 schedule location of clinics. No office charges. Rabies & distemper shots. Microchips, plus a one time "lifetime" license fee & a registration with Home Again 888-466-3242. |
| | | <u>Spay/Neuter Express:</u> Spay or neutering program for cats only. Cats must be in good health & at least 16 weeks old. Rabies & distemper vaccinations will be given at the time of surgery if vaccinations are not current or records are not supplied. You MUST identify yourself as an express client when calling or you will be charged full price. A \$25 deposit is required. <ul style="list-style-type: none">• Silver Springs Animal Clinic, Mechanicsburg. Call 717-766-5980.• Palmyra Animal Clinic, Palmyra. Call 717-838-5451.• Colonial Park Animal Clinic, Harrisburg. 717-540-7140. |
| | | <u>Low Cost Programs:</u> Available in Cumberland, Dauphin & York Counties for dogs & cats. |
| S.P.C.A. of York County | Web Site: https://www.ycspca.org/ York County S.P.C.A. 3159 N. Susquehanna Trail York, PA 17406 717-764-6109 Hours: T & Th, 10AM-7PM; F & Sat, 10AM-4PM | <u>Low Cost Spay/Neuter Program:</u> For male and female cats and dogs. Pain medication mandatory |
| | | <u>Vaccinations:</u> Rabies and Distemper Vaccine, Heartworm Tes, and Microchip |
| | | <u>Chow for our Pals:</u> This program has helped senior citizens on a fixed income as well as people who are temporarily unemployed to provide feed for their pets. |
| | | <u>Pet Housing Referral Program:</u> The program assist pet owners in finding rental housing that allow pets to remain with their owners. |
| | | <u>Safe Pet Program:</u> Partnered with ACCESS York and Safe Home of Hanover to provide temporary shelter for pets of domestic abuse victims. The pet is placed in a loving foster home and the pet is provided any necessary veterinary care and vaccinations. The program has been expanded to include the American Red Cross to assist displaced families due to catastrophes such as floods and fires. |
| | | <u>Second Chance Fund:</u> This program provides veterinary care and treatment for sick and injured animals. |
| Stick-N-Move Boxing | Email: twizzleboxing@gmail.com 284 W. Market St. York, PA 17401 717-600-9636 Hours: M-F, 4-6 PM | <u>Stick-N-Move Boxing:</u> After school program for males and females ages 5 yoa and up. The program focuses on physical fitness, education, self-esteem and self-image to help children create positive relationships and support systems. It provides an alternative to the negative influences created by inner city living. Single membership \$50 per month, additional sibling \$35 per month. Personal Training: \$20 per session |

MISCELLANEOUS SERVICES

| Organization | Contact Information | Services/Eligibility |
|---|--|--|
| Tennis for Kids | Web Site: http://www.tennisforkidsyork.com/ | <p><u>Tennis for Kids</u>: A free program for children, ages 7-16 yoa designed to provide children with the fundamentals of tennis at no cost, provide socialization, and fill empty summer hours with a productive and enjoyable activity. Tennis rackets will be provided if necessary. Registration is to be completed online.</p> <ul style="list-style-type: none"> • 21 locations throughout York County-Dallastown High School, Dover High School, Farquhar Park, Gettysburg Lincoln Elementary, Hellam Recreation Complex, Jacobus Park, Loganville, New Oxford High School, Northeastern High School, Penn Park, Penn State York, Red Lion High School, South Western High School, Spring Grove High School, Springettsbury Recreation Complex, Springfield Park, Stewartstown Community Park, York College, York Suburban High School, York Suburban Middle School |
| United Cerebral Palsy of South Central PA | Web Site: http://www.ucpsouthcentral.org/index.html York County Center 2021 E. Market Center York, PA 17402 717-751-2758 877-877-0287 Fax: 717-751-4837 <hr/> Hanover Center 788 Cherry Tree Court Hanover, PA 17331 717-632-5552 800-333-3873 Fax: 717-632-2315 <hr/> Adams County Center New Oxford Municipal Building 101 Berlin Rd. New Oxford, PA 17350 717-624-2140 800-223-0467 Fax: 717-624-3167 | <p><u>Mentoring Children of Prisoners</u>: Mentors assist children of incarcerated parents to develop life skills and an attachment to the community. York or Adams County children ages 4-17 yoa. Parents currently incarcerated in state or federal jurisdiction or serving a county sentence with previous state or federal incarceration. Referrals may be made by parents, schools, human service agencies or correctional sources</p> |
| Universal Service Fund | Web Site: http://www.fcc.gov/lifeline | <p><u>Lifeline</u>: Free or discounted house or wireless phone service for eligible low-income consumers to help ensure they have the opportunities and security that telephone service affords, including being able to connect to jobs, family, and 911 services. Funded by telecommunications carriers.</p> |
| Victim Information Notification Everyday (VINE) | Web Site: https://vinelink.com/#/map 866-972-7284 | <p><u>Notifications</u>: Provides victims and concerned citizens with reliable information for custody status changes and criminal case information. Link can be accessed 24 hours a day, seven days a week by telephone, email, or text.</p> |
| Wellspan Health Community Health Improvement | Web Site: http://www.safekidsyorkcounty.org/programs.html Loretta Claiborne Building Suite 160 605 S. George St. York, PA 17401 717-851-3235 888-232-7233 Fax: 717-851-3235 Call for an appointment | <p><u>Safe Kids of York County</u>: Discounted child car seats for families that qualify. Need referral from a social service organization (Catholic Charities, Head Start, Nurse Family Partnership, hospital, doctor, etc.) or proof of financial need such receiving public assistance. Cash (\$30.00 for car seat/\$10 for a booster). Child must be present or women must be at least 34 weeks pregnant. Family must view a video regarding car seat safety. Family must bring a car so that the installation of the seat can be demonstrated.</p> <p><u>Cribs for Kids</u> : Program goal is to eliminate preventable infant deaths in York County due to unsafe sleep practices through dissemination of information on SIDS and safe infant sleep practices; distribution of a safe infant crib to families in need. Participants receive a brochure on ways to reduce the risk of SIDS, and a brochure outlining a safe sleep environment for infants. On receiving the Pac 'N' Play they also receive additional materials to reinforce this critical message.</p> |

MISCELLANEOUS SERVICES

| Organization | Contact Information | Services/Eligibility |
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| Wellspan Health Community Health Improvement | | <u>Home Inspections:</u> Provide home inspections as part of the case management of at-risk children. The York City Fire Department provides a fire safety inspection and currently provides smoke detectors to eligible city residents. The York City Bureau of Health provides home safety materials as part of their First Time Expectant Mothers Childbirth class. |
| York County Crime Stoppers | Web Site: www.yorkcountycrimestop.org 45 N. George St. York, PA 17401 717-755-8477 800-722-0991 | <u>Criminal Tip Line:</u> Report crimes-reports can be made anonymously. Reward for reporting-amount of reward based on severity of crime, number of persons arrested, value of property recovered, etc. with the exception of an automatic reward of \$50 for the arrest of persons wanted on warrants for misdemeanor or above. |
| York County Human Services | Website: http://yorkcountypa.gov/health-human-services/human-services-division/programs/family-group-decisionmaking-fgdm.html 100 W. Market St. Basement York, PA 17401 717-771-9095 Fax: 717-771-9855 Hours: M-F, 8AM-4:30PM | <u>Family Group Decision Making (FGDM):</u> Coordinates and facilitates family meetings to empower the family to address and find solutions to their own issues. Services are free to York County residents. |
| York County Libraries | <p>Web Site: http://www.yorklibraries.org/ Arthur Hufnagel Public Library 32 Main St. Glen Rock, PA 17327 717-235-1127</p> <hr/> <p>Collinsville Community Library 2632 Delta Rd. Brogue, PA 17309 717-927-9014</p> <hr/> <p>Dillsburg Area Public Library 17 S. Baltimore St. Dillsburg, PA 17019 717-432-5613</p> <hr/> <p>Dover Area Community Library 3700-3 Davidsburg Rd. Dover, PA 17315 717-292-6814</p> <hr/> <p>Glatfelter Memorial Library 101 Glenview Drive Spring Grove, PA 17362 717-225-3220</p> <hr/> <p>Guthrie Memorial Library 2 Library Place Hannover, PA 17331 717-632-5183</p> | <u>Library Services:</u> Libraries offer many free services such as Kids/Teenage Programs, Book Clubs, Story Time and Computer access and training. Details of the programs offered at individual library can be found on-line or by calling. |

MISCELLANEOUS SERVICES

| Organization | Contact Information | Services/Eligibility |
|-------------------------|--|--|
| York County Libraries | Kaltreider-Benfer Library 147 S. Charles St. Red Lion, PA 17356 717-244-2032 | |
| | Kreutz Creek Valley Library Center 66 Walnut Springs Rd, Hellam, PA 17406 717-252-4080 | |
| | Martin Library 159 E. Market St. York, PA 17401 717-846-5300 | |
| | Mason Dixon Public Library 250 Dailey St. Stewartstown, PA 17363 717-933-2404 | |
| | Paul Smith Library of Southern York County 80 Constitution Ave., Shrewsbury, PA 17361 717-235-4313 | |
| | Red Land Community Library 48 Robin Hood Dr., Etters, PA 17319 717-938-5599 | |
| | Village Library 35C N. Main St., Jacobus, PA 17407 717-428-1034 | |
| York County Parks Dept. | Web Site: http://yorkcountypa.gov/parks-recreation.html John C. Rudy County Park 400 Mundis Race Rd York, PA 17406 Administration Office 717-840-7440 Fax: 717-840-7403 | <u>Administrative Offices:</u> Contact for facilities rentals & permits for pavilion rental, sports field, boating, fishing, hunting, special uses, & Spring Valley Animal Activity Area. Parks noted for special activities & events are specifically noted. All parks offer an opportunity to enjoy the outdoor without charge. Call or visit the web site for details about the specific recreation offerings, amenities & special events of each park. Each park is unique in what it has to offer. Recreation offerings with in the park system are: picnicking, geocaching, bird-watching, hiking & running trails, hunting, horseback riding, mountain biking, volley ball court, softball & soccer fields, sledding, cross country skiing, fishing & boating, radio controlled airplane piloting for club members, nature observation area |
| | Rocky Ridge County Park 3699 Deininger Rd York, PA | <u>Christmas Magic, "A Festival of Lights":</u> This event is a park sponsored spectacular 600,000+ multi-coloured light show. It features a one-half mile walking trail that winds through Oak Timbers Picnic Area with stops in heated pavilions. Refreshments are available. The trail opens the Friday after Thanksgiving and remains open until December 31st. (Closed December 24 and 25 |
| | William H. Kain County Park 274 Hess Farm Rd York, PA | <u>Lake Redman (Church St.):</u> <u>Lake Williams (Water St.):</u> |
| | Spring Valley County Park 9777 Crest Rd Glen Rock, PA | <u>Equestrian (horse) Center:</u> |
| | Apollo County Park Boyd Rd Brogue, PA | |

| MISCELLANEOUS SERVICES | | |
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| Organization | Contact Information | Services/Eligibility |
| York County Parks Dept. | Richard M. Nixon County Park 5922 Nixon Dr. York, PA 17403 | <u>Nature Center</u> : Nature programs, guided walks, exhibits |
| | Heritage Rail Trail From York City to MD line | |
| | P. Joseph Raab County Park 2600 Hoff Rd Seven Valleys, PA | |
| | High Point Scenic Vista 1199 Hilts Rd Wrightsville, PA | |
| York County Regional Dream Center | Web Site: http://yorkdreamcenter.com/about.html 74 E. Forrest Ave, Shrewsbury, PA 17361 717-235-7474 option 3 Hours: M-F, 7AM-9PM; Sat, 9AM-3PM | <u>Lord's Gym</u> : A professional non-contact gym that serves bodybuilders, home makers, sports teams, and the senior population. No fees for any services. Fitness classes-Pilates, Zumba, Yoga, Fitness equipment. |
| | | <u>Tool Ministry</u> : Teaching easy home and auto maintenance, repair to those in the community who have trouble affording or lack the knowledge of how to care for their possessions. Basic tools available. |
| York County Treasurer's Office | Web Site: http://www.york-county.org/departments/treasurers/treasure.htm 28 E. Market St. Room 126 York, PA 17401 717-771-9603 Fax: 717-771-4331 | <u>Reduced License</u> : Reduced license fees for dog, hunting, fur taking & fishing for York County residents who are 65 yoa or older. |
| Young Women's Christian Assoc. of York (YWCA) | Web Site: http://www.ywca.org/site/c.cuIRJ7NtKrLaG/b.7515807/k.2737/YWCA_Eliminating_Racism_Empowering_Women.htm 320 E. Market St. York, PA 17403 717-845-2631 Fax: 717-846-9181 Hours: M-F, 6:30AM-5:30 PM | <u>Basic Membership</u> : Use of parking lot & lobby, daily use of lockers and/or baskets in locker rooms, and use of fitness and aquatic center orientations / tours. Adult and child swim lessons, lap & family swim, personal training & massage available at additional charge. |
| | | <u>Fitness Memberships</u> : (basic included): Use of parking lot & lobby, daily use of lockers and/or baskets, unlimited fitness & aquatic classes, use of cardio & weight equipment, initial fitness evaluation & re-evaluations every 3 months, use of cardio & weight equipment, unlimited lap & family swimming. Insurance, corporate & college student discounts may be available. Scholarships for fitness & aquatics are approved based on financial need and available funds. |
| | | <u>Girls on the Run</u> : 12 week, 24 lesson After School program for girls, ages 8-11 years of age. Training for 3.1 mile running event with self-esteem enhancing, uplifting workouts. Limited scholarships available. • Current locations: Indian Rock Elementary, LJM Elementary School, North Hills Elementary, Southern York County School District, Sinking Springs, Shrewsbury Elementary, Windsor Manor & York Country Day School |

| SUBSTANCE ABUSE | | |
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| Organization | Contact Information | Services/Eligibility |
| Al-Anon | Web Site: http://pa-al-anon.org/meetings.html 888-425-2666 | <u>Support Groups</u> : Support groups for teens & Youth. Meetings are closed to adults unless specified. Call for schedule & locations of meetings |

| SUBSTANCE ABUSE | | |
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| Organization | Contact Information | Services/Eligibility |
| Alcoholics Anonymous | <p>Web Site: http://meetings.intherooms.com/aa/GRUPO-COJELO-SUAVE/all/18028 Quaker Meeting House 135 W. Philadelphia St. York, PA 17401 Contact: Amaury Lopez 646-251-1945</p> <p>Web Site: http://meetings.intherooms.com/ York Hotline: Call for schedule & location of meetings. 717-854-4617</p> | <p><u>Grupo Cogelo Suave (Take it easy):</u> AA meetings for Spanish speaking people. <u>AA meetings:</u></p> |
| Children's Home of York | <p>77 Shoe House Rd. York, PA 17406 717-852-8169</p> | <p><u>Strive:</u> Community-based treatment for young men aged 14 to 18 who are struggling with addiction issues. Residential 14-bed program has an on-site classroom facility & includes the client's family in the treatment process. Services for the client and family include counseling, support, and education to achieve successful family reunification whenever possible. Residents participate in AA/NA meetings and work with staff to create an after-care plan to incorporate on-going community support.</p> |
| Colonial House Outpatient | <p>Web Site: http://www.colonialhouseinc.com/index.html 1300 Woodberry Rd. York, PA 17408 717-792-9702</p> <p>15 South Pershing Ave. York, PA 17401 717- 843-8444</p> | <p><u>Drug & Alcohol Treatment:</u> Outpatient drug & alcohol counseling for adults and children.</p> |
| Cornerstone Counseling and Education Services | <p>Web Site: http://www.ccespa.com/ 11 York St. Suite 201 Hanover, PA 17331 Phone: 717- 632-6555 Fax: 717-632-5434</p> | <p><u>Drug & Alcohol Treatment:</u> Outpatient drug and alcohol evaluations and therapy. MA coverage for qualified services. Ages 13 years of age and up. Outpatient individual and group drug & alcohol counseling. Individual and group offered 1x a week. Adult partial hospitalization to less intensive services. Adolescent individual counseling every other week. Adolescent groups 2x a week for 1 ½ hours.</p> |
| Cross Roads Counseling Services | <p>73 Forrest Ave Suite 12 Shrewsbury, PA 17361 717-235-0199 Fax: 717-235-0383</p> <p>5 Pendyrus St. Delta, PA 17314 717-456-5578 Fax: 717-235-0383</p> <p>1195 Roosevelt Ave. York, PA 17404 717-843-0800 Fax: 717-843-3222</p> | <p><u>Drug & Alcohol Treatment:</u> Outpatient drug and alcohol evaluations and therapy. Evaluations are not available at the Delta office. MA coverage for qualified services. Ages 13 years of age and up. Outpatient individual and group drug & alcohol counseling. Individual and group offered 1x a week</p> |
| Diakon Family Life Services | <p>Web Site: http://www.diakon.org/ 960 Century Drive Mechanicsburg, PA 17055 717-795-0330</p> | <p>Drug & Alcohol Treatment: Outpatient drug & alcohol counseling for children and adults.</p> |

| SUBSTANCE ABUSE | | |
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| Organization | Contact Information | Services/Eligibility |
| Discovery House | <p>Web Site: http://www.discoveryhouse.com/harrisburg/ 99 S. Cameron Drive Harrisburg, PA 17101 717-233-7290</p> | <u>Drug & Alcohol Treatment:</u> Methadone maintenance |
| Freedom Valley Church | <p>Web Site: http://www.freedomvalley.org/ 3185 York Rd. Gettysburg, PA 17325 717-624-3411 Fax: 717-624-1562 Email: info@freedomvalley.org</p> | <u>Men's Freedom House:</u> Christian based residential substance abuse recovery program which provides housing & support for men who wish to regain sobriety from addictions. Supports include religious instruction, personal care needs, assistance with transportation to and from appointments & work. Recovery home is located in Adams County. No residency requirements. 6-9 month program. Entrance fee & small monthly rent. Must gain & maintain employment. Daily attendance required at religious services |
| | | <u>Women's Freedom House:</u> Christian based residential substance abuse recovery program which provides housing & support for women who wish to regain sobriety from addictions. Supports include religious instruction, personal care needs, assistance with transportation to and from appointments & work. Recovery home is located in Adams County. No residency requirements. 6-9 month program. Entrance fee & small monthly rent. Must gain & maintain employment. Daily attendance required at religious services. |
| Gaudenzia | <p>Web Site: http://www.gaudenzia.org/ West Shore 4740 Delbrook Rd. Mechanicsburg, PA 17050 717- 766-8517</p> | <u>Drug & Alcohol Treatment:</u> Outpatient drug & alcohol counseling and deto for adults and children. |
| | <p>2039 N. 2nd St. Harrisburg, PA 17102 717-233-3424</p> | |
| Genesis House | <p>Web Site: http://www.geneshouseoutpatient.com/contact.html 2901 N. 6th St. Harrisburg, PA 17110 717-232-6981 Fax: 717-232-6980</p> | <u>Drug & Alcohol Treatment:</u> Outpatient drug & alcohol counseling and deto for adults and children. |
| New Insights, Inc. | <p>Web Site: http://www.go2newinsights.com/ 517 Carlisle Ave. York, PA 17404 717- 845-2079</p> | <u>Drug & Alcohol Treatment:</u> Outpatient drug & alcohol counseling. Partial hospitalization. Partial hospitalization with housing component |
| | <p>716 State St. Lemoyne, PA 17043 717- 303-2035</p> | |
| PA Counseling Services, Inc. | <p>Web Site: http://www.pacounseling.com/ 128 N. George St. York, PA 17401 717- 848-6116</p> | <u>Drug & Alcohol Treatment:</u> Outpatient drug & alcohol counseling and deto for adults and children. |
| | <p>334 York St. Gettysburg, PA 17325 717- 337-0026</p> | |
| | <p>4918 Locust Lane Harrisburg, PA 17109 717-671-9610</p> | |

| SUBSTANCE ABUSE | | |
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| Organization | Contact Information | Services/Eligibility |
| PA Counseling Services, Inc. | 1 Greystone Rd. Carlisle, PA 17013 717-243-7534 | |
| | 40 Pearl St. Lancaster, PA 17603 717-397-8081 | |
| Pyramid Healthcare, Inc. | Web Site: http://www.pyramidhealthcare.com/ 104 Davies Drive York, PA 17402 (717) 840-2306 888-694-9996 | <u>Drug & Alcohol Treatment:</u> Outpatient drug & alcohol counseling and deto for adults and children. Methadone maintenance |
| RASE of York and Adams Counties | Web Site: www.raseproject.org Administrative Offices 100 N. Cameron Street Suite 401E Harrisburg, PA 17101 717-232-8535 Fax: 717-232-8515 | <u>RASE House:</u> Transitional Housing Program, empowering individuals with substance abuse issues who are not yet ready to live on their own, but who are motivated in recovery and can thrive in an environment providing limited structure. Residents cohabitate in a family like setting, enjoying common living, kitchen and dining areas. House meetings are held weekly and a resident manager lives on site. This premise is fostered via a combination of mandatory 12-step meeting attendance, self-support through employment, educational groups and classes, and Recovery Plan development. House programming is designed to assist each resident achieve the following objectives: sustained recovery, permanent full-time employment, understanding and possession of bank accounts, and the necessary skills needed to navigate through life successfully. Facilities for women are in Harrisburg and Carlisle and the men are housed in Lancaster. Criteria for admission: 1) Have a history of addiction to alcohol and/or other drugs, 2) Exhibit the desire and ability to enter sustained recovery, 3) Commit to stay at RASE House for a minimum of 6 months, 4) Are willing and able to work a full-time job, 5) Ability to provide one week's rent and security deposit upon admission, and 6) Ability to live harmoniously with others. |
| | Carlisle Office 8 S. Hanover St. Suite 204-206 Carlisle, PA 17013 717-249-6499 Fax: 717-386-5143 | <u>York Recovery Support Services (RSSP):</u> . Designed to assist York and Adams County residents who struggle in the recovery process. Services designed to improve and increase participants functioning and ability to sustain recovery. Support services are created to work in tandem with other recovery treatments. |
| | Lancaster Office 131 E. Orange St. Lancaster, PA 17602 717-295-3080 Fax: 717-435-9964 | <u>Recovery Specialist Program:</u> Designed to assist individuals who are in alcohol and/or drug treatment in the five county region of Lebanon, Lancaster, Dauphin, Cumberland and Perry who are also in need of one-on-one recovery coaching to assist them to overcome the obstacles that keep them from succeeding in the recovery process. Assists individuals who chronically relapse and struggle to complete treatment, to stay in treatment and remain in sustained recovery. Participants are matched with a Recovery Specialist who meets with them regularly, accompanies them in their environments, assists them to navigate through life's difficulties, and shares the skills necessary to live successfully and remain in sustained recovery. Referrals for the RSP go directly to our Lebanon office. |
| | Lebanon Office 815 Cumberland St. Suite 205 Lebanon, PA 17042 717-277-7400 Fax: 717-277-7402 | <u>Buprenorphine Coordinator Program:</u> Designed to assist individuals who are being prescribed buprenorphine/suboxone to overcome addictions. It incorporates client monitoring, referral, counseling, support groups and mentoring. Program coordinates services for individuals by: referral and access to appropriate counseling; assessment to determine emergent and ancillary needs; development of Recovery Plans that address areas of need; coordination of ancillary services to support the recovery process, such as: housing, employment, health care, etc; assisting individuals in the identification of recovery support groups; providing ongoing monitoring of individuals' successes and/or challenges while enrolled in the Program; developing specific peer support groups for those individuals receiving buprenorphine treatment; educating physicians and psychiatrists on buprenorphine and the need for this pathway to recovery and the importance of recovery as a lifelong process; increasing the number of outpatient providers willing to treat individuals who have been prescribed buprenorphine; and exposing individuals who |
| York Office 18 S. George St. Suite 203 York PA 17401 717-900-1926 Fax: 717-900-1938 | | |

| SUBSTANCE ABUSE | | |
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| Organization | Contact Information | Services/Eligibility |
| RASE of York and Adams Counties | | are taking buprenorphine to the recovery process. Serves South Central Pennsylvania, including: Adams, Franklin, Fulton, Cumberland, Perry, Dauphin, Lebanon, York and Lancaster Counties. This model is based upon a cooperative approach among the individual enrolled, the Coordinator, the prescribing physician's office, and the treatment provider. Medicaid funding eligible. |
| | | <u>Bridges for Recovery:</u> Only to residents of Dauphin County who are struggling with substance abuse issues. The services are free of charge and are designed to assist participants with multiple areas that they struggle with and/or that lead them back to old, self-defeating behaviors. Bridges for Recovery consists of Recovery 101 groups, Recovery Life Skills classes, and one-on-one Recovery Management and Coordination services. |
| Rehab After Work | Website: https://rehabafterwork.pyramidhealthcarepa.com/about/ 18 S. George St York PA 17401 610-644-6464 Admissions: 800-238-4357 | <u>Outpatient Treatment Centers:</u> Drug and alcohol rehabilitation therapies for adults and teens in group, individual and family sessions. |
| Spanish American Civic Assoc. (SACA) | Web Site: http://www.sacapa.org/ Nuestra Clinica 545 Pershing Ave. Lancaster, PA 17602 717-293-4150 717-397-6267 Fax: 717-295-7762 | <u>Outpatient drug & alcohol Counseling:</u> Adult & children. Linguistically & culturally responsive to the needs of Latino clients |
| | | <u>In-patient Drug & Alcohol facility:</u> Linguistically & culturally responsive to the needs of Latino clients |
| Special People Inspiring Recovery In Time (SPIRIT) & Clear Brook | Web Site: http://spiritandassociates.com/about-us/ 440 Marsh Run Rd. New Cumberland, PA 17070 570-262-8751 866-901-9992 | <u>Services:</u> Drug & Alcohol, mental illness, eating disorders and domestic violence |
| | Episcopal Church of John the Baptist-Guild Hall 140 N. Beaver St. York, PA 717-774-0423 Meeting Hours: T, 6:30-8:30PM | <u>Families Helping Families:</u> Weekly education & discussion meetings to provide support & hope for families of or those seeking recovery from addiction, co-dependency & ACOA issues. |
| Teen Challenge | Web Site: http://www.harrisburgtc.org/index.html 1421 N. Front St. PO Box 1222 Harrisburg, PA 17108 717-303-5829 | <u>Residential Substance Abuse Program:</u> Residential, 14 month, 3 phase, Christian based drug & alcohol treatment program for male & female adolescents. Focus is on taking personal responsibility, family reunification, education, & job skills. |
| TrueNorth Wellness Services | Web Site: http://truenorthwellness.org/ 625 West Elm Ave. Hanover, PA 17331 717- 632-4900 Fax: 717-632-3657 | <u>Drug & Alcohol Prevention Services:</u> D&A evaluations, individual counseling, family counseling, group counseling, referrals, DUI counseling and ARD counseling for adults and children. Consultation, assessment, and treatment for Student Assistance programs in five York County school districts. Funding sources are major medical insurances, York-Adams Mental Health/Intellectual Developmental Disorders, York/Adams County Commission on Drugs and Alcohol, Medical Assistance, or Medicare.MA . |
| | 5351C Jaycee Ave Harrisburg, PA 17112 | |

| SUBSTANCE ABUSE | | |
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| Organization | Contact Information | Services/Eligibility |
| TrueNorth Wellness Services | 717-657-2080 | |
| | 44 South Franklin St. Gettysburg, PA 17325 717- 334-9111 717-632-4900 Fax: 717-334-9114 | |
| | 73 East Forrest Ave. , Suite 12 Shrewsbury, PA 17361 717- 235-0199 717-632-4900 | |
| | 1195 Roosevelt Ave. York, PA 17404 717- 843-0800 717-632-4900 | |
| T.W. Ponessa & Assoc. | Web Site: http://www.twponessa.com/ 717-560-7917 (BHRS) 877-228-9177 (BHRS) 800-437-5405 (OMHS, D&A, SBMHS, or PS) | <u>Drug & Alcohol Addiction Services:</u> Behavioral Health Rehabilitation Services (BHRS), outpatient drug & alcohol counseling (D&A), Outpatient Mental Health Services (OMHS), and psychiatric Services (PS) for adults and children. School Based Mental Health Counseling (SBMHC) for children. |
| | 2845 Eastern Boulevard York, PA 17402 717- 840-6444 | |
| | 239 W. Philadelphia St. York, PA 17401 717-845-2425 | |
| | 900 N. 6 th St. Harrisburg, PA 17102 717-560-7917 | |
| | 410 N. Prince St. Lancaster, PA 17603 717-560-7917 | |
| | | |
| Wellspan Behavioral Health | Web Site: http://www.wellspan.org/pr ograms-services/behavioral-health/ Edgar Square 1101 South Edgar St. York, PA 17403 717- 851-1500 | <u>Outpatient Drug & Alcohol Counseling:</u> Adults |
| | Hannah Penn Middle School Family First Health Clinic 415 E. Boundary St. York, PA 17403 717-854-6647 | <u>Outpatient Counseling:</u> Therapy for clients of all ages to address but not limited to trauma, addictions, at-risk youths & families, ADHD, anxiety, mood disorders, teen pregnancy & couple counseling. Please have client demographic & insurance information when calling. Medical Assistance accepted |
| White Deer Run | Web Site: http://www.whitedeerrun.com/ Assessment 717-771-2497 | <u>Drug & Alcohol Treatment:</u> Drug & alcohol assessments, information regarding Student Assistance Program (SAP). |
| | Call Center: 866-769-6822 | 24/7 Emergency Detoxification. Crisis Intervention |
| | 105 Davies Rd. York, PA 17402 717-851-2345 | Non-hospital rehab, adult |

| SUBSTANCE ABUSE | | |
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| Organization | Contact Information | Services/Eligibility |
| White Deer Run | 2001 N. Front St. Building 1, Suite 212 Governor's Plaza Harrisburg, PA 17102 717-221-8712 | Outpatient drug & alcohol counseling and detox for adults and children. |
| | 901 Westminster Drive Williamsport, PA 17701 570- 321-6127 | Partial hospitalization with housing component |
| York Adams Drug & Alcohol Services | Web Site: http://yorkcountypa.gov/health-human-services/drug-alcohol-services.html 3410-B East Market St. York, PA 17402 717- 840-4207 800-441-2025 800-632-7568 Fax: 717- 840-4135 | <u>Funding Source:</u> Assists in funding services and/or referrals for drug & alcohol issues. Intervention, prevention and treatment. |
| | 11 Carlisle St. Hanover, PA 17331 717-632-8040 Fax: 717-632-9238 Website: www/York-county.org Hours: M-F, 8AM-4:30PM | |
| York County Prison | Web Site: http://yorkcountypa.gov/courts-criminal-justice/prison.html 3400 Concord Rd York, PA 17402 717-840-7580 | <u>Alcoholics Anonymous (AA):</u> Worldwide fellowship of men and women who share a desire to stop drinking alcohol and subsequently maintain sobriety. Classes are held weekly for a total of 10 hours, with open enrollment. Certificate is awarded upon completion. |
| | | <u>Narcotics Anonymous (NA):</u> Twelve-step program of recovery from drug addiction, modeled after Alcoholics Anonymous. Classes are held weekly for a total of 5 hours, with open enrollment. |
| | | <u>Freedom Program:</u> Program to teach inmates (who are addicted to drugs or alcohol and have scored 3 or higher on the Texas Cristian University Drug Screen II assessment tool) how to deal with chemical dependency by utilizing a cognitive-behavioral approach in a therapueutic community setting. Program last 16 weeks, with programming daily, M-F for a total of 90 hours. Inmates must request to be signed into the program. Certificate awarded upon completion. Court ordered participation given priority. |
| | | <u>Relapse Prevention:</u> Three to four month class to teach addicted offenders coping skills and tools to help them avoid relapse by identifying lifestyle factors, high risk behaviors and cravings. Access is by court order, referral or offender application. |
| | | <u>Celebrate Recovery:</u> Faith based 10-week program for 1 hour a week based on AA 12-step program but also incorporates the 8 principles of the Bible. Certificate upon completion. Access is by court order, referral or offender application. |
| Yorktown Psychological Services | 220 E. King St. York, PA 17403 Phone: 717-843-4357 | <u>Outpatient Drug & Alcohol Counseling:</u> Outpatient drug and alcohol evaluations and therapy for adult & children. Outpatient individual therapy varies as needed; groups normally 1x a week. MA coverage for qualified services. |

| SUPPORT GROUPS | | |
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| Organization | Contact Information | Services/Eligibility |
| American Cancer Society | Web Site: www.cancer.org Life Changes Boutique, Inc. Hanover Hospital Wellness & Education Center 400 York St. Hanover, PA 17331 | "Look Good, Feel Better": Open to women who are going through treatment for cancer and would like assistance with wigs and applying makeup. No cost for the wigs, hats, makeup & services provided. |
| | | Hanover Breast Cancer Support Group: Meetings are open to those diagnosed with breast cancer |

| SUPPORT GROUPS | | |
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| Organization | Contact Information | Services/Eligibility |
| American Cancer Society | 717-633-1111 | |
| | 924 N. Colonial Ave York, PA 17403 717-848-1841 Fax: 717-852-0919 | <u>Reach to Recovery</u> : One-on-one home visit from a breast cancer survivor to a newly diagnosed patient to provide patient with hope, information & gift items. |
| | Square Commercial Center 1 Center Square Suite 4 Hanover, PA 17331 717-632-4918 Fax: 717-632-3446 800-227-2345 | <u>Friends & Family Support Group</u> : Monthly support meetings for caregivers of cancer patients. Meets 2 nd Tuesday of each month at Apple Hill Medical Center from 7:00-8:30 PM. |
| | | <u>Journey of Hope</u> : Support group for patients helping patients. Meets 2 nd & 4 th Tuesday each month at Apple Hill Medical Center, Suite 294 from 7:00-8:30 PM. |
| | | <u>Man to Man Prostate Support Group</u> : Support groups for prostate cancer patients & their significant others. Meets 4 th Thursday of each month at Apple Hill Medical Center, Suite 193 from 7:00-9:00 PM. |
| | | <u>Laryngectomy Support Group</u> : Support groups for laryngectomy patients & their significant others. Meets 3 rd Monday of each month at Apple Hill Medical Center, Suite 188 at 7:00 PM. |
| Applewood Women's Life Center | 419 Stonehedge Drive Carlisle, PA 17013 717-218-8876 | <u>Parenting Education</u> : Parenting classes for parents & soon-to-be parents |
| Autism York | Web Site: http://autismyork.org/ 300 E. 7 th St. York PA 717-801-1272 Mail Address: PO Box 7322 York, PA 17404 | <u>Support Group</u> : Support for parents of children diagnosed with Asperger's. |
| | 529 Carlisle St Hanover, PA 17331 717-771-9618 Ext:301 | |
| Brandon's Battle Foundation | Website: www.Brandonbattle.com 1611 Prayer Mission Rd Windsor, PA 17366 717-332-3401 email: brandonbattle@comcast.net | <u>Brandon's Bags</u> : Bags containing items that will help leukemia patients pass some of those days and nights in the hospital. Email if you would like a bag delivered to a patient. |
| Camp Koala | Web Site: http://www.campkoala.org/ Camper Application Committee PO Box 2106 Kingston, PA 18704 717-258-1122 email: director@campkoala.org | <u>Day Camp</u> : Camp is for any child aged 7-12, who has experienced the loss of a parent, primary caregiver or sibling. Please submit your application by mail as soon as possible. Caregivers must provide transportation to and from the camps. Camp is provided free of charge. One or Two-Day Camps are offered in the Wilkes-Barre, Scranton or Carlisle areas. Please contact us to see where our next camp is being held. |
| | | <u>Residential Camp</u> : Camp is for any child aged 7-12, who has experienced the loss of a parent, primary caregiver or sibling. Teens 13-18 are invited to attend our Teen Camp. Applications are reviewed by staff to ensure that camp is right for each child. Please submit your application early as possible by mail, as camp always fills up quickly. Each camper is paired with a trained Big Buddy for the entire weekend. There is a Pet Therapy team on site, and three wonderful dogs stay with the campers all weekend. Camp is free. Caregivers must transport to and from camp. |

| SUPPORT GROUPS | | |
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| Organization | Contact Information | Services/Eligibility |
| Encore Breast Cancer | Web site: http://www.ywcagettysburg.org/?s=enore&submit=Search YWCA 909 Fairfield Rd. Gettysburg, PA 717-334-9171 ext. 124 | <u>Support Group:</u> Meetings are open to those diagnosed with breast cancer |
| First St. John's Evangelical Lutheran Church | 140 West King Street York, PA 17401 717-843-8597 Hours of Operation Sundays 1-3pm; 13 week sessions | Grief Support Group: Faith-based seminar/support group that consists of viewing DVDs, group sharing and workbooks/journals and is open to anyone suffering a loss no matter how long ago. The workshop will be conducted by a trained leader. Open to 18 years or older-has suffered loss of a loved one by death. Walk-in or call for more information. \$15 for the workbook |
| Help for Oncology Problems & Emotional Support | Web Site: www.hopelifeline.com PO Box 175 Shrewbury, PA 17361 717-227-2824 | <u>HOPE Support Group:</u> Hands on assistance and support services to cancer patients and their families. |
| Kristin Brooks Hope Center | Web Site: http://www.hopeline.com/ Suicide: 800-442-4673 800-784-2432 (Spanish) Teen to teen peer counseling hotline: 877-968-8454 Grad student hotline: 800-472-3457 Postpartum depression hotline: 800-773-6667 | <u>Telephone Support:</u> |
| Lighthouse Baptist Church | Web Site: http://lighthousebap.org/ Email: reformers@lighthousebap.org 5005 Carlisle Rd Dover, PA 17315 717-292-5000 Hotline: 866-733-6788 Meetings: Fridays, 7-10PM | <u>Reformers Unanimous:</u> A support and program guidance to assist those with finding and maintaining sobriety. Free personal counseling. Children's programs. Referral to residential treatment center. Free transportation to meetings |
| Mental Health America of York & Adams | Web Site: http://mhay.org/ 303 E. Market St. York, PA 17403 717-843-6973 | <u>Bi-Polar Support Group:</u> Mutual support & help for those affected by bi-polar illness. • 2nd & 4th Tuesday of each month @ 7:00 pm @ Martin Library, 159 E. Market St., 2nd floor study room (left of glass doors). |
| Morning Star Pregnancy Services | Web Site: http://www.supportmorninestar.com/2013-01-16-22-21-46/heart 3835 Walnut St. Harrisburg, PA 17109 717-920-0411 | <u>Healing Encouragement for Abortion Related Trauma (HEART) Post-Abortion Support Group:</u> |
| National Alliance on Mentally Illness (NAMI) | Web Site: http://nami-pa.org/ 2149 N. 2 nd St. Harrisburg, PA 17110 717-238-1514 800-223-0500 Fax 717-238-4390 | <u>Support Groups:</u> Weekly support groups for caregivers/family members of persons with mental illness • York meetings-1 st Tuesday of each month, 7:30-9:30 PM at Luther Memorial Evangelical Lutheran Church, 1907 Hollywood Drive, York, PA • Hanover meetings-1 st Wednesday of each month, 7:00-9:00 PM at St. Mark's Church, 123 N. Charles St., Hanover, PA |

| SUPPORT GROUPS | | |
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| Organization | Contact Information | Services/Eligibility |
| National Alliance on Mentally Illness (NAMI) | 140 Roosevelt Ave. Suite 200 York, PA 17401 717-848-3784 Fax 717-848-3785 | <ul style="list-style-type: none"> • New Freedom meetings-3rd Monday of each month, 7:30-9:00 PM at St. John's Evangelical Lutheran Church, 175 E. Main St., New Freedom, PA <u>NAMI Connection:</u> Weekly support group for individuals in mental health recovery. |
| National Runaway Switchboard | Web Site: http://www.1800runaway.org/ 800-RUNAWAY 800-786-2929 | <u>Run Away Assistance:</u> Assistance to runaways and the parents of runaway youths. Help is available 24 hours a day. |
| Pinnacle Health Hospice-Camp Dragonfly | 301 One Norwegian Plaza Pottsville, PA 17901 800-222-5236 570-628-2290 Call for camp weekend in June | <u>Camp Swatara:</u> Unique weekend camp offered free to children (6-12 yoa) who are experiencing or coping with the death of a loved one. Located in western Berks County. An adult buddy is paired with the child for the weekend to provide companionship, support & supervision. Professional counselors conduct informal sessions on grief, loss & recovery. Registered nurse is on site & available 24 hours a day. |
| | 2645 North 3 rd St. Suite 300 Harrisburg, PA 17110 800-889-1098 717-782-2300 Call for camp weekend in June | <u>Camp Hebron:</u> Unique weekend camp offered free to children (6-12 & 13-15 yoa) who are experiencing or coping with the death of a loved one. Located 30 minutes north of Harrisburg in Halifax. An adult buddy is paired with the child for the weekend to provide companionship, support & supervision. Professional counselors conduct informal sessions on grief, loss & recovery. Registered nurse is on site & available 24 hours a day. |
| Special People Inspiring Recovery In Time (SPIRIT) & Clear Brook Foundation | Episcopal Church of John the Baptist-Guild Hall 140 N. Beaver St. York, PA 717-774-0423 570-313-3004 Meeting Hours: T, 6:30-8:30PM | <u>Families Helping Families:</u> Weekly education & discussion meetings to provide support & hope for families of or those seeking recovery from addiction, co-dependency & ACOA issues. |
| Teen Line | Web Site: www.teenlineonline.org 310-855-4673 Text "TEEN" to 839863 between 5:30pm and 9:30pm PST | Talk about problems or issues to another teenager who cares & understands through a confidential peer hotline and community outreach program. Operators are trained on such topics as tolerance, growing up gay, teen suicide and substance abuse prevention. Panels of volunteers available to speak at schools, youth groups & other organizations |
| Tough Love International | PO Box 1069 Doylestown, PA 18901 800-333-1069 | <u>Support Group:</u> Provides self-help support group for parents of out-of-control children and young adults. |
| York County Reentry Coalition (YCRC) | YorkReentry@gmail.com Facebook.com/ YorkReentry | Collaborative efforts with governmental agencies, the business community, faith-based entities and service providers to support recently released inmates and their families through risks/needs identification, education, treatment, and ongoing skill development in order to encourage prosocial law-abiding behaviors to improve their quality of life, break the cycle of recidivism, and restore dignity. |
| York Home School Association | 110 Woodland Rd. York, PA 17403 717-741-2566 | <u>Support Group:</u> Christian based support for parents who home school their children |

| TRANSPORTATION | | |
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| Organization | Contact Information | Services/Eligibility |
| Rabbit Transit | Web Site: http://www.rabbittransit.org/Home.aspx 1230 Roosevelt Ave York, PA 17404 717-846-7433 800-632-9063 Interpretation Services: | <u>ADA Complementary Paratransit:</u> For disabled individual who because of their disability cannot use fixed route service. |
| | | <u>Fixed Route Bus Service:</u> Open to all bus riders for a fee |
| | | <u>Hopper:</u> On-demand microtransit shuttle service servicing E. York, Red Lion and Dallastown. Available M-F, 7 AM-& PM. |
| | | <u>Medical Assistance Transportation:</u> PA residents with a valid Access card may be eligible for free transportation or mileage reimbursement to and |

| TRANSPORTATION | | |
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| Organization | Contact Information | Services/Eligibility |
| Rabbit Transit | 800-632-9063 Hotline: 717-849-0740 Fax 717-848-4853 Downtown York Transfer Center @ W. King St. & Pershing Ave. 213 W. King St. York, PA | from medical appointments. Medical appointments include physicians, dentists, hospitals (non-emergency), pharmacies, surgical centers & psychologists/psychiatrists. |
| | | <u>MH/IDD</u> : Provides transportation to clients of York County Mental Health & Mental Retardation traveling to and from MH/IDD workshops. |
| | | <u>Rural Transportation for Persons with Disabilities</u> : Individuals with a disability who need transportation in areas that are not serviced by fixed route, are not eligible for any other funding sources and are between the ages of 18-64 yoa. Costs are dependent on distances traveled. |
| | | <u>Senior Share Ride</u> : Transportation provided to senior citizens 65 yoa or older from their home to their destination and back. Transportation must be scheduled & may be for any purpose. There is a small fee. Proof of age is required. |
| | | <u>Travel Training</u> : Free service designed to teach people how to use the fixed route public transportation system. |
| York County Council of Churches | Email: office@yccchurches.org 30 E. King St. York, PA 17401 717-854-9504 Fax: 717-843-5295 | <u>Ordinary People, Extraordinary Needs (OPEN)</u> : Education, emergency assistance & transportation for people suffering with AIDS. |

| VETERAN'S SERVICES | | |
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| Organization | Contact Information | Services/Eligibility |
| American Legion | Web site: http://www.legion.org/veteranservices | The American Legion understands the difficulty some veterans have in returning home. To help guide a successful transition, we have compiled resources focused on jobs, benefits, education, health care, family and finances. |
| American Red Cross | Web Site: http://www.redcross.org/pa/harrisburg/local-services/service-to-the-armed-forces 529 Carlisle St. Hanover, PA 717-637-3768 Fax: 637-3294 Hours: W, 3-6PM; T & Th, 9-12AM | <u>Veteran's Services</u> : Emergency Services to veteran's and their families. Service to Military and Veterans Hospitals. |
| | 724 South George Street York, PA 17401 717-845-2751 | |
| | American Red Cross of the Susquehanna Valley 1804 N. 6th Street Harrisburg , PA 17102 866-311-3832 | |
| Center for Safe Schools | Temple University Harrisburg 234 Strawberry Square Harrisburg, PA 17101 717-232-6400 Hours: M, W&F, 3PM-9PM By appointment and referral only | <u>The Family Center at Temple University Serving Military Families and Children</u> : Center provides support, referrals, counseling and psychoeducational services to military families; play therapy for children ages 2-12; individual therapy for adolescents; and parental guidance and support services for spouses. Services are for anyone who is or was attached to any branch of the U.S. Military. Includes: active duty, veterans, retirees, spouses, significant others, children, and adolescents. Discharge status is not relevant to services. |
| Defense Distribution Center, Susquehanna | Web Site: www.dla.mil/ Family Advocacy | <u>In-home Services</u> : Military families may request a free parent educator from Parent Works to come to the home to address household or parenting concerns |

| VETERAN'S SERVICES | | |
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| Organization | Contact Information | Services/Eligibility |
| Defense Distribution Center, Susquehanna | Building 400 A Ave. New Cumberland, PA 17070 717-770-7066 Emergency Services: 717-770-6270 Victim Advocate: 717-770-3130 Chaplain: 717-245-3318 | <u>Pre-Deployment & Reintegration</u> : Briefings & materials for military & civilians & families who are/have experienced a deployment |
| | | <u>Play Group</u> : Weekly play group for military & civilian parents & their children ages birth to 5 yoa |
| | | <u>Workshops</u> : Personal adjustment & wellness for military personnel & families |
| Kristin Brooks Hope Center | Veteran's peer support: 877-838-2838 | <u>Veterans Support Line</u> : Telephone Support |
| Lebanon VA Medical Center | Web Site: http://www.lebanon.va.gov/contact/ 1700 S. Lincoln Ave Lebanon, PA 717272-6621 800-409-8771 | <u>Medical Center</u> : Medical center for veterans |
| MicroHealth | Web Site: https://www.microhealthllc.com/veteran-service-organizations-2/ 8245 Boone Blvd Suite 706 Vienna, VA 22182 855-294-3547 Fax: 855-850-1264 | <u>Veterans Service Organizations</u> : VA Disability Rating calculator. VA Disability Compensation calculator. Understanding the VA Disability process. VA Appeal process. Lists if Charter and Unchartered veterans service organizations |
| PA Dept. of Military and Veterans Affairs | Web Site: http://www.dmva.state.pa.us/portal/server.pt/community/veterans_affairs/7179 Office of the Deputy Adjutant General for Veterans Affairs Bldg S-0-47, FTIG Annville, PA 17003 800-547-2838 Fax: 717-861-8589 Crisis Hotline: 800-273-8255, press 1 or text 838255 | <u>Veterans Benefits</u> : Provide advice and assistance to PA veterans and their families and to provide quality care to aging veterans. There are a wide range of federal and county benefits available to qualified veterans and their families. |
| | | <u>Veterans Crisis Hotline</u> : Connects Veterans in crisis and their families and friends with qualified, caring Department of Veterans Affairs responders through a confidential toll-free hotline, online chat, or text. Available 24 hours a day, 7 days a week, 365 days a year. Support for deaf and hard of hearing individuals is available. |
| Reboot Combat Recovery | Web Site: https://rebootrecovery.com/ VFW Post 537 1095 Pines Rd Etters, PA 17319 717-938-9281 | <u>Reboot</u> : 12 week course to address PTSD in veterans and the effects on the family. Many locations will provide a meal and childcare during the course. The goal after completing the trauma healing course is that graduates advance to focus on rebuilding strong character, engaging in healthy community and reclaiming leadership roles. |
| US Dept. of Veterans Affairs (VA) | Web site: http://www.va.gov/landing_2_vetsrv.htm Benefits: 800-827-1000 Health Care: 877-222-8387 VA Inspector General: 800-488-8244 Veterans Crisis Line: 800-273-8255 Press 1 | <u>Veterans Services</u> : Veterans be eligible for a broad range of programs and services provided by the VA. Eligibility for most VA benefits is based upon discharge from active military service under other than dishonorable conditions, and certain benefits require service during wartime |

| VETERAN'S SERVICES | | |
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| Organization | Contact Information | Services/Eligibility |
| Veteran's Helping Hand | 46 S. Pershing Ave York, PA 17401 717-846-6035 | Employment for York County homeless veterans at the Veteran's Thrift Store. |
| Volunteers of America, PA | Web Site: http://www.voapa.org/Services/Veteran-Services 2601 N. Front St. Harrisburg, PA 17102 717-236-1440 ext. 16 | <u>Supportive Services For Veteran Families:</u> The following service are offered to low income veterans and their families in the Adams, Cumberland, Dauphin, Lebanon, Lancaster, Perry and York counties aimed at preventing homelessness and improving their stability. Services include case management, transportation assistance, housing counseling, financial planning, legal services, employment search assistance, temporary financial assistance, and assistance in obtaining VA and public benefits. To be eligibility: 1) Be a veteran, or member of a veteran family, 2) Very low-income: Household cannot exceed 50% of the area median income where you live and 3) Homeless or at imminent risk of homelessness. Provide the following documents: photo id, DD-214, proof of income, SS cards for all family members, birth certificate of any dependent children, lease/rental agreement, past due notices, and utility bills |
| York County Veterans Affairs Office (VA) | Web Site: http://yorkcountypa.gov/health-human-services/veteran-affairs/transportation-to-lebanon,-va.html 100 W. Market St. Suite 101 York, PA 17401 717-771-9218 Fax: 717-771-4617 | <u>Transportation Van:</u> Van is a shuttle that runs from York Out Patient Clinic to VA Lebanon Hospital. Van holds 7-8 passengers and operates M-F, 8AM-12PM. Van driver is not responsible for patients return trip to York if appointment runs past 12:00. When scheduling appointment(s) at the hospital patients must inform the scheduling clerk that they are passengers on the York Shuttle Van and request appointment(s) between 8:00 A.M. and 11:00 A.M. Call the York VA at least five (5) working days prior to the appointment to make arrangements to get onto the van. Seats on the van are assigned on a first come basis. |
| | Web Site: http://yorkcountypa.gov/health-human-services/veteran-affairs.html 100 W. Market St. Suite 101 York, PA 17401 717-771-9218 800-441-2025 ext. 9218 Fax: 717-771-4617 | <u>Case Management Services:</u> Services for Veterns may include advocatcy, assistance applying for VA Benefits. Benefits may include medical benefits, state and federal benefits, compensation claims, service connected and non-service connected compensation claims, emergency assistance benefit, and death indemnity pension, transportation services to Lebanon VA, obtaining assisted care aid and attendance, dependent education application services, and other community referrals. |
| | American Red Cross 529 Carlisle St. Hanover, PA 17331 717-637-3768 Hours: 1 st & 3 rd Friday of month. | |
| | York VA Outpatient Clinic 2251 Eastern Blvd. York, PA 17402 717-840-2730 Hours: 3 rd Thurs of month. | |
| | Red Lion Area Senior Center 20 Gotham Drive #A Red Lion, PA 17356 717-244-7229 717-244-5505 Hours: 3 rd Wed of month. | |

NEW RESOURCES I HAVE FOUND

To receive permission to utilize this resource guide for commercial or organizational purposes, make corrections, share new resources and/or have an organization added to future resource guides email information to: dr.cse@comcast.net When providing information regarding resources please include as much detail as possible i.e. name of parent organization, address, telephone & fax number, email, or website information, hours, services provided, and eligibility requirements. Information received will be confirmed and added as appropriate.

| Organization | Contact Information | Services/Eligibility |
|-----------------------------|---|---|
| Name of parent organization | Address, telephone #, fax #, website, email & hours | Name of program: brief description of services, eligibility, etc. |
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COMMITMENT FORM

York County and Surrounding Areas Resource Guide

As collected and authored by: Cathy C. Eichelberger, Ph.D., LSW, MSW

Return to: dr.cse@comcast.net

Organizations that wish to receive the guide agree to the following four commitments:

1. The guide is not to be altered or piecemealed. Altered is self-explanatory. Piecemealed means the guide is not shared by any means in fragmented sections. Everyone who receives the guide is to receive it in its original form and in its entirety, front to back each time and every time.
2. Commitment form shall include the name of person authorized to commit for the organization and the name, address, and the telephone and fax number of the organization.
3. Notification to Dr. Eichelberger will be made via email if: a) information in the guide should be corrected, b) information in the guide is no longer valid or c) a community resource is located that may benefit the community and should be included in the next guide. Particularly of interest are new resources that do not require governmental agencies' (Children and Youth, Juvenile Probation, Adult Probation & Parole, etc.) involvement.
4. Other organizations that express an interested in using the guide are to contact Dr. Eichelberger directly to request use of the guide.

I, (Print Individual's Name) _____, (Title) _____, am authorized, willing, and able to agree to the above commitments for (Organization's name) _____

(Address) _____

(Telephone #) _____ (Fax) _____ and request a PDF copy of the York County and

Surrounding Area Resource Guide (guide) be sent to: _____ (email).

Electronic signature

Date